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'Contracts have been exchanged'

Save our Cinema group's fears for the Theatre Royal

by TIM CHAPMAN

THE Save Our Cinema Association (SOCA) says that now the Theatre Royal site in Barry has been officially sold to Hafod Care, it fears planning will be allowed for 42 Extra Care flats at the historic site.

A few weeks ago, the chairman of SOCA, Mr Bob Armstrong, appealed to people in the town to bombard councillors in writing in an attempt to keep the debate over the future of the former cinema alive.

But the latest turn of events has left Mr Armstrong in a less optimistic frame of mind.

He explained: "We understand that Hafod Care has officially purchased the site, and are worried that it is effectively a fait accompli, and that planning will be granted.

"Is an organisation going to commit themselves to a site unless they are confident of doing what they want with it?

"Despite talk of respecting the historic nature of the site we believe it will be knocked down and rebuilt – and that includes the front facade.

"The Theatre Royal remains the only viable location for a cinema in the town – there is no other suitable site. We have never been opposed to Extra Care facilities coming to the town, but they should be located at the Waterfront, where supermarkets and other facilities are planned."

The cinema group says that when plans are considered for the Theatre Royal site, there must be a proper debate.

The group says it is about to start distributing leaflets in the town to encourage support, and is also getting a petition together to present to the petitions committee at the Welsh Assembly.

Labour councillors recently backed SOCA, with former council leader Margaret Alexander commenting: "Barry still needs a cinema, there is no doubt about that. The action group must carry on campaigning for a cinema to be re-established in the town."

Robert Wathen, managing director of Hafod Care, told The GEM:

"I can confirm that Hafod Care has exchanged contracts on the former site of the disused Theatre Royal in Barry and will be working with the Vale Council and Welsh Assembly Government to develop the area's first Extra Care facility for the community's elderly residents."

(CONTINUED ON PAGE 3)

Barry motorist (24) is jailed after chase through the town

A young motorist drove at more than 50 miles per hour through the centre of Barry when being pursued by the police, Cardiff Crown Court has heard.

At one point, 24-year-old Jamie Brown drove down a narrow lane near Holton Road, hit a concrete post and damaged the car beyond repair, before running from the scene.

Brown, of Barry, had pleaded guilty before Vale magistrates to the charges of dangerous driving and had been committed to the Crown Court for sentence.

Prosecutor Julian Greenwood said: "It was an alarming piece of driving."

He said that on July 5, he was spotted in a Ford Fiesta driving without a seatbelt.

He was followed by the police and went at speeds of 54 miles per hour in a 30 mile per hour area, almost colliding with a taxi in Gladstone Road before going over a controlled junction without stopping.

Two weeks after the incident, he walked into Cardiff Bay police station and was recognised as the driver involved in the chase.

His counsel, Hugh Wallace, said the chase was of short duration.

He was intelligent, and works occasionally. He could use his brain to good effect.

Jailing him for 26 weeks and disqualifying him from driving for a year, Judge Christopher Vosper, said: "It was pure good fortune no-one was hurt."

He said: "Driving of this sort in Barry where there were others, created a serious risk."

AJ SICLUNA

The local community have taken Tobias Lunnon to their hearts following his tragic accident. To find out the latest, and learn about a fundraising evening, turn to page 3.

Cadoxton House to be rebuilt

CADOXTON HOUSE is to be completely demolished and rebuilt.

A Vale Council spokeswoman explained: "Unfortunately, when the work began it was realised that the building was in a worse state that originally thought, and all but one wall had to be demolished.

"Regrettably, following a further inspection by the council's structural consultant on the retained wall, abutting Belle Vue Terrace, the council has been advised that this too will need to be demolished. The council will be forced to rebuild Cadoxton House completely at the site."

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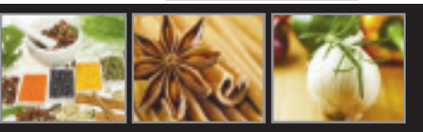
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High spending on top managers

I WOULD like to refer to the Vale Council Leader's recent announcements with regard to transparency, and the need for this council to get a grip on its spending on top management and politicians.

An Assembly Member had to use the Freedom of Information Act on a recent issue, and top management salaries continue to rise.

How many councillors refused their four per cent increases? Also, there is a marked increase in payments to consultants and architects.

The council were quick enough to use the law to reorganise in the style of a cabinet, creating highly-paid corporate managers and political positions; but they seem to have missed the difficult bit, which was about holding the cabinet to account – a requirement of legislation.

The idea behind the new organisational arrangements was greater efficiency, transparency and accountability, and to ensure that decisions can be taken more quickly.

I think we got the high salaries and speedy decision-taking, but without the transparency and accountability.

Perhaps we should now dispense with the cabinet system altogether and the costly ceremonial mayor (the Vale of Glamorgan already has four traditional, long-standing mayors), and have one elected Vale Mayor, to make the decisions and to be held to account by the people.

Mr A Smith,
Barry

'Who's the nimby now?'

I HAVE just received a poster delivered through my letter box from Coun Rob Curtis and Coun Margaret Wilkinson, seeking support in opposing the scheme to develop White Farm for housing.

They are absolutely right to oppose this scheme. However, when the Save Cemetery Approach Action Group was canvassing for support from councillors in opposing the ill-conceived housing scheme that would have ruined Cemetery Approach – and getting more than 11,000 signatures in the process – he called us a bunch of NIMBYS (Not in my back yard).

Who's the NIMBY now, Coun Curtis? You don't deserve it, but I shall support your campaign.

Derek Hooper,
Barry

Plea to dog owners

AS a resident of Ham Lane in Llantwit Major, I am annoyed by the problem of irresponsible dog owners not cleaning up after their dogs have fouled the pavement.

Please, please take responsibility and clear up after your animals. May I remind you all that dog fouling is an offence and is a danger to children and pedestrians.

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Council chiefs should look for savings closer to home

I HAVE given great thought to the Vale Council's warning of major cut-backs for the financial years of 2010/11 and 2011/12 by chief executive, John Maitland Evans and director of finance, Sian Davies.

I believe they should look closer to home in order to start saving money, before they start swinging their axes and cutting public services.

For example, the Prime Minister, David Cameron receives £140,500 for running the country (60 million-plus population) and Boris Johnson receives £120,000 for running London (five million-plus population) while John Maitland-Evans earns £170,000 for running the Vale of Glamorgan Council (123,000 population).

That is £170,000 – and if he completes his full term, he will receive a possible pay-off of £350,000 and a possible pension of £80,000 annually. Yes, a possible pension of more than £1,500 a week.

Then we have six council employees on £110,000 or more a year, and 44 employees on £66,000 a year or more (making a grand total of at least £3,734,000 for their salaries). You must ask yourself are you getting value for money? Are they worth it?

They have stated that these cutbacks will lead to job losses. I fully agree, but it must not be our frontline manual workers that go, it must be the big earners followed by over-staffed office workers. It will be costly at first, but we will reap the rewards in future years. Just look at Bridgend Borough Council. They have done that and they have not looked back. Then we must turn our sights on council buildings and dismantle the empires that they have built up over the years.

Another 'must' is to get rid of councillors who have become 'nodding dogs', and replace them with independent councillors who will represent their wards and, most of all, listen to our requirements and speak for us – and not as ordered by their party's whip.

Bryn Evans,
Barry

JOHN MAITLAND EVANS, chief executive of the Vale Council, responded:

"Our chief officer salaries were reviewed by independent employment specialists in 2004. The council's budget for 2010/11 reduces the salary bill for senior managers by £500,000 over the next two years.

"Phase 1 of this reduction has already been implemented and this has seen the loss of seven senior manager posts at head of service and operational manager levels, a percentage cut which far exceeds the proportionate cut across the rest of the council's workforce. This means that the burden of managing services in these difficult times has to be shared among the fewer, remaining officers.

"No Vale chief officer received a national pay award in 2009/10 or 2010/11, unlike some other public sector senior managers.

"The figures in this letter are incorrect, as is the claim that Boris Johnson runs London. Mr Johnson is a politician who sets policy and works in partnership with London's 33 councils, each with its own chief executive. In 2009/10 London chief executive salaries ranged from £164,000 to £242,000.

"Local councillors have been voted in democratically and are the choice of local people. The fact that many have been voted in over several elections points to the faith local people have in their elected representatives.

"The Vale has a consistently good track record in delivering cost-effective services, particularly given the fact that we are a low-spending council. Compared to many other councils in Wales, it is very far from the truth to describe the Vale as over-staffed.

"The Vale's council tax is lower than average and we are consistently ranked as one of the best councils in Wales. Last year an independent public survey found that 92 per cent of Vale residents were satisfied with council services. Very few UK councils achieve this level of satisfaction. This would seem to indicate that, yes, our residents do indeed receive value for money from a council that provides hundreds of services that affect the lives of all residents."

First successful coffee morning

WITH the help of family and friends, I held my first coffee morning for Macmillan Cancer Support, which raised an amazing £500.05p.

My home was filled with smiling ladies (and a few brave men) enjoying being part of raising money for such a worthwhile cause.

Donations of delicious home-made cakes, hand-stitched crafts, books and bric-a-brac all helped to bring in the money.

We had more than 50 items donated for the raffle by family, friends and local businesses.

Thank you Mirror Image, Rio, LM Sportsplace, Chocolate Box, Co-op Chemist, Kingswood Jewellers, Corner Shop, Boverton Post Office and Jannipegs for their contributions.

Special thanks to Alice and Taya for cajoling everyone into buying raffle tickets - you were both brilliant!

Whether you attended, donated, stayed up half the night baking, sold or bought raffle tickets, or helped in any way at all, my heartfelt thanks to you all.

Chris Jones,
Llantwit Major

HIGH TIDE TIMES

(UNTIL OCTOBER 21)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary. For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time AM	Ht M	Time PM	Ht M
14 Thur	11.26	8.19	23.52	7.58
15 Fri	12.29	7.64		
16 Sat	01.10	7.14	13.58	7.45
17 Sun	02.47	7.19	15.20	7.73
18 Mon	03.59	7.63	16.20	8.21
19 Tues	04.49	8.17	17.06	8.69
20 Wed	05.29	8.66	17.46	9.09
21 Thur	06.05	9.05	18.20	9.38

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should always check with a tide tablespecific to their location.

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MP /AM's SURGERIES

To make a surgery appointment with Alun Cairns MP, contact the constituency office 01446 403814.
To make a surgery appointment with Jane Hutt AM, contact the constituency office (01446) 740981.

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The local community is inspired by bravery of Tobias, (aged 6)

ABOVE: Tobias sitting up in his chair at Addenbrooke's Hospital earlier this week.

by TIM CHAPMAN

THE mother of a young six-year-old boy, who was paralysed in a car accident earlier this summer, has spoken of his 'brave and inspiring' nature.

Tobias Lunnon is currently in Addenbrooke's Hospital, Cambridge with his mother Fiona at his side.

Over the last few weeks people in Barry have been fundraising for Tobias, first to supply him with a laptop on which he can communicate with his school friends at Ysgol Gwaun y Nant, but also to provide him with items he will need over the coming months.

Fiona told The GEM: "I wanted to send you a picture of Tobias in his little armchair at the hospital. He finds it comfortable but it is scary being lifted in the sling.

"He is eating very well, and enjoys sticky toffee pudding and custard for dessert which is his favourite!

"There is no change in his overall condition but I am still hopeful for some sort of recovery, as he is young and strong and still growing.

"He is still amazingly cheeky and chatty with everyone, and strong and brave – a truly fabulous child who is so inspiring.

"I want to thank everyone for their continuous support for Tobias."

Tracey Smith of Steve Nicholls Estate Agents, whose son Joshua was a friend of Tobias at Ysgol Gwaun y Nant in Barry, has led the fundraising efforts.

She said: "I can announce that Cafe Continental's Shadows Cabaret Bar on Barry Island is going to host a special event for Tobias on November 13, from 8pm until late.

"Tickets are £10 and include a buffet. The evening will include entertainment, an auction and raffle.

"AJ of Bro Radio will be singing and another local band Brother Steve will perform too.

"Natalie Braithwaite of British Gas is looking to raise up to £1,000 for Tobias to provide toys and equipment.

"One thing we're hoping to get is a special tracker system which enables paralysed people to use a PlayStation using their eyes."

Tracey has been amazed at the energetic response of the community to the six-year-old's plight.

She said: "A young girl at Barry Island Primary School, Molly Heffernan, who is ten years old, is designing tickets and flyers for the fundraising evening.

"I'd like to thank a woman who came into the estate agents the other day and left a white envelope containing £100, and a man who left a cheque for £10.

"Costcutters on Merthyr Dyfan road is sponsoring one of the tables at Cafe Continental at a cost of £20.

"Collecting buckets for Tobias are also at the Millwood Inn and Fountains Cafe. Claire Ryan of 'Blue Hair Design Penarth and Sully' has said the company will help in the fundraising."

Tickets for the Cafe Continental evening on November 13 can be purchased at Steve Nicholls Estate Agents at 15 High Street, Barry or at Cafe Jazz also in High Street. Cheque donations to the fund should be made payable to Tobias Lunnon.

Contracts have been exchanged on cinema site

(CONTINUED FROM PAGE 1)

Mr Wathen stressed that Hafod Care was conscious that the Theatre Royal was a much-loved building in Barry which holds memories for the town's residents, but pointed out: "However, the building is currently in a poor state of repair and represents a health and safety risk for anyone intending to use the premises.

"We are therefore proposing to replace the building with a first class facility which retains the grandeur and presence of the Theatre Royal but which also embraces the current design principles which require us to tailor the environment for the needs of its intended residents.

"We are confident that the location is right for a facility of this sort as it is close to the town centre and all the amenities, which will allow the residents to enjoy a high level of independence, while also having access to the right levels of care and support within the development."

The Vale Council has stressed that it is concerned over the lack of a cinema in the town, and pointed out that it is considering in detail an application for Barry Island Pleasure Park, an element of which involves the provision of a cinema and other indoor leisure uses.

SUPPORTING FINLAY'S FUND

WITH reference to the recent GEM items regarding the fundraising efforts being made on behalf of four-year-old Finlay Brunt, an evening was held at the Wyndham Conservative Club in Harbour Road, Barry, on October 2.

It raised £1,743, a significant contribution towards the cost of the operation that Finlay is to undergo in the United States in November.

Finlay's parents wish to thank all who supported the evening. The donations and raffle prizes received were much appreciated for what was a successful and enjoyable evening.

Gerry Richards,
Barry

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NEWS FROM PENARTH COMPUTER CLUB

I SPEND a lot of time looking at the keyboard as I type, because I have never trained myself to be a proper typist. Too idle perhaps, although I tell myself that I don't type enough to justify the effort.

As a result, I suffer one of life's little irritations when I look up from the keyboard to find I have pressed the Caps Lock key instead of the Shift key and have accidently typed several words in capitals and have to correct them.

If this sounds familiar to you, you are not alone. Good news; there is a solution. Windows XP has a built-in facility that makes a 'beep' when you press the Caps Lock key as an alert for what you have done.

You can find it under *Start>Control Panel>Accessibility Options>Use Toggle Keys.* Put a tick in the box and say OK.

Now every time you hit the Caps Lock Key you will hear a warning 'beep' and a different beep (indicating the Caps Lock is turned off) when you hit the key again. This is called toggling.

While there, you might like to investigate 'Sticky Keys' or the Repeat Speed controls that are designed to make life easier for people with other typing problems.

Of course, it works best if you work alone. You wouldn't want to upset other people with a series of random beeps; nor would you want them to know what a poor typist you are!

I occasionally remind myself of the advice I give to others: there are millions of people using computers and if you have a problem it is a safe bet that there are thousands of others who share it. Many will have raised it with those who produce the software.

The producers in turn, want to make their product more attractive to buy and will have incorporated an answer to the problem in a later release of the software.

They do not always get things right, but over time the products do get better and everybody is able to do more in the way that they prefer.

There is a snag. The software gets 'fatter' as more and more features are incorporated. Computers can cope because they are improving as well. The problem is that the people don't improve at the same rate and the features are so numerous that they cannot all be put under the user's nose without showing too much clutter.

There is a current trend towards a less cluttered screen and that means the features will be harder to find.

In Windows 7 the Caps Lock toggle keys can be switched on at *Start>Control Panel>Easier Access Centre>Make Keyboard Easier to Use* and tick the boxes and *Apply*. (I have yet to get mine to work. Well, nobody's perfect!)

The next meeting is on Tuesday, October 26, at All Saints Lesser Hall, Victoria Square, Penarth. 7.30 pm for 8.00. Kevin will talk about backing up files. Visitors welcome. *For more information, telephone 02920 708439.*

Howard Desmond, Chairman

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Cadets raise £150 for Poppy Appeal

BARRY ACF recently held a bag packing day in Morrisons at the Waterfront, Barry, to raise money for a banner. The Cadets decided that any surplus funds would go to the Royal British Legion's Poppy appeal. With a lot of smiles and hard work, the sum for the banner was achieved, and £150 was raised for the Poppy appeal.

Council Roadshow concludes in Penarth

IT was the turn of Penarth residents to question Vale Council leaders as the authority's annual roadshow concluded in the town.

Previously they had visited Barry and Llanwit Major.

Residents put questions to officers and cabinet members on planning developments, visible services, education, the Vale's economy and social care.

Council Leader, Coun Gordon Kemp, said: "We've thoroughly enjoyed the opportunities to meet with local residents and discuss issues of importance to them – Vale on the Road was created for just that purpose.

"We've already received some very positive feedback and I hope that those who attended the events throughout the Vale felt that they came away reassured and informed. We'll see you again next year." he concluded

QUEEN'S HONOUR FOR SUB PRELATE OF PRIORY

AN active member of St John Wales's Ecclesiastical Committee (and resident of Dinas Powys) was honoured at a special awards ceremony at 3pm on Saturday, October 9.

Revd Gethin Abraham-Williams, a Sub Prelate and former Priory Chaplain of the Order of St John, is being promoted as a Commander Brother of the Order at St Mary's Church in Swansea.

Revd Abraham-Williams, who joined St John eight years ago, will be presented with the prestigious honour – which has been approved by Her Majesty the Queen, who is Sovereign Head of the Order, with 11 other members of St John Wales.

Mr Abraham-Williams said: "As the St John Cymru Wales Moderator of the Free Church Council of Wales, my hope is that my promotion will help reinforce the commitment of the Free Churches to the work of St John.

"The most enjoyable part of my role has been visiting the different divisions in my south Wales region, and seeing at first hand the immense dedication of the volunteers, as well as the enthusiasm and application of the young people."

Keith Dunn, chief executive for St John Wales, said: "Revd Abraham-Williams has deployed great enthusiasm and commitment to the ideals and objectives of the Order and we are delighted that he was honoured at the ceremony on Saturday."

COFFEE TIME

FRIENDS and neighbours are holding a coffee morning on Saturday, October 16 from 10am-12noon at the Senior Health Shop (Age Concern), Holton Road, Barry.

Stalls include cakes, preserves, homemade cards. Admission free. All proceeds to Friends and Neighbours Christmas party.

Call Gay Fifield on 01446 400044 for details.

New minibus for the elderly at Dinas Powys

ABOVE: Dinas Powys residents, users of the new DPVC minibus, were clearly delighted to welcome the arrival of their shiny new transport.

A NEW £36,000 minibus-ambulance was unveiled at Murchfield Community Centre by Dinas Powys Voluntary concern, a local charity that has been serving the residents for more than 35 years.

The old minibus had served the community for more than seven years but two years ago, the charity agreed to replace it. Local organisations, clubs, charities, volunteers, minibus and DPVC users and individual supporters rallied round to raise funds.

Supporters included Dinas Powys Rotary Club, Dinas Powys Nursing Institute, Dinas Powys Players – and their 'Eggheads' who won the BBC competition, Bethesda chapel, Dinas Powys Civic Society and dozens of other organisations and individual donors.

Chairman Dr Mike Robinson said: "The minibus (which is used for regular supermarket trips by various village organisations, for library visits and by the WRVS Friday Luncheon club and for other village activities), plays an important role in the life of Dinas Powys.

It helps promote the independence of those who now find if difficult to go shopping on their own, by providing a means by which elderly people can continue to play a part in the many village activities, and by helping to combat the isolation which can often accompany our later years."

The minibus was officially received by a pupil from St Andrews Church in Wales School, Anna Bosley, who cut the ribbon.

Anna was the winner of a competition, entered by all schools in Dinas Powys, to design a logo and her colourful and striking design now appears on the front of the minibus.

The runners-up in this well supported competition were Callum Hoskins and Jack Moody of the Murch Junior School.

Contact Dinas Powys Voluntary Concern on any weekday morning on 029 2051 3700 or email: dpvc@internet.com

‘Delighted action is being taken’

Local campaign group welcomes Assembly school transport move

by GEM REPORTERS

‘STUART’S CAMPAIGN’, the local group of parents working for safer pupil transport, has welcomed the Welsh Assembly’s new ‘Safety of Learner Transport Measure’.

David Cunningham Jones, who heads Stuart’s Campaign, said he was delighted that the Assembly had managed to overcome legislative difficulties to be able to proceed with the new measure.

Mr Cunningham Jones, whose son Stuart, aged 12, was killed on a school bus at Ystradowen, near Cowbridge in 2002, told The GEM: “This is something we have been calling for for a number of years. We are delighted that action is being taken to put these things right.”

He said that the Assembly needed to provide the funding necessary from its budget so that local authorities would be able to implement the proposed improvements.

“They must make the money available to councils throughout Wales to bring in these welcome changes. My worry is that because of the financial situation, there may be delays in providing the money needed which will delay these changes.”

The organisation will be submitting its views to the Assembly during the consultation period on the proposals.

The measure was proposed last week by Ieuan Wyn Jones, the Deputy First Minister responsible for transport in Wales. It aims to improve the safety standards of buses and other vehicles used to provide school transport.

It will enable the Welsh Assembly Government to place a wide range of requirements on local authorities in relation to the safety standards of school buses, through a series of detailed regulations.

Local politicians also welcomed moves by the Assembly to improve safety on school buses – a burning issue in the Vale since 2002.

Jane Hutt, the Vale AM, said: “This new Welsh law addresses a long standing commitment to bring forward legislation on the safety standards of motor vehicles used to transport pupils and students to and from school (learner transport).

“This is a major step forward towards progressing the recommendations of Stuart’s Campaign, in memory of Stuart Cunningham Jones, which I have fully supported.

“The campaign has been pivotal in achieving these new laws and engaging with the Assembly in trying to ensure that the safety of children as they travel to school is a top priority in Welsh public services.”

Vale MP Alun Cairns said he was delighted the new measure was being introduced.

“I will give it my full support. Having called for action from the Welsh Assembly Government seven years ago, after the terrible accident in Ystradowen, it is great to see that things are finally moving in the right direction.

“This measure will lead to compulsory seatbelts on all school transport, and finally bring to an end the three-for- two seating arrangements. I will do all I can to make sure that the further regulations are achieved within the next Assembly term.

“As a parent myself, I believe it’s crucial that local authorities require that drivers of vehicles used for school transport receive specific training, in relation to working with children, current seat belt legislation, and dealing with challenging behaviour.

“We all want our children to be safe and travel to and from school with confidence.”

Mr Cairns warned that it was crucial the Assembly funds the cost of bringing in the changes.

He went on: “I am concerned that much of this legislation will be written in guidance form, rather than on the face of the law. When matters are written on the face of the law, there is an assumption of full funding from the Welsh Assembly Government.”

Plaid Cymru’s Vale Assembly candidate, Dr Ian Johnson said: “School transport is a very important issue for families throughout the Vale and I am glad that the Assembly is pushing forward regulations in this measure, which will ensure that every child has a seat-belt. Children’s safety must be a priority.

“This will effectively end the ‘three-for-two’ concession, where three children were allowed to take up two actual seats, and stop standing on contracted school buses.

“Since becoming Transport Minister in 2007, Plaid Cymru leader Ieuan Wyn Jones has ensured the passage of the Learner Travel (Wales) Measure in 2008 and the introduction of the All Wales Travel Behaviour Code in 2009, which set out the standard of behaviour expected of all young people on their journey between their home and school, as well as introducing this measure.”

He added that he hoped the measure would be on the statute book by the time of the Assembly elections next spring.

45 years youth service in Barry!

THE Vale AM, Jane Hutt recently visited Barry Island Community Centre to congratulate Graham and Rose Gwilliam on their long service to the Barry Island Youth Club.

She also welcomed the new committee and youth worker who will be taking the youth club forward at the centre.

Jane Hutt AM is pictured with Graham Gwilliam, Rose Gwilliam, Sue Heffernan, Jenna Heffernan, Phillipa Jones, Sarah Coborn and Nikki Ansell.

CONVICTION IS ‘WAKE UP CALL’ FOR BARRY MAN

CROWN COURT REPORT by AJ SICLUNA

POLICE became suspicious when they saw a group of people leaving a house in Barry and smelt cannabis.

One of them, Lee Burrows, was searched and he was found to have 12 bags of the drug on him worth £131, Cardiff Crown Court has heard.

Burrows (19) of Barry, admitted charges of offering to supply cannabis, supplying cannabis, and possession with intent to supply.

He was sentenced to 32 weeks in a young offender institution, suspended for two years and ordered to carry out 120 hours unpaid work for the community.

Judge Christopher Vosper said: “Because this is your first offence, because you are 19 and because this case has brought you up short, I have come to the conclusion that it is not necessary that your sentence be served immediately.”

Prosecutor David Thomas said that at about 10pm on May 14, police were on duty in Treharne Road when they saw men leaving a house.

They became suspicious because they smelt cannabis, searched the defendant and found 12 bags of the drug on him.

His home was also searched and there the police found a small amount of the drug and a mobile phone with texts which indicated he had been dealing in drugs.

Lee told the police he had been going to make a profit of about £70 on the 12 bags and added that in the previous two months he had sold £800 of cannabis.

Ruth Smith, defending, said: “He has many admirable qualities. He is still very young and made full and frank admissions.

“He was selling on behalf of someone else about four times a week. He sold only to his peers who are already cannabis users. It was a small scale enterprise.”

The case said Miss Smith had been a “very big wake-up call”.

She added: “He now has absolutely no association with cannabis and he has resolutely put the use of cannabis behind him.”

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Keema Naan £1.75
Tandoori Roti £1.25
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Chapati 90p

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) Chilli rating (N) Contains Nuts (V) Vegetarian

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THE LATEST NEWS FROM THE PENARTH AND DISTRICT RAMBLERS

Through the forest to where a 'murder stone' turns red

THE River Llan runs through the Penllergaer Forest which was originally part of the Penllergaer Estate, owned by the Llewellyn family and used for hunting and shooting.

Now it is owned by the Forestry Commission, who began reforestation of the area in 1933 and in 2007 the forest was part of the Welsh Rally.

This was the setting when nine walkers joined their leaders Terry and Val on a fine morning for a 10-mile walk. Leaving the car park, they walked gradually uphill through the forest, where the trees begin to wear their autumnal coats and multi-coloured leaves flutter down to carpet the footpaths.

Coffee was enjoyed on the edge of the forest and afterwards they joined a narrow farm road to pass Gelli Wern Fawr farm, that has been renovated from its near derelict condition and Gellywern Ganol Farm to reach a road that led them on to Felindre (the anglicised version is Velindre).

This small village has a pub, school and post office and derives its name from the water mill – Felin Dre, meaning Mill Town. The original foundations of the mill, which remained working until the late 1960s, go back as far as the 16th century.

In 1956, the Steel Company of Wales opened a tin plate works at Felindre and by 1970 it employed 2,500 people, but it closed in 1989. The grounds of the former steelworks played host to the National Eisteddfod in 2006 and are now a regeneration area.

During the world rally championships, the area was used to service rally cars that competed in the Welsh Rally.

They moved on along the disused rail track that once carried coal to Swansea from the coal mines situated further up the valley and passed the Nebo Chapel, built in 1824.

Situated in the churchyard is a gravestone – also known as the 'murder stone' – which relates to the brutal murder of a milkmaid, Eleanor Williams at Llwyngwenno Farm in 1832. After she was killed, her body was thrown down a well and the culprit was never found.

The inscription on the gravestone was meant to strike the conscience of the culprit and legend has it that on the anniversary of the crime the 'murder stone' turns red

In the Lliw valley are two man-made reservoirs the Upper and Lower Lliw, managed by Welsh Water with the surrounding area open to the public. The Lower Lliw was originally opened in 1863 at a cost of £160,000 to provide water for the Swansea area, and it was reconstructed during 1976-78.

Reaching the reservoir, two walkers with their dogs kindly vacated the picnic table for the use of the group to enjoy lunch and after refreshments, they walked back to the dam.

The homeward journey saw them taking different paths through the forest and they passed Tircoed, a very well planned housing estate before crossing over the main Swansea to Cardiff railway line and returning to their start

On October 17, meet at 10am at Cogan for a 5-mile easy/mod walk at St Fagans; contact Pam on 029 2021 9102.

On October 19, meet at 9.30am at Cogan for a 7-mile easy walk in the Roath Park area; contact Val on 029 2051 3274.

Wear suitable clothing, preferably boots and carry waterproofs, food and drinks. Some degree of fitness is required and if you are in any doubt, contact the walk leader for advice. For other groups' walks log onto www.ramblers.org.uk Rucksack badges, programmes and membership advice can be obtained from Pam on 029 2021 9102.

JOY STRANGWARD

Season of talks at Aviation Society

PENARTH Aviation Society starts its new season with talks lined up and a new honorary secretary, David Ephraim - Tonlas Evans continues as hon. treasurer.

At the next meeting, November 5, Darren Howell will speak about the role of RAF Fighter Control in defending the Falklands.

On December 3, Mr Arthur Squibs, governor of the RNLI will speak about Tenby lifeboat, which is fully computerised and the latest (and most up to date) produced by the Institute.

Penarth Aviation Society meets on the first Friday of every month at 7.45pm in the Penarth Conservative Club. Visitors are welcome to attend the talks free of charge.

Further information from David Ephraim on 01446 420878, or from Barrie Howell (02920 531390).

YT

All Saints pupils hear road safety message

KEEPING safe and healthy is high on the agenda at All Saints Church in Wales Primary School.

Last Thursday, they held a special road safety assembly, led by John Rogers, the Vale of Glamorgan Road Safety Officer, who gave the pupils an important lesson in staying safe.

Mr Rogers reminded them that shortly, when the clocks go back, the mornings will be darker and the evenings will be drawing in, so they need to be seen when out and about.

A year-1 pupil modelled the uniform of a crossing warden to demonstrate the effectiveness of high visibility clothing.

Mr Rogers also selected volunteers to model a range of reflective accessories which children can use, especially if they wear dark clothing.

All Saints teacher, Mrs Meiklejohn, thanked Mr Rogers for his continued support with road safety initiatives at All Saints School.

Reflective accessories are all the rage!

RIGHT: ***Little lollipop lady helps get the message across... Be safe, be seen.***

MENCAP bargain sale

A nearly new sale at rock bottom prices is being held on Saturday, October 23 at Bryn Sion Hall, Court Road, Barry.

Doors open at 1pm and close at 4pm. Prices start from 20p! Includes new and nearly new clothing, DVDs, videos and much, much more.

New toiletries and cosmestics will also be on sale at bargain prices. Tombola and kids' lucky dip also available.

All proceeds will go to Barry & District MENCAP. All welcome, admission free.

For further information, please contact Louise 07815 495994 or MENCAP, Barry.

Readers' Letters

Barry artist offers his thanks for sculpture encouragement

THANKS to all those of you who came to the Knap Lake and Gardens while I was working on the sculpture 'Deeply Rooted Core'.

Your kind words of encouragement meant a lot to me and to the other volunteers who helped out on this Art4U project.

If you have not already seen it, just head towards the skate park in the lake gardens.

I would also like to take this opportunity to thank those volunteers who have helped out on the beach sculpture Celtic Link (pictured below) situated on the pebble beach at the Knap.

This is an ongoing project that began on the autumn equinox and full moon of September 21, aiming to be completed at Samheim on October 31. Further information about this will follow.

I have also completed a recent painting of the sky above Merthyr Dyfan church, made after a visit to this very special place on its open day. Many thanks to all those who made me feel so welcome.

This is a very special area of our town, one that is well worth a visit while it remains as it is.

Glyn Pooley, Barry.

ABOVE and BELOW: Glyn Pooley's sculpture, entitled 'Deeply Rooted Core', pictured at the Knap Lake and Gardens.

Iconic tower would put Barry back on map

WITH regard to the development proposed for the old Butlins site on Barry Island, I have also taken part in the consultation and my idea has been warmly received.

I have proposed that a tower be built – some 500–700 feet, surmounted by a revolving restaurant and viewing gallery. The views would be breathtaking.

Coun Jeff James has agreed that views from such a tower would be superb, while Barry Island councillor Steffan William thinks it would be a very good idea.

Friends of mine who live on the Island have said it would be iconic and put Barry back on the map.

With a tower taking up little room, there would still be plenty of space for the proposed 'Eco school' or other uses.

But the tower would be the iconic building that Barry could be proud of.

Mr Graham G Price, Barry

Labour in the Vale HAS gone quiet!

WHAT has happened to the Labour Party in the Vale? Have all of its members and councillors disappeared?

We do have an Assembly Member, Jane Hutt, who resembles a whirling Dervish, spinning from one meeting and photo opportunity to the next.

But what about the rest? We do not hear of anything any Labour councillor does with the exception of Councillor Rob Curtis and the former Labour Coun Richard Bertin, who has resigned from the party in some dudgeon, and is now an independent

What do we pay these people for ? They can claim a substantial amount for their services (or lack of them) together with expenses and subsistence.

Where is the fire? The principled commitment? The joy of Socialism?

It's all disappeared down the drains, into the Waterfront, just like the red sludge working its way in Hungary into the depths of the Danube.

Christopher Short, Barry

Councillors offer their backing to community projects

MAY we, as Vale councillors for the Gibbonsdown ward, wish two excellent projects recently launched from the Gibbonsdown and Court Communities First office the best of luck for the future.

Firstly, the Gibbonsdown and Court Communities First People's Allotment Group, which was officially launched at the group's community allotment site on Saturday, October 2 with the support of the Vale AM Jane Hutt.

The project, situated off Pencoedtre Park, provides residents of all ages, as well as groups from the local area, the opportunity to learn new growing skills as well as keeping fit in the process. Anyone from the Gibbonsdown and Court Communities First area can get involved.

Secondly, the launch of a 'Good Neighbour Scheme' is good news for all residents young and old. The scheme aims to co-ordinate volunteers to help assist residents with any minor tasks or errands such as form filling, helping with shopping, picking up prescriptions and advocacy.

Volunteers are vital in making the scheme a success, anyone who feels able to give an hour of their time would be very welcome.

Those interested in either of these worthy schemes should contact the Gibbonsdown and Court Communities First team at their office in Aberaeron Close, Gibbonsdown, Barry, CF62 7EF. Tel: 01446 732406 for further information.

Councillors Rob Curtis and Margaret Wilkinson, Gibbonsdown ward

Barry woman found with 5,000 Valium tablets on her

by AJ SICLUNA

WHEN police officers went to a flat in Barry they discovered nearly 5,000 Valium tablets worth £3,700 in the possession of a woman.

At Cardiff Crown Court, mother of one Nicola Payne (41) admitted possessing the tablets with intent to supply, possessing, and supplying them.

Prosecutor David Thomas said that on April 7, the police went to the Barry flat and saw Payne who said "I've got Valium". She said she would supply Valium to others and would take some for herself.

Three years before, she said, she had been a heroin addict and took Valium to help her relax.

Her counsel, Ruth Smith, said that only days before the court hearing, Payne had suffered the death of a close family member.

"She made full admissions and was a custodian of the drugs. She has had problems with drug addiction, is currently on methadone and recognises she needs assistance. She needs help to wean herself off Valium."

Judge Christopher Vosper said she plainly had significant problems.

He sentenced her to a one year community order involving supervision for one year.

ANYSHA'S WELCOME DONATION TO LOCAL DISABLED RIDING GROUP

VALE teenager Anysha Panesar, who recently won the title 'America's Perfect Teen', took time out of her busy schedule to visit Bridgend County Group, Riding for the Disabled Association at their new home on Bridgend College (Pencoed Campus).

During her visit Anysha presented Ann Powell, a trustee of the group with a cheque for £102.

Anysha (16) explained: "This wonderful charity gives less able bodied children and adults the opportunity to experience the freedom of companionship that only horse-riding can give while having valuable therapy for their condition."

Ann Powell commented: "We are very grateful to Anysha for this contribution. Fund raising is always a major challenge as we are a totally self-funding group.

"Presently, sixty children and young adults benefit from weekly riding lessons. We are hoping to increase this number, as we have a waiting list of prospective riders, including an inquiry regarding referrals from the Princess of Wales Hospital.

"However, we need both the finance and the volunteers in place before we can expand our services."

If you would like to become a volunteer or make a donation to the group email BridgendRDA@hotmail.com.

RIDING GROUP DELIGHTED WITH CHARITABLE CHEQUE

LEFT: Pictured left to right: Victoria Powell, Anysha Panesar, Jady Evans riding Patches and Ann Powell, trustee.

Bone health group to visit Cowbridge

THE Barry and Vale of Glamorgan Friends of the National Osteoporosis Society Group is holding its first meeting in Cowbridge on Tuesday, October 19 at 7pm, in the Lesser Hall.

Dr Jane Turton and Sister Rosamund Broadbent of the Bone Research Unit at Llandough Hospital will present a medical update about osteoporosis.

Statistics suggest that one in two women and one in five men over the age of 50 will fracture a bone, mainly because of osteoporosis.

Dr Turton will offer information about the condition and what you can do to ensure that you keep your bones as healthy as possible.

All are welcome, whether diagnosed or simply interested. Entrance is £1, which includes tea/coffee; there will also be a raffle.

For more information, contact Gwyneth Thomas (01443 238563).

Bishop returns for Education Mass

EVERY year, the Archdiocese of Cardiff likes to say thank you to all those who work in Catholic education by celebrating Mass, and this year the Mass is to be held at St Richard Gwyn Catholic High School today, Thursday October 14.

The diocese is particularly pleased to welcome Bishop Edwin Regan from Wrexham to be the main celebrant at the annual Mass for Schools and Colleges.

St Richard Gwyn is delighted that this honour has fallen to the school this year as Bishop Regan was their chair of governors when he was parish priest in Barry.

He last said Mass in the school in 2001 when he was administrator of the diocese before the last archbishop was appointed.

The Mass starts at 7.30pm in the newly-refurbished school sports hall and is followed by light refreshments.

CR

PACT meetings

BUTTRILLS PACT, Philip John Community Room, Barry Library, on October 21 at 6.30pm.

ILLTYD PACT, The Mount Sorrel Hotel, Porthkerry Road, Barry, on October 27 at 7pm.

BARUC PACT, St Francis Millennium Centre, Park Road, Barry, on October 28 at 7pm.

PENDOYLAN Community Council meeting, Pendoylan School, on October 14 at 7.45pm.

LLANDOW PACT, Ewenny Village Hall, on October 20 at 7pm.

WENVOE Community Council Meeting, on October 21 at 7.30pm.

LLANTWIT MAJOR PACT, Llantwit Major Leisure Centre, on October 26 at 7pm.

PETERSTON-SUPER-ELY Coffee & Chat meeting, the Three Horseshoes, on October 25 at 5.30pm.

BONVILSTON Coffee & Chat meeting, the Red Lion, Bonvilston, on October 26 at 10.30am.

SULLY PACT, the Jubilee Hall, on October 14 at 8.15pm.

LLANDOUGH PACT, Llandough Memorial Hall, on October 18 at 7pm.

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FOLLOW THE (Vale) LEADER

PLANNING TO COPE WITH THE SPENDING CUTS!

by Coun **GORDON KEMP** Leader of the Vale Council

THE Comprehensive Spending Review is awaited by everyone in the public sector, with a mixture of concern and determination to rise to the challenge of making savings while protecting frontline services.

We know there will be cuts, but as I write my column we do not know how severe these will be, or consequently the effect on public services in the Vale.

The Welsh Assembly Government will announce the provisional settlement for local government on November 23. Budget cuts are necessary to cut the national deficit and we are ready for the challenge, however we hope we do not find that local authorities are hit disproportionately.

The council's medium term financial plan was presented to cabinet in September and is based on a planning assumption of a three per cent cash cut in revenue funding from the Welsh Assembly Government each year for the next three years.

The real cut will be greater than this, as when inflation is taken into account, the shortfall could be more than five per cent per annum in real terms.

Our plan identifies a predicted revenue funding shortfall for 2011/12 alone of £14.25 million, with the prospect of similar shortfalls in future years. We are already working to identify areas for significant savings.

It should be noted that the overall predicted shortfall to 2013/14 is £39.1 million, which equates to almost 20 per cent of the council's net budget requirement for 2010/11.

I believe we are as well placed as any council to meet the financial challenge. The Vale is a well managed council and I'm pleased to say this has again been recognised externally, with the council placed second in a league table of Welsh councils published this month.

As our chief executive John Maitland Evans said, when he welcomed our success in the league table: "The Vale has a consistently good track record in delivering cost-effective services, particularly given the fact that we are a low-spending council.

"As with most councils, our performance can vary across the wide range of services we deliver, but overall we are performing well. This is shown in the 2009 public opinion survey, where 92 per cent of residents surveyed were satisfied overall with Vale council services."

Budget cuts will undoubtedly affect the services we offer and I can't promise residents they won't notice changes in what we provide.

What I can promise is that we will do everything in our power to minimise cuts to frontline services, especially services used by the most vulnerable in the Vale, and we will maximise savings and continue to work to improve efficiency.

Football fundraiser aims to help young mum Nicole after brain tumour shock

A CHARITY football match between the Swansea City All Stars and Sinclair Group is to take place this Sunday, (October 17), to raise funds for a young mother who has recently been diagnosed with a brain tumour.

Nicole Blower, from Maesteg, underwent an emergency caesarean with her first child on the same day the 23-year-old was diagnosed with a serious brain tumour.

For the past four years, Nicole has worked at Sinclair in Bridgend as a customer service advisor.

She now faces an intensive course of radiotherapy and chemotherapy treatment to reduce the tumour.

The organisers of the event, Sinclair Volkswagen and Sinclair Van Centre, are inviting families and football fans to the match, which will star former Welsh international and Swansea City players, including Colin Pascoe and Alan Curtis.

VIP tickets to Cardiff City, the Swans, signed sporting memorabilia and champagne will form part of a raffle on the day.

All proceeds from the event will go to help support Nicole and her family.

Clive Williams, the operations manager at Sinclair Volkswagen explained: "This is such a traumatic time for Nicole and her husband, Stefan.

"We felt such a strong desire to lend our support that we organised the charity match. Our aim is to have a sell out game.

"Stefan has given up work to look after Nicole and their newborn baby, Harvey, and we hope the funds raised will go towards helping them enjoy some very special moments together during this difficult time."

The game kicks off at 2.30pm at Bryntirion AFC on Llangewydd Road. Tickets cost £2 per person (or £5 for a family) and can be purchased by calling 01656 668844 or by emailing *helpnicole@sinclair-group.co.uk*

Mr Williams added: "Nicole was 36 weeks pregnant when she collapsed with serious headaches.

"Her healthy baby boy, Harvey, was born prematurely by an emergency caesarean section and within 24 hours, Nicole had undergone two major operations to remove the tumour. She is now going through a programme of chemotherapy and radiotherapy."

ABOVE: Nicole Blower (middle) at work before her shock diagnosis.

Cardiff Airport to remain 'operational' during training

CARDIFF Airport is holding an emergency training exercise on Saturday, October 16, between 9am and 4pm in which all local emergency services will participate.

The training, in line with the licensing requirements of the Civil Aviation Authority is an opportunity for all airport partners and the emergency services to test and measure response procedures should an incident occur.

Various partners including Cardiff Airport employees, Serco Fire Services, Servisair, ICTS, Emcor, NATS, South Wales Fire and Rescue Service, South Wales Police and South Wales Ambulance Service will participate.

To avoid causing undue alarm to passengers and local residents the emergency vehicles involved will not be using blue lights when responding.

The airport will remain fully operational during the exercise.

Stars will celebrate opening of SCATS Farm and Country

SCATS Farm and Country will officially open its first store in Wales on Wednesday, October 20, followed by a celebratory event for the whole community on Saturday, October 30, from 10am-4pm, at which staff and customers will be joined by BBC presenter Julia Bradbury and Warren Gatland, head coach of Wales.

Julia Bradbury is the presenter of Countryfile and well known for her passion for the British countryside.

She will be giving talks on her love of the countryside and recent adventures around the country, as well as signing autographs and taking part in the day's activities.

Julia said: "I'm really excited to be joining customers and colleagues to celebrate the opening of SCATS Farm and Country in Bridgend. It's sure to be a fun packed day for the whole family."

Warren Gatland will give a short talk, followed by a question and answer session and meet fans and sign autographs.

Highlights throughout the day include two performances by Kath Hardman and her incredible dancing dog Spice, international winner of Crufts Freestyle.

Kath will also be on hand to provide tips on dog training for SCATS' customers throughout the day.

Sheepdog handler, Meirion Owen, will showcase the amazing talents of border collies and the communication between handler and dog with his 'Quack Pack' sheep dog and Indian Runner duck demonstrations.

Customers will also be able to enjoy regional food and drink tastings from local Bridgend suppliers, as well as special open day offers.

The 3.2 acre site provides a huge range of goods and services for farmers and rural dwellers.

Justin Lewis, SCATS Farm & Country store manager, said: "We're really looking forward to this fantastic open day event, which promises to be exciting, entertaining and informative.

"We really hope that local people in and around Bridgend come to our grand opening event where they'll be able to learn more about the ranges of products and services we offer as well as meeting our special guests Julia Bradbury and Warren Gatland."

The store is located in a prominent position on the Brackla Industrial Estate in Bridgend with easy access from Junction 36 of the M4.

Local choir needs men to help 'swell the ranks'

THE Spectrum Singers is an adult mixed choir, under the direction of Penarth resident Stuart Edwards.

The choir is named for the extensive range of music they sing, from medieval church music to pop and comedy numbers.

Its impressive repertoire includes arrangements of well-loved classics such as 'Blue Moon', through the Beach Boys, the Carpenters and Abba to songs from *Toy Story, Jungle Book* and beyond.

Many of the songs are arranged especially for the choir by Stuart Edwards, and it specialises in singing a capella (without accompaniment).

In January 2011, the choir will be celebrating its tenth anniversary, and with a busy programme of concerts, cathedral services and Christmas events between now and then, more men are needed to swell the ranks.

Rehearsals are held in Penarth at 8pm on Wednesdays. If you sing tenor or bass and are able to read music, or if you would like the Spectrum Singers to sing at your event, please contact secretary@spectrumsingers.org.uk or go to voicemail at 07855 718109.

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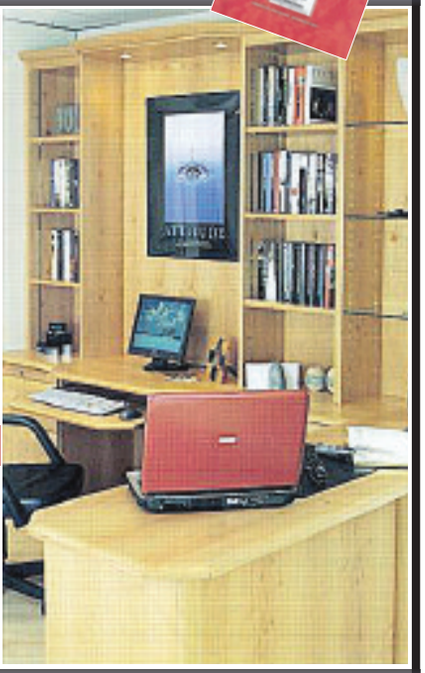

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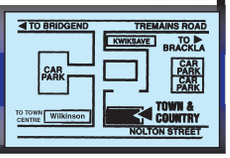

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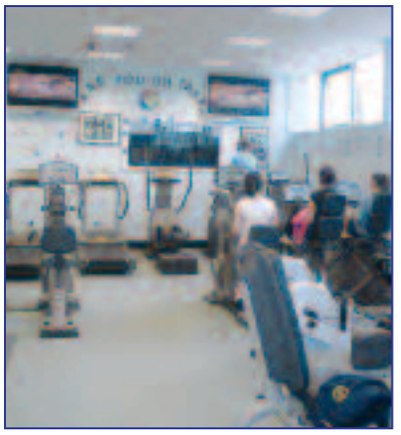

Astro Turf, Fitness Suite and Pool – Bryn Hafren's sporting facilities are outstanding.

ICT suite – A huge investment in ICT has created excellent opportunities for all pupils.

The staff and pupils of Bryn Hafren welcome parents and children to our Open Week…

Our open evening will be held on Thursday 21st October 6pm-8pm. There will be a formal welcome by Head Teacher Mr Phil Whitcombe at both 6pm and 7pm. You are invited to attend either session followed by a guided tour of the school.

The open mornings on 18th, 19th, 20th of October are a wonderful opportunity to see the school in action during the working day and to experience the quality of education and care of which the school is so proud. All prospective parents are welcome, no appointments necessary.

Examination Success:

Head Teacher, Mr Phil Whitcombe, is delighted with the academic performance of pupils in recent years. In the last year there has been a 8% rise in the number of pupils gaining 5 or more A* to Cs at GCSE level. The value added is exceptionally high and the school is performing at the highest benchmark levels, pupil performance, at all stages, is well above LEA targets.

Curriculum:

Bryn Hafren offers a rich, broad and balanced curriculum with lessons being taught in modern high specification rooms. The school has recently refurbished many areas including Science Laboratories, ICT suites, the Art Department, Food Technology and Learning Resource Centre. Recent building additions include a Hair and Beauty suite and an Astro Turf area. The curriculum has further been enhanced by the addition of Wider Key Skills at KS3, giving pupils an equivalent of 2 GCSEs at grade B. The Welsh Baccalaureate is studied in KS4 and KS5, giving the pupils additional and vital qualifications as they move into further education or employment. The provision of extra curricular activities is an outstanding feature of the school and extends pupils' learning experiences.

Pastoral Care:

The school is very proud of the pastoral care given to all pupils. We strive to create a happy, working atmosphere where all pupils are valued and encouraged to fulfil their potential. The Year Heads and Form Tutor system offers good support and guidance in a caring community. Progress is monitored and individual pupils are encouraged to achieve academic success in a fully inclusive environment. The school works closely with parents via Form Tutor and Parents' Evenings through the year. In addition the school welcomes individual contact with parents as required.

The King and I – The Performing Arts Department produced a highly successful production of the King and I, pupils in all year groups were involved. The production gained the school the best overall youth production in South Wales at the Glammie Awards.

Science – One of the newly refurbished Science Laboratories

Food Technology – has two new practical rooms.

Awards ceremony – All pupils are regularly rewarded for good attendance, effort improvement and excellence in lessons.

The Learning Resource Centre is available for pupil use before school, break and lunchtimes as well as after school.

VALE MP's VIEWPOINT

Tackling the rise of 'compensation culture'

Vale MP Alun Cairns reports to GEM readers

HOW many times have you heard the excuse "we can't do that because of health & safety"?

We've all witnessed or been subject to the unnecessary burden of the constraints of health and safety regulations, either in our workplaces or within our communities.

From trainee hairdressers not allowed to use scissors in a classroom, to various parades in Cowbridge and elsewhere not being able to take place due to the more onerous demands of risk assessments and health and safety legislation.

When Lord Young launched his review of Britain's health and safety legislation three months ago, he promised that a "common sense" approach would guide him.

His report investigates concerns over the application and perception of health and safety legislation, together with the rise of the compensation culture over the last decade.

I understand that the report will sweep away red tape and offer new freedom to employers, employees and the huge range of community and voluntary organisations that work so hard within the Vale.

The rise of compensation culture over the last 10 years is a real concern, and I've heard from many residents in the Vale of incidents where staff felt unable to help others, simply because they were not insured to perform such simple tasks as lifting a buggy for a mother, for fear of an accident and subsequent legal claim.

It would be a great victory for common sense for those individuals who try to do the right thing – those 'good Samaritan' situations – if they knew they weren't at risk from potential personal injury claims.

This would be good news for the NHS and other public sector organisations – as well as private companies. Schools within the Vale would also benefit, with a reduction in the number of forms that teachers have to fill in before going on trips.

We'd see a massive change across the Vale, as community events such as street parties or firework displays would find it much easier to gain permission and arrange safe events for residents to enjoy.

The annual Christmas Reindeer Parade in Cowbridge was in jeopardy this year, as a result of traffic control, policing and risk assessment issues, but all involved have worked hard to ensure that any problems have been resolved.

The compensation culture has been gathering pace, fuelled by the recession, and many other events have sadly fallen by the wayside.

A common sense approach to the interpretation and implementation of health and safety regulation is much needed.

We could all then enjoy colourful community events such as the carnival parades; children could play conkers without safety glasses at school and we could all fulfil our potential for goodwill and take responsibility for helping others within our community.

Zulus arrive in Llantrisant!

ABOVE: Members of the Vale Heritage Centre Coalition and the Western Front Association helped people research family histories at Llantrisant Leisure Centre.

THE Vale Heritage Centre Coalition joined forces with the Western Front Association last Saturday to bring a military flavour to the Glamorgan Family History Society open day at Llantrisant Leisure Centre.

Members of both groups were on hand to assist visitors with their family history research.

The South Wales branch of the WFA showed artefacts and weapons from the First World War and VHCC chairman Dr Jonathan Hicks, staged an exhibition of artefacts and illustrations of the Anglo-Zulu War of 1879.

On show was a replica Martini-Henry rifle – a film prop used in the movie *Zulu Dawn*.

"I was lucky enough to meet relatives of several members of the famous defence of Rorke's Drift (which was the inspiration for Stanley Baker's 1965 film *Zulu*), including a lady who thought she may be related to Private John Waters, who spent some of the battle hiding in a wardrobe wearing the former occupant's black coat!" said Dr Hicks.

"It was an excellent day and we received much support for our campaign for a heritage centre for the Vale of Glamorgan."

Further details of VHCC can be found on their website at: www.glamorganheritage.org

JH

The GEM is in partnership with the Dog's Trust to find caring homes for animals in their charge at Bridgend Rehoming Centre (Telephone: 01656 725219)

Young Mario is just super!

THIS week, a centre spokeswoman highlights Mario, a young Cairn Terrier who is "very bright, loves his toys and treats, and is a fast learner".

She said: "He is a real terrier – he loves a cuddle but only after a good run. He would like to live with another dog, and will be great fun for active adults or in a family with children eight years upwards."

For more information, call at Pen-y-Fai, Bridgend, or telephone 01656 725219. You can also see Mario and some of his friends at www.dogstrust.org.uk

Super Mario!

GEM Railway stamp winners

THE 20 lucky winners of our recent Royal Mail stamps competition were:

Mr SP Huxter, Barry; Brian Watkins, Pontycymmer; EA Granfield, Llantwit Major; Mrs P Williams, Nottage; David Jones, Porthcawl; Nancy Green, Shrewsbury; Malcolm Thomas Davies, Boverton; JM Lewis, Bridgend; Natasha Jones, North Cornelly; Joanne Hurst, Ely; R Harris, Barry; Chris Spear, Penarth; S Warmingham, Pencoed; PG Huish, Cowbridge; Brian Fisher, Dinas Powys; Ms V Roberts, Wenvoe; Jamie Clease, Llantwit Major; Jean M Chick, Penarth; M Bradshaw, Cowbridge; Mrs N Adams, Dinas Powys.

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New flooring company is off to a flying start

FOR any new company, starting trading in uncertain economic conditions is always a nerve-jangling time – no matter how much planning has gone into the operation.

By PHILIP IRWIN

That was the case for Chris Wall and eight colleagues from Allied Carpets in Bridgend, when they decided to set up on their own.

The result was '2012 flooring' – a company which aims to retain all the good practice built up from years of experience, and then add a series of extras.

Chris told The GEM: "We decided that quality service and meeting our customers' needs should be at the heart of the business – and now a month after the launch, we are sure we got it right!

"The response to the launch has been both gratifying and reassuring. "We have definitely identified a great need, and new customers have been enthusiastic and supportive."

Chris said that the new company's emphasis on service had struck a chord with people, particularly the elderly and disabled.

He explained: "We offer free estimates, free delivery, and will uplift your old carpet. What is more, we will move any furniture that needs to be moved – and fit the cupboards."

A great deal of preparation went into the launch, with Chris and his colleagues refining and testing their systems in anticipation of the extra business that would come their way as potential customers became aware of 2012 flooring.

He said: "Customers are able to check out our website, decide on the product that interests them, and we will call round with a range of samples.'

The team are covering the Vale and Bridgend county borough, but they can also handle enquiries from Carmarthen across to Newport!

They have researched the market place, and have added to their knowledge and experience of all types of flooring, from carpets to wood, and from vinyl to laminates.

Finally, when the customer has made a decision, Chris is confident that their high standard of service will be a huge plus factor.

Chris added: "We would like to thank the people in the area who have responded so positively to this new business.

"It makes us feel that we have made the right decision, and that we can look forward to building strong business relationships with our customers."

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Inspirational Homes

NEWS FROM THE FONMON APIARY

Indian summer gives bees an autumnal bonus!

WINTER is in the offing but the bees are still very active, thanks to the mild conditions we are experiencing.

Here at Fonmon, the ivy is providing forage for the bees along with the herb beds. Charlock that is in some of the fields around the apiary is also being used and much pollen is coming in.

I am still feeding the bees, as all this activity means expenditure of energy, which in its turn requires food to supply the energy.

Each of the hives is already well provided for, but stores will be consumed as long as the bees are active.

The feed I am supplying them with is a liquid one made by mixing sugar (white) with a measured amount of water. This is readily accepted by the bees, who will store it as if it was nectar that they had collected themselves. This syrup can only be fed to the bees while they are still active and able to process it to suit their needs. Once it is just so, the cells it has been stored in will be sealed with a wax capping, and there it will reside until the bees require it.

Certainly those who are new to beekeeping will have read in their books that all feeding should have been completed by the end of September. This has been the norm in times past and was sound advice. However, the weather and temperature are the dominant factors in all our dealings with the bees so we have to adjust accordingly.

The Varroa treatment is nearing its conclusion now. The second application has been carried out and I have taken some samples from the drawers underneath the wire-mesh floors. Dead mites are readily observable. I will be doing some counting which is more from curiosity than a requirement.

Treatment at this time of the year is by way of a commercial product APIGUARD, made up of a thymol extract to which chemicals have been added to give it a gel-like consistency.

(CONTINUED ON PAGE 14)

The Immaculate Cleaning Company goes that extra step further

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IT'S all go at 'All Pump Services' as Eleri and Haydn Lloyd prepare for a busy few days ahead.

They are off to the Welsh Dairy Show in Carmarthen from Tuesday, October 19.

Why not go along and enjoy the day? The action all takes place in the United Counties showground, Carmarthen.

To find out more about All Pumps' services and products, you will find them on stand No 27.

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Inspirational Homes

Who wants to build what and where?

Mr Peter Vidler - **Cwrt-Yr-Ala House, Michaeleston-Le-Pit, Dinas Powys** - Conversion of existing workshop, former stables to independent dwelling. Part of barn to be retained as garage for the main house. Alterations to the access since last approved applications 2009/00282/FUL and 2009/ 00283LBC.

C/o Agent – **12 Spitzkop, Llantwit Major –** Single storey rear extension.

Mr David Pitt c/o Agent – **Park View, Bonvilston -** Change of use of land to form garden, single storey rear extension, single storey conservatory, relocation of fuel storage tank, single storey garage/store and amendments to the access and driveway.

Mrs Jane Butterworth - **23 Hickman Road, Penarth** - Install 60cm high iron railings to the front garden boundary: include removal of the hedgerow and new landscaping.

Dr Tony Howe – **42A Clive Place, Penarth** - Proposed two storey extension to rear of existing property.

(CONTINUED ON PAGE 15)

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VALE COUNCIL TO CONSIDER 'KITCHEN WASTE SERVICE' FOR ALL THE VALE

The Vale Council is advising its residents of new arrangements shortly to be introduced for the delivery of kitchen waste caddy liners.

There are currently 20,000 properties benefiting from the new kitchen waste service, which requires residents to use small, biodegradable cornstarch liners to store their kitchen waste prior to it being placed in an outdoor lockable kerbside container.

These liners have previously been replenished on a scheduled basis, through collections from local offices or via the ring and request service.

The council will shortly consider rolling out the kitchen waste service to the whole of the Vale and in light of this officers have reviewed these arrangements which, they consider, do not offer the most efficient form of delivery.

From November 1, residents taking part in the kitchen waste collection service who have five or less liners remaining are advised to loosely tie either a piece of cloth or one of their last remaining liners to the handle of their outdoor kerbside caddy on their collection day.

This will indicate to the collection crews that new liners are required and these will be deposited in the outdoor caddy along with the handle tie.

It's hoped that this new arrangement will be more reliable, will better ensure that residents always have a supply of cornstarch liners and that they're not inconvenienced by having to request liners in future.

The new delivery arrangements are based on the principle that no more than three liners will be used per week and the service will be reviewed at the end of 2011/2012.

Residents are reminded that old newspaper can be used as an alternative liner, though stocks of liners will continue to be available at various council offices for some time in the future.

As it should no longer be needed, the ring and request service will be discontinued from November 1.

For more information on waste management and recycling please visit www.valeofglamorgan.gov.uk/recycle, email visible@valeofglamorgan.gov.uk; or call 01446 700111.

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Bees enjoy their summer revival at the Fonmon Apiary!

(CONTINUED FROM PAGE 13)

Two applications are required.

To apply it, you must open up the hive and break the seal on the container, this is then laid on top of the exposed frames making it accessible to the bees.

There are, of course, other treatments that can be applied later in the year or in the spring of the next year before the bees get into their productive cycle. Should it be necessary, I will use heated oxalic acid crystals. Used in this manner, a gas (for want of a better word) is released and it permeates the hive, killing off more mites.

Another way of using oxalic acid is to add it to your syrup (liquid sugar) and to trickle it over the bees in the hive, using a syringe to apply it. This latter method means that you have to open up the hive to expose the bees in their winter cluster, which is not something that I feel happy about.

Those that use it feel that it is a much safer approach than heating the crystals and therefore subjecting themselves to the gas given off by such a method.

My approach, using a dedicated roof containing the required pipe-work and the sealing of the hive entrance plus any suspect gaps, is on the whole much less intrusive and, providing that safety precautions are observed, compares well with the trickle approach.

Using chemicals of any kind to control the mites is not to be desired but for the present it is the only way we can help the bees to survive. For all the research that has been (and is being) carried out, we have not got rid of the mite nor developed any safe contamination free control applications.

Can the bees develop a host/parasite strategy? Perhaps, given time but do we have time?

HAROLD WILLIAMS

Christmas is coming at local garden centre!

THE countdown to Christmas in south Wales starts officially this month.

With around 70 shopping days left until the big event, Pyle Garden Centre at Heol Mostyn on Village Farm Industrial Estate is declaring its Christmas displays open to customers on October 16 and 17.

Acting manager, Ricky Williams said: "The event marks the start of our countdown to Christmas. We hope lots of people join us during the weekend to see our magical displays."

There will also be double points for any gardening club members who decide to start their Christmas shopping early.

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Inspirational Homes

Who wants to build what and where?

(CONTINUED FROM PAGE 14)

Mr Ian Reed, Viyella - **52 High Street, Cowbridge** – new signage and internal shopfitting works.

Richard Hayward Properties – **Beach Cliff, The Esplanade, Penarth** – 5 residential units, restaurant/cafe and D2 assembly and leisure use.

Mr Gareth Beer - **Woodside, Westra, Dinas Powys** - Two storey side extension and single storey rear extension.

Mr Gwyn Davies - **The Old Vicarage, Pendoylan** - retention of two ponds.

Swanbridge Developments - **Land at Penarth Marina, Penarth** - erection of a class A3 (food and drink) cafe/bar/restaurant use on the ground floor, with class B1 (office) use above, together with associated car parking.

Robert Harris - **Colhugh Chine, Colhugh Street, Llantwit Major** - removal of Silver Birch and various other trees within front and rear gardens.

Miss Natalia Fumis - **4 Westward Rise, Barry** - loft conversion.

The Governing Body of Wick and Marcross School - **Wick and Marcross Church in Wales Primary School, Church Street, Wick** - provision of new glazed freestanding canopy structure to south side of existing classrooms with associated paving and alteration works.

Ms Jill James - **West Farm, Southerndown, Nr Bridgend** - change of use of existing garage to multi-purpose function room together with side extensions and alteration to roof.

Mr Tim Murnane - **Llwyn Draen, Ystradowen, Cowbridge** - replacement dwelling with associated double garage, pool building and guest building, plus alterations and extension to domestic curtilage, being a revised scheme to planning consent 2009/01040/FUL.

Mr John Lott - **Hazeldene, Llancadle** - demolish existing ground floor conservatory and replace with sunroom.

Mr Phillip Baker - **10 Clos Tawe, Barry** - demolish garage and porch at 10 Clos Tawe and construct new dwelling in side garden.

Mr Jason Bishop - **19 Benecrofte Close, Rhoose** - Proposed granny annexe.

Tesco Stores Limited - **Former Mayflower Public House, Fontygary Road, Rhoose** - installation of roof mounted photo voltaic panel, outdoor air source heat pump and associated duct work.

Mr and Mrs C Webber - **61 Cosmeston Drive, Penarth** - single storey rear extension and new dormers in garage roof to create a store room in garage roofspace.

Mr James Gruffydd - **Downcross, House, Castle Street, Llantwit Major** - flood proofing.

Mr Julian Reed - **14 Village Farm, Bonvilston** - proposed first floor extension to provide additional bedroom with ensuite facilities.

Mr Wahid Khan - **6 Barry Road, Barry** - Change of use from vacant shop (empty 15 to 16 years) to fast food takeaway.

Ms Marie Farmer - **The Court, 4 Mount Pleasant, Cadoxton, Barry** - to alter internal arrangement of kitchen and dining room and renew/alter windows and back door to inner courtyard.

Ty Hafan Children's Hospice - **Ty Hafan, Hayes Road, Sully** - construction of external play area, to include construction of retaining wall between two levels.

Mr Christopher Bale - **10 Dannog y Coed, Pencoedtre Village, Barry** - retrospective application for erection of conservatory to rear elevation.

Dr Cameron Pleydell-Pearce - **Fernleigh, Seaview Drive, Ogmore-by-Sea** - alteration and extensions including provision of new roof structure and covering complete with dormers and rear balcony.

Mr Mike Simmonite - **Wilcot, Higher End, St Athan** - dwelling to infill plot.

Mr and Mrs MG Tollerfield - **19 Upper Cosmeston Farm, Penarth** - extensions to dwelling.

Mr Kelvin Howley - **4 Frampton Lane, Llantwit Major** - single storey extension to side and rear of property.

Mr Neill O'Donovan - **10 Robin Hill, Dinas Powys** - single storey extension for kitchen at rear of property.

Mr Anthony Williams - **8 Sandy Lane, Ystradown** - extend conservatory at ground floor and construct a bedroom and bathroom extension above, and construct a single storey store room to the side of property.

Mr E Williams - **24 Heol Neuadd, Cogan** - three dormers to the rear roof slope and three velux roof lights to the front roof slope.

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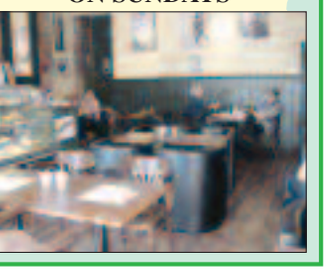

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NEWS FROM 372 (BARRY) SQUADRON AIR TRAINING CORPS

Local Cadets pay homage to those who fell

AIR Cadets from 372 (Barry) Squadron, Adam Wood, Megan Palmer-Wood, Carl Chaplin, Charles Adams, Megan Hamblin and Geraint Franklin, recently travelled to Europe to pay homage to those who lost their lives in two world wars, along with Air Cadets from Caerleon, Penarth, Ely and Blackwood.

The visit took place over a long weekend in October and encompassed the war memorials and battlefields of Ypres Salient, in Belgium, and those of the Somme, in France.

The cadets stayed as guests of the Belgium Army in Ypres and during their time were able to witness members of the local fire brigade performing the moving 'Last Post' ceremony at the Menin Gate.

As a sign of respect, Cadet Megan Hamblin laid a poppy wreath on behalf of the squadron.

Cadet Adam Wood said: "We also went to Dunkirk to see where the evacuation took place. When you stand on the beach, it's amazing to think that in May 1940, all those people came in all sorts of boats, big and small, to save the servicemen and to try to get them home."

The Cadets also visited the Canadian War Memorial, Vimy Ridge, 38th Welsh Division Memorial, Mametz Wood and the memorial at Thiepval, which is dedicated to the 73,367 missing men of the Somme.

The Cadets paid their respects to the war dead at the following cemeteries: Tyne Cot, Passchendaele, and Langemarck.

"It was a very busy few days with an enormous amount of travelling. However, the Cadets all felt that it was a worthwhile and emotional experience. Seeing the battlefields and memorials at first hand brings history closer to our present and not just left in the past.

"These men who died for their countries will not be forgotten by the Cadets."

The Air Cadets are now looking forward to an action packed and challenging training programme including flying, gliding, shooting, sport, Duke of Edinburgh, leadership training and aviation related visits.

372 Squadron has vacancies for boys and girls between 13-18 years old. Contact the Squadron on 01446 747734 or email oc.372@aircadets.org for more information.

JASON HORTON
(Officer Commanding)

COUNCILLOR SUPPORTS ONE-WAY STREET

RESIDENTS of a busy Barry road are threatening to close the road off unless the Vale of Glamorgan Council acts upon their request to make it one-way.

The residents of Hannah Street are so fed up with vehicles using their residential road as a major thoroughfare to other parts of the town, they are desperately calling on the council to act.

The road has become very congested and grid-locked at times and due to the tight squeeze, cars, buses and lorries either get stuck in the road or damage cars.

Residents are now calling on the Vale Council to make the road one-way which they believe will be safer.

Residents are now even considering blocking the road off at peak times in a bid to get the council to urgently do something for them.

Local councillor for the area, Richard Bertin, said: "I fully understand and support the residents in their bid to make the road one-way.

"I hope the council will listen to the concerns of the residents and make the road one-way without delay."

He added: "I have been out and about talking with the residents about this matter and have been collecting a petition which I will present to the council."

Dr Archbishop comes to town!

HOLY Cross Church will be playing host to a special visitor this Sunday (October 17) as the Archbishop of Wales attends the parish service.

The morning service, at 10am, will be the only service held next Sunday in the Benefice, so that as many parishioners as possible can come to hear Dr Barry Morgan speak.

A parish spokeswoman said: "Members of all churches and all denominations – or none – are very welcome.

"The service will be followed by light refreshments with an opportunity to talk to the Archbishop."

Christmas Party Guide

THE VALE AND BRIDGEND OFFERS GREAT CHOICE FOR YOUR CHRISTMAS PARTY

THAT time of year is coming closer – the season of parties and events to mark the festive season.

While the office or workplace party can be the highlight of the year – it can also be a disaster unless it is held at the right venue with good food.

Luckily, in this area, we are blessed with a wonderful choice of restaurants, pubs and hotels which cater for Christmas parties to suit groups of varying sizes.

There are lots of places which offer traditional fare – turkey and Christmas pudding – which remain as popular as ever.

But for those looking for something a bit more exotic, many venues now offer a new twist on the basic menu with other options designed to cater for a more sophisticated palate.

But whichever meal you prefer, the important thing is that top quality foodstuffs are used and that they are properly cooked and beautifully presented.

The ambience at Christmas events is also crucial – roaring log fires and crackers may be a bit of a cliché – but it's what most people expect.

Many hotels and restaurants spend a lot of money on really top class decorations which are a world away from the tinsel and tack of yesteryear.

A room beautifully decorated in swags of greenery, coloured berries and subtly lit with candlelight is probably the finest setting for celebrating the most important event in the calendar.

So, with good food, fine wines and the right setting, the only other ingredient necessary for a great night out is the company.

People you work with all year suddenly look different when they are dressed up in a bit of bling and glitz. Lots of romances have begun at the works Christmas do and for the younger, unattached staff members, that's an exciting possibility.

Older colleagues will settle for the easy camaraderie which exists between people who know each other very well and have mutual respect.

But apart from workplace parties, there are also lots of Christmas get-togethers staged by organisations – ranging from choirs, art societies, WI's, charity fundraisers and sporting groups – in fact any organisation which brings people together.

Most organise a Christmas event which gives members, who perhaps only see each other once a week, a chance to enjoy each other's company in more relaxing circumstances.

(CONTINUED ON PAGE 19)

Christmas at the Sportsmans Rest
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Tel: 01446 760675

Christmas Festive Menu
available 23rd November to 30th December
(excludes Sunday, 25th & 26th December)
2 Courses: £13.95 adult £7.95 child
3 Courses: £16.95 adult £9.95 child
Lunchtime Special Menu available NOW
Tues-Friday 12-2.30pm
ENJOY 2 MEALS FOR £9
Visit our website for menus
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AUTHENTIC PEKING & CANTONESE CUISINE
BOOK YOUR CHRISTMAS PARTY WITH US

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CONDITIONS APPLY

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GRILL NIGHT - Selection of grilled marinated meats - part of the buffet at no extra cost!

Eat as much as you like!
Lunchtime Buffet
Tues-Fri 12 noon-3pm
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Adult £6; Child £3.50 (under 140cms) Tues-Sun
Evening Buffet
5.30pm 'til late
Adult £11.50; Child £6.50
Mon-Sun (Fri & Sat additional £1 per person.
Please call for details to book your private parties in our special function room!

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Telephone 01446 748811
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BOOKINGS NOW BEING TAKEN
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Includes
'LIVE ENTERTAINMENT'
Friday and Saturday evenings
Available Mon - Sat, 1st Nov until 29th Jan
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Christmas Party Days and Nights
29th November - 24th December
£21.50 for a 4 course menu
Good ales, great food, real comfort & log fires... see you soon!
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www.bushinn-sthilary.com

The Casa Paco
1 BROAD STREET PARADE, BARRY
Available from 1st December
Christmas Evening Menu
Monday-Saturday 6.30-9pm
Deep fried Brie with conserve
Prawn cocktail
Melon with port (or plain melon crown)
Mushrooms cooked in Garlic Butter
Farmhouse Paté served with Chutney
Soup of the day
Creamy Stilton Mushrooms
Roast Glamorgan Turkey with Chipolata, served with Cranberry & Apricot stuffing
Rack of Welsh Lamb with Port & Redcurrant Sauce
Chicken Princess (breast of chicken cooked in a white wine and cheese sauce)
Grilled Scotch Fillet Steak (6oz), plain or with a choice of Au Poivre Sauce (creamy pepper), Champignion Sauce (rich mushroom) or Diane Sauce (onion, mushroom, wine & tomato)
Fresh Salmon served with parsley and lemon sauce
All served with vegetables of the day and potatoes
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£28.50 per person
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CHRISTMAS LUNCH MENU
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For reservations, please call 01446 732009

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CRACKERS & PARTY HATS
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★★★
MINESTRONE SOUP
MELON BOAT
★★★
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CHOICE OF VEGETARIAN DISH
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Please call in or phone for a Menu & Booking form
TO BOOK PHONE SULLY 02920531700 / 20530353
PLEASE MAKE ALL RESERVATIONS IN ADVANCE

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PRAWN COCKTAIL
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CARVED WELSH BEEF
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£16.00 per person
Large parties are welcome to bring their own CD's to dance to after the evening meal!

Christmas Party Guide

THE SECRETS OF BEING AT EASE IN THE OFFICE PARTY

By Sarah Marshall and Susan Griffin

LOOKING for a bit of flirty fun this festive season? The GEM looks at how to outshine the competition at Christmas parties and discover the secrets of successful flirting.

Like turkey with all the trimmings, or karaoke renditions of Slade, the office Christmas party is a tradition to be embraced but once a year.

Most people use it as an excuse to let loose at their employer's expense, but a growing number are seizing the opportunity to release pent-up romantic tensions, translating furtive glances shared over a PC desktop into true love.

In the past, free food and booze have always been the biggest draw, but in this credit-crunch climate – where the petty cash is unlikely to stretch beyond a paltry mince pie – a chance to flirt with work colleagues could provide the biggest pull.

According to Elizabeth Kuhnke, author of Body Language For Dummies, this is a great time of year to be looking for a new partner.

She said: "The festive season is the ideal time to look for love.

"Parties are in abundance, meaning spirits are high and inhibitions are low."

Unfortunately, it's also the same time of year that most of us are looking pale, sun-starved and weathered by the elements. For Kuhnke, though, that's not a problem. Successful singles aren't always the belles of the ball.

She explained: "It's a little known fact that availability counts for more than beauty in the dating game.

"A man will tend to pursue a woman who may not be the most attractive in the room, as long as she's giving off signals indicating her availability. The most important thing to understand when searching for a partner is how to communicate your interest."

Kuhnke adds: "Women focus on their hair, clothing and make-up when preparing to go out, but they must also remember that their body language is instrumental for gaining and maintaining the interest of a partner.

"Understanding the key signals, and using them to your advantage, matters more than an outfit."

So dressing up – or down – is the easy part, and hours wasted styling hair could be better spent learning how to flick locks coquettishly. In fact, the only things we should really be applying in the mirror are body language techniques.

Sending out signals by means of subtle physical nuances might sound complicated, but it all comes under the umbrella of flirting.

So how do you perfect it to a fine art?

"The essence of a good flirt is confidence, empathy and humour," says Jean Smith, a social anthropologist and founder of Flirting & Walking tours in London (www.allureseminars.com).

"A good flirt makes the other person feel good, and because they're so confident, they don't need the validation back – although they always get it."

What's more, flirting can be used as a tool to generate success in other areas of your life.

Peta Heskell, the original flirt coach and board member of The Academy of Marriage, Sex and Relationships (www.flirtingacademy.com), agrees.

She said: "When you can flirt with anyone, for fun, with or without the physical element and you know who to flirt with and who not to, it makes people feel good about you and that leads to social and business success."

It may not always seem the case, but according to Heskell, we were all born flirts.

She insisted: "Flirting is a natural mechanism designed to help us send signals to someone we like, so they might make the approach, but some of us have had it parented, or schooled out of us."

Sadly, many of us have lost the confidence to flirt, but there are plenty of DIY steps you can take.

If you're shy, Heskell suggests practicing with friends or relatives.

She explained: "They're more amenable to connection as they're often less inhibited and more laid back. Put your full attention on them as they come towards you, think nice thoughts about them, and look at them.

"It isn't rocket science, smile and say hello. The more you practice, the more naturally you'll do it with someone you really like."

Plenty of places to party!

(CONTINUED FROM PAGE 18)

Yes, there's plenty to be said for the Christmas party. Just make sure you ensure that yours is as good as it can be by hiring the right venue for you and your group – whether it be a cosy country inn or a grand hotel where everyone can really dress up.

The choice is yours – and it's a big one.

Hold your Christmas parties at Loch Fyne Cowbridge

We have a fabulous three-course menu for just £19.95

STARTERS
Wild mushroom and tarragon soup
Loch Fyne rope-grown mussels 'marinieres '
Loch Fyne gravadlax with honey and mustard dressing
Whitebait with lemon mayonnaise
Chicken liver pate with homemade tomato chutney

MAINS
Whole baked sea bass with braised fennel and lemon and thyme butter
Pan-fried duck breast with honey roasted parsnips and red wine sauce
Rump steak char-grilled and served with a shallot and mushroom confit
Pan-fried fillet of salmon with caramelised red onion and port marmalade
Roasted butternut squash and herb risotto
Roast potatoes and broccoli

DESSERT
Christmas pudding with brandy butter
Chocolate and orange torte with a warm orange and berry compote
Spiced apple tarte tatin with clotted cream
Blarliath and Cooleeney cheese with homemade chutney and oatcakes

COFFEE

New Years Eve Party -Enjoy a fantastic evening with a sumptuous menu plus live entertainment for £49.95

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Only £16.50 per ticket - Book Now!

CHRISTMAS PARTY NIGHTS £32.95 per person
3 course dinner and coffee followed by dancing till late
NEW – Late bar licence extended til 2.00am

MENU
Prawn Cocktail
Homemade Leek & Potato Soup
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Roast Leg of Welsh Lamb and Mint Sauce
Grilled Salmon Supreme with White Wine & Chive Sauce
Tortellini Ricotta
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Selection of Vegetables
***
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Berry & White Chocolate Torte
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Coffee & Mints

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15% DISCOUNT
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(excludes Value party Nights)

FREE PRIZE DRAW
for all Christmas and New Year's Eve Partygoers…
Win a Luxury Weekend for two people in a 4 star Isle of Wight Boutique Hotel
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Christmas Party Guide

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To be in with a chance of winning a £50 Voucher, simply complete the wordsearch and list the five advertisers that do not appear.

Send your entries to The Glamorgan Gem, Graig House, 53 Eastgate, Cowbridge, CF71 7EL, together with your name, address,telephone number or email address by October 22nd. Normal competition rules apply.

Book your office Christmas party now!

TIME is running out to book the first choice venue for the office Christmas party.

Hotels and restaurants in the Vale and Bridgend have got a good reputation for providing not only good festive meals, but entertainment as well.

So make it quick! What sort of party do you want? Is it a sit down meal, so that working colleagues can enjoy a relaxing evening; or do the people at your work place want the excitement of a disco or a themed evening like a 60s night.

Once you've made your decision, it's time to lift the phone and make that all important booking – now, before you miss out!

The Red Lion
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CHRISTMAS @ 'the Red'
FESTIVE DINNER
3 Courses
£12.50 per person
(throughout December)
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We are now taking bookings for our
TURKEY & TINSEL PARTY NIGHTS
Only £12.95
Includes Entertainment & Disco
MAIN COURSE:
Turkey, Beef or Vegetarian option with all the trimmings
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Classic Christmas Pudding or Fresh Gateau
Available party dates and entertainment
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THE MOPHEADS
Comedy Showband plus Disco til 1am
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Da Gennaro
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October Special
Monday-Thursday
5.30-8.30pm
Buy any Pizza or Pasta dish from the normal menu and get the second FREE
(the cheapest pasta/pizza will be free)
Christmas Party Bookings now being taken
Christmas Lunch Menu
2 courses only £9.95
3 courses, including Tiramisu, only £12.95
Christmas Evening Menu
3 Course Meal only £22.50
Please phone for menus and available dates.
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Telephone 01446 732557

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TURKEY 2 course LUNCH £12.95
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3 course plus coffee & mince pies
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Fantastic choice of menu served lunch time and evenings.
Christmas Menu served from 24th November to 24th December.
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Luxurious Festive Fayre
Five Course - **£49.95**
Free House Family Run Extensive Menu
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Choice of homemade pies and veg
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Curry selection served with poppadom, rice and chips
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Steak and chips with a FREE drink
(175ml glass of house wine, pint or soft drink)
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Meals served **7 DAYS** - Lunchtime/Evening
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LLYSWORNEY
NEW AUTUMN MENU
Locally sourced produce assured

SUNDAY LUNCH from £8.50

CHRISTMAS PARTY MENU
(Mon 29th November - Thurs 23rd December)
Roasted red pepper and tomato soup, soured cream and homemade bread roll.
Cinnamon and clove poached pear, blue cheese, Parma ham crisp and walnut dressing.
Seared scallops, cauliflower puree, golden raisin chutney and rocket.
Pork cheek, pistachio and leek terrine with a lemon and artichoke puree.
Traditional local roasted turkey, all the trimmings and beer gravy.
10oz Pwllywrach Farm sirloin steak, homemade chip's, rocket and mustard seed salad (£2.50 supplement)
Pan-fried breast and leg of pheasant, braised red cabbage, green beans, thyme fondant potato.
Fillet of Salmon and asparagus en croute, steamed native mussels, bearnaise sauce.
Risotto of sun-dried tomato, olive, wild mushroom and Parmesan crisp.
All main courses served with a selection of vegetables.
Christmas pudding with brandy sauce & red currants.
Baked After eight cheescake, chocolate ice cream.
Grande mariner and orange creme brulee, shortbread biscuit.
Selection of cheese's, chutneys and crackers.
Lunchtime:
2 Courses £14.95 • 3 Courses £17.95
Evenings: 3 Courses £21.95
Food served: Monday-Saturday 12noon-2.30pm; 6.30-9.30pm, Sundays: 12noon-3pm
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Bookings|Details|Menu:info@carnearms.co.uk
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visit www.carnearms.co.uk

Christmas Party Guide

As Halloween approaches, a spooky story with a local twist emerges...

A WELSH HAUNTING... MYSTERY WORDS APPEAR FROM NOWHERE AT VALE PUB

A mysterious clue as to the identity of the long-dead person who has been haunting a Vale public house has come to light during renovation work.

The Plough and Harrow at Monknash has a long history of ghostly goings-on, but the latest has even astonished Dave Woodman, its long time owner.

Dave has owned the 14th century drinking establishment for almost seven years. It was named 'Best Community Pub for 2005' by The Sunday Times, although local folklore claims that is not just the staff and locals that inhabit its ancient rooms, but up to 12 ghosts as well.

by TIM CHAPMAN

Dave explained: "One of the ghosts is said to be Amy, whose footsteps have often been heard on the landing. We were once told she was a girl who had died at a young age near The Plough.

"When we started doing refurbishments recently, words appeared on the wall of the landing which read 'Amy's Playroom' (see picture on the left).

"We're hoping that someone can enlighten us as to who she really is."

Amy's presence has been benign, said Dave, but over the years other apparitions and spectres have been more unsettling – the young boy who followed the cleaner through the pub, the poltergeist which attempted to damage the pub's trade by smashing the till and blocking the credit card machine, and the cloaked figure that drifts along its corridors.

Dave insists that the incidents have been reported by a number of people and are not part of a marketing ploy.

Perhaps the cloaked figure, reminiscent of a monk, is a clue as to the origin of the supernatural disturbances.

The pub was once a farm building established by a monastery, and it is believed that monks may have used the building as a mortuary for sailors who had been washed up on the coastline after their ships sank during storms.

Dave was once warned by one his chefs called Peter, who arrived to help out for a few days, not to upset the ghosts.

ABOVE: Is the Plough and Harrow being spooked by ghosts?

"He told me: 'Don't do alteration work – they won't like it. Don't expand the size of the kitchen they won't like that either.' He wanted to pacify the ghosts."

Peter also had the uncanny knack of preparing the correct meals for people before they had ordered, telling other members of staff: "I know exactly what I'm doing".

After a couple of days Peter left and Dave contacted the Cardiff agency who supplies him with staff – only to discover they had never heard of him.

Despite Peter's warning, renovation work has had to go ahead at the Plough and Harrow, and the words 'Amy's room' have materialised, which still leaves one question.

Who is Amy?

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Christmas Parties 2010

ALL INCLUSIVE

4 Course Meal – Late Night Disco – £25 per head (Fri & Sat)

£5 PER HEAD DISCOUNT FOR PARTIES OVER 20 PEOPLE (evenings only)

Mon - Thurs £20 (No disco) - Minibus Service available

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Special Menu Available - For office parties and get togethers!

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£4 HEAD

FAMILY TICKET (2+2) £10

BBQ available

Competition for the kids

GLASS OF BUBBLY ON ARRIVAL

STARTERS

Mushroom Soup; Prawn Cocktail;
Deep Fried Brie with Redcurrant Jelly; Garlic Mushrooms

MAIN COURSES

Roast Turkey, Stuffing and Chipolatas
Baked Salmon Fillet with Champagne Sauce
Vegetable & Nut Wellington
Roast Beef & Yorkshire Pudding
Welsh 10oz Rib Eye Steak (Extra £2.50)

DESSERTS

Christmas Pudding and Brandy Sauce
Sherry Trifle; Rum & Raisin Cheesecake
Chocolate Black Forest Gateau.

Coffee and mints

A deposit of £10 per head is required (non-returnable)
No booking is guaranteed unless deposit is paid
Minibus subject to availability

the Star Inn Treoes

In this our 12th Christmas at the Star, our festive menu's are exceptional...

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Prawn Cocktail
Home Made Soup of the Day
Tricia's Chicken Liver Pate
Roast Turkey with all the Trimmings
8oz Rump Steak with Home Made Pepper Sauce
Fillet of Sole with Spinach and Smoked Haddock
Coffee & Mints

£13.95 per head

Christmas Evening Parties

Freshly Prepared Soup of the Day
With a Nice Crusty Roll
Cranberry & Brie Filo Parcels
Prawn & Smoked Salmon Cocktail
With a Marie Rose Sauce
Home Made Autumn Game Terinne
With Red Onion Marmalade
Star's Famous Garlic Mushrooms
En Croute

★

Local Roast Glamorgan Turkey
Served with all the Seasons Trimmings
10oz Sirloin of Welsh Black Beef
With a Classic Whiskey & Black Pepper Sauce

Baked Welsh Lamb Shank
With a Rosemary & Redcurrant Jus
Breast of Chicken
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Fillet of Salmon
With Star's Home Made Lemon & Dill Butter
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Autumn Cherry's & Cointreau Sauce
Aubergine & Walnut Bake
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All served with seasonal vegetables & potatoes which are locally sourced

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With Brandy Sauce
The Star's Famous Desserts or Puddings
With Coffee & Mints to follow

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Food with a difference. Ask for details

NEW AUTUMN MENU
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Fresh king prawns served on a bed of iceberg lettuce with Rose Marie Sauce
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Fresh tomato and basil soup served with crusty bread

MAINS

Turkey Dinner
Succulent freshly roasted turkey with fresh seasonal veg and homemade gravy
Vegetarian Option
Nutmeg nut roast served with fresh seasonal vegetables and gravy

DESSERTS

Traditional Christmas Pudding
Served with warm crusty bread
Triple Chocolate Cheesecake
Served with whipped cream

UPCOMING EVENTS: These events are always popular, so book early to avoid disappointment

Friday 19th November — CHER Tribute — Christmas Celebration Event
Friday 3rd December — Atomic Jones — Christmas Celebration Event
Friday 17th December — Moni Tivoni as Lionel Ritchie — Christmas Celebration Event
Friday 26th November — ABBA Tribute — Christmas Celebration Event
Saturday 4th December — Tina Turner Tribute — Christmas Celebration Event
Saturday 18th December — Meatloaf Tribute — Christmas Celebration Event
Saturday 27th November — Owen Money & The Soul Sharks — Christmas Celebration Event
Friday 10th December — Rats In The Kitchen (UB40) — Christmas Celebration Event

Tickets: 01446 721888
PRIVATE FUNCTION HIRE AVAILABLE

FOR BOOKINGS & ENQUIRIES
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info@shadowscabaretbar.com

CAFE CONTINENTAL

‘GIVE ME MY CHARIOTS OF FIRE...’

Supermarket staff recall iconic Oscar film scene!

STAFF from a Vale-based supermarket chain have filmed their own version of the iconic beach running title sequence from *Chariots of Fire*, to mark taking part in this year’s Cardiff Half Marathon, on October 17.

In the four-minute film, 25 staff and children from Filco, which has eight supermarkets including Llantwit Major and Cowbridge, are shown training at Rest Bay in Porthcawl, paying tribute to the 1981 Oscar-winning film, which celebrates its 30th anniversary next year.

More than 80 of the supermarket’s staff will be running in the Cardiff half marathon in support of Welsh charity Tros Gynnal, which helps vulnerable children and young people throughout Wales.

Entitled ‘Chariots of Filco’, the film features a specially written poem ‘Keep on Going for Gold’ voiced by the runners themselves, aimed at inspiring athletes to endure their tough training regimes in pursuit of their dreams.

It can be viewed at: http://tiny.cc/filco

Matt Hunt, director of Filco, who plays the part of Aubrey Montague, the first runner seen in the film, said: “The film is all about showing ordinary people, of all shapes and sizes, doing our bit for charity.

“We hope it inspires everyone who trains no matter what their sport, as we look forward to the 2012 London Olympics.

“We have sent a link to Lord Coe and the Welsh team at the Commonwealth Games. We also hope people will also feel motivated to donate to this important Welsh charity.”

Roger Bishop, head of Tros Gynnal, who commissioned the poem by Peter Acton said: “We thought, what better way to commemorate the Cardiff Half Marathon and indeed all charity sporting events, than with one of the most iconic running sequences of them all!

“I am so pleased that the poem also sends a powerful message to the children and young people we support, not least in the verse:-

When your days are derailed, salty tears burn your face
When all that you own is taken or sold
Have faith to ask others for help in life’s race
Keep on going for gold.

“This really is a film about how people put themselves on the line to help others, and I find it very heart-warming.”

As well as adults running along the rain-swept beach on a stormy day, the film shows children replicating some of the sprinting scenes of the film.

Kishan Mujumdar (aged 12) said: “It was great. Although the weather was really bad, it felt as if we were making a real film and we got to run around a lot. It made me think of running in the next Olympics.”

Chariots of Fire, set around the 1924 Olympics and written by Colin Welland and directed by Hugh Hudson, won four Oscars in 1981, including Best Picture.

The film starred Ben Cross as Harold Abrahams, the late Ian Charleson as Eric Liddell, and Nigel Havers as Lord Andrew Lindsay.

The famous beach scenes were filmed at West Sands, St Andrews.

In the Filco version, The Rest Hotel at Porthcawl plays the part of the St Andrews Golf Club.

The part made famous by actor Ian Holm as trainer Sam Mussabini is played by Sebastian Morgan-Clare of Tros Gynnal.

Vale recycling calendar is on the way soon

MOST residents in the Vale should have received a copy of their new-look recycling calendar for 2010/11 by now, but due to problems with delivery arrangements in certain areas some residents may have experienced a delay, which is set to be resolved shortly.

A spokesman for the company responsible for the deliveries, Link Direct, apologised to Vale residents, saying: “We sincerely regret any recycling leaflet distribution issues that have been highlighted recently. We are working with our local team and the council to resolve the problem to the satisfaction of all concerned.”

To find out when your recycling day is, for further information or to report a missing calendar, call the council on 01446 700111 or email visible@vale-ofglamorgan.gov.uk. If you are without a calendar, please do so from Monday, October 18, as this will allow for any outstanding deliveries to be made.

Seafarers’ service

THE annual Seafarers’ service will take place this year on Saturday, October 16, commencing at 11am at Llandaff Cathedral.

Canon Huw Mossford, head of the UK Mission to Seamen, will preach the sermon.

This year is particularly important for the WRNS Association as it sees their 90th anniversary.

All are most welcome and tea will be available after the service.

If you have any queries, please ring Captain Ray Newby, MN on 01446 760476 or Don Stenhouse on 02920 531000.

Donald Stenhouse,
(A humble Royal Marine)

Polite paper boy!

I LIVE in Boverton Brook and have just received my Llantwit Major GEM.

We were on our way out and stopped the young delivery man in the street and asked him for our GEM – and what a lovely well mannered young man!

He was so polite both my husband and myself commented. Could you please pass on our thanks and best wishes to the young gentleman.

Mrs D Ryan

GEM note: Happy to do so Mrs Ryan, as would we at The GEM.

Ty Hafan winners

THE following are winning numbers in the Ty Hafan Crackerjackpot lottery draw number 639.

- **£2,000:** 590958.
- **The rollover, which now stands at £2,500, was not won this week.**
- **£10:** 370268; 585996; 898234; 427180; 781639; 350119; 688467; 799978; 835131; 123151; 854983; 593915; 303393; 141422; 204553; 795961; 326564; 600610; 592357; 899054.
- **£5:** 121636; 675466; 376811; 471940; 779061; 444941; 195650; 241507; 857644; 103689; 899461; 173126; 279752; 890545; 809051; 658936; 402394; 328532; 451392; 710677; 659230; 799231; 898879; 735084; 509656; 592142; 791210; 428113; 110808; 560677; 807211; 558757; 885057; 717681; 481173; 686225; 376790; 473492; 473424; 138672; 467281; 699921; 598593; 887939; 698070; 961529; 662273; 178366; 629040; 332818; 479529; 123991; 249842; 211477; 492747; 642081; 389233; 412456; 697220; 810316.

The GEM cannot be held responsible for any errors or omissions contained in the above.

For lottery information please call telephone 02920 672062.

COWBRIDGE
FOOD & DRINK FESTIVAL
Saturday 30th & Sunday 31st October
www.cowbridgefoodanddrink.org

The Quarter Penny Café
Eat. Drink. Relax.
NOW OPEN FOR BUSINESS
FROM 8.30 am - 5pm Daily (4pm Sunday)
SERVING DELICIOUS HOME-COOKED FOOD ALL DAY
Breakfast and Brunch served all day, every day
Light Snacks, Sandwiches, Paninis, Jacket Potatoes and Wraps
Help yourself Salad Bar to eat in or take-away
Hearty main courses and daily specials
Children’s menu
Sunday Roast also served between 12noon-4pm
FREE WI-FI FOR ALL OUR CUSTOMERS NOW AVAILABLE!
01446 774999
www.quarterpennycafe.co.uk

River View Chinese Restaurant
To get the party started . . .
CHRISTMAS BANQUET
5 Courses £23.95
• Christmas Combo
• Crispy aromatic duck
• Main Courses (Choice of six)
• For parties of 4 or more - Seafood special
• Christmas puddings or ice cream
CHRISTMAS PICK & MIX
3 Courses £15.95
STARTERS: Choose 3 items per person
MAIN COURSES: Choose 1 dish per person or 3 dishes to share between 2 people - with egg fried rice or noodles
DESSERT: Ice cream or banana fritters
(own menu choice preferences available)
A LA CARTE MENU
available throughout the Festive Season
Unit 1, Britannia House
Penny Lane, COWBRIDGE
(Situated behind Town Hall Car Park)
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email:info@riverview668.co.uk
www.riverview668.co.uk
OPEN:
Sun -Thurs: 12-2.30pm • 5.00pm - 10.30pm
Fri to Sat: 12-2.30pm • 5.00pm-11.00pm

CAMRA Pub of the Year 2010!
The Vale of Glamorgan Inn
High Street, COWBRIDGE
REAL ALE FESTIVAL
Friday 29th, Saturday 30th, Sunday 31st OCTOBER - 50 varieties to sample

A Real Pub
HOME-COOKED MEALS
served from 12 noon - 2.00pm Monday to Saturday
● Real ales
● Real Fires
● Real Welcome
● Families Welcome
This is a Traditional Friendly Pub with a large beer garden and a Great Family Atmosphere.
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WORKING TOWARDS A GREENER FOOD FESTIVAL

COWBRIDGE Food and Drink Festival is working closely with Sustainable Wales, creating an environmental policy to be introduced at the 2010 event, which will then be developed annually.

The desire of the festival committee is to acknowledge the importance of the environmental debate and to support visitors and exhibitors to make a difference.

Margaret Minhinnick, director of Sustainable Wales and new member of the festival committee, explained: “We’re developing this policy to recognise what the festival has done well in the past, such as promoting local produce, and building on this to develop some key aims to address our responsibility to the environment.”

Festival organiser Polly Wilson, added: “We are concentrating this year on the issue of waste, reuse and recycling.

“Working with the Vale Council, we want to offer a user-friendly sorting system with clear explanations of what waste goes where.

“The Vale Council will be providing three bins at each position around the main festival site so waste can be sorted into mixed recyclables (paper, cans, glass, plastic, card), food waste (including meat and fish, cooked or uncooked) and general waste (anything else).

“Exhibitors and visitors will be encouraged to sort as much as they are able and willing,” said Polly.

Margaret added: “Other ways that festival supporters can help include car sharing and using the free park and ride to reduce congestion.

(CONTINUED ON PAGE 23)

Turkey, Game and Meat
PICK THE BEST THIS CHRISTMAS FROM
Cowbridge Fresh Farm Meats
YOU’LL always get better flavour and quality with fresh, naturally-reared meat and poultry.
This year, Cowbridge Fresh Farm Meats, suppliers of high quality fresh meats, poultry and wild game are offering highly competitive prices too. So you can afford to give your family and friends the very best this holiday season.
“We need to be competitive with supermarket prices, but we’re also guaranteeing extremely good quality local meat, turkey and game sold absolutely fresh; nothing is frozen,” say the management at Cowbridge Fresh Farm Meats.
Last orders for Christmas will be Monday, 20th December
‘Royal Roast’ back by popular demand!

HOG ROAST AVAILABLE FOR HIRE
Call 07730 396 686

COWBRIDGE FRESH FARM MEATS
The Old Calf Shed, Llwynhelig Farm, Penllyn Estate, Cowbridge, Vale of Glamorgan. CF71 7FF
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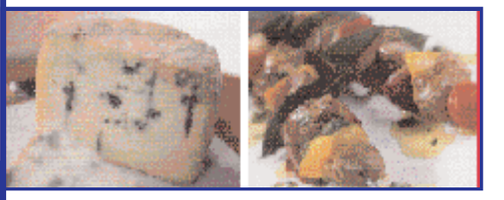
Email: cowbridgefreshfarmmeats@btconnect.com
Open until Christmas Eve
SEE YOU AT THE FESTIVAL!

COWBRIDGE

FOOD & DRINK FESTIVAL

Saturday 30th & Sunday 31st October

www.cowbridgefoodanddrink.org



Volunteers still needed

COWBRIDGE Food and Drink Festival would like to thank all those who have helped make the event so successful over the last six years, especially the volunteers who assist over the weekend and make it run so smoothly.

Chair of the committee John Davies, said: "The group volunteers, like the cricket club on parking duty, and HSBC working the ticket booths are invaluable to us and are so experienced now, but we also rely on the generosity of those individual volunteers who turn out whatever the weather and do whatever they can to help make this event such a success."

This year, there are still some gaps to fill on the rota so if you would like to become involved, please call Polly, the event manager on 07875 290428.

Delicious stone baked PIZZAS from …

The Gallery

Coffee House & Eatery

from Thursday to Saturday

Eat in or Take-Away

2 for 1

Pizza Meal Deal

(Valid until Sat 27th November)

68 Eastgate COWBRIDGE, CF71 7AB

01446 775093

Open Mon-Wed 10-5pm/Thurs-Sat 10-9pm

Festival committee welcomes a new green local sponsor

COWBRIDGE Food and Drink Festival are thrilled to announce another new sponsor for 2010.

Sort & Save, is planning the launch of a revolutionary new waste management service in Cowbridge.

They are coming on board as the new sponsor of the Champagne Marquee, which will be run by the Quarter Penny Café, sited courtesy of Lloyds TSB, on their car park in North Road.

Sort & Save is offering a service where recycled goods can be used to accumulate points and then converted into financial reward! For local businesses this is also a great way to reduce the cost of waste management.

Further information on the project will be available over the festival weekend.

Nigel England of Sort & Save, said: "We are delighted to be working with Cowbridge towards pioneering practical recycling solutions for today, tomorrow and the long term future."

Chair of the Cowbridge Food and Drink Festival committee John Davies, enthused: "In this year when we are working hard on our environment policy, we are so proud to welcome Sort & Save as a sponsor. We wish them luck with this exciting venture and look forward to using their facility in the future."

The marquee will also play host to Aubrey Parsons who will be providing live entertainment over the weekend. House champagne remains at £25 a bottle this year, a bargain for the fifth year running! Entry is free to all and alternative alcoholic and soft drinks are also available.

The opening hours will be Saturday: 10 am-10pm; and Sunday: 12 noon-7 pm.

LEFT: A seller and his onions are never parted! Picture from a previous year's festival!

Festival's focus on environment

(CONTINUED FROM PAGE 22)

"They will also be encouraged to return suitable festival programmes and any marketing materials once read, for re-use."

The Vale Council will also be available outside the town hall to discuss their sustainable resource management strategy, and free re-usable canvas bags will be given at the festival ticket booths to the first visitors. Some exhibitors will be selling their own reusable bags and visitors are asked to reuse bags and only accept a new one if essential.

Margaret Minhinnick explained: "These are easy changes that we can all make which could make a huge difference to future generations."

Trio Brasserie of Cowbridge

Celebrates its second birthday and would like to thank all their customers for their support.

FRESH FISH • MEAT • PASTA

2 Course SPECIALS from £9.95 includes SUNDAY Roasts!

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We look forward to seeing you all at the Food and Drink Festival for our famous Paella and Sangria.

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Coffee Meetings, Lunch Meetings, Special Occasions – all catered for.

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Email: andrewtucker65@hotmail.co.uk

www.triobrasserie.co.uk

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(top of Cowbridge by the traffic lights)

A FULL REPORT FROM THE FOOD FESTIVAL WILL APPEAR IN THE GEM ON NOVEMBER 4.

Riverford veg growers

The Natural and Organic Awards 2009

organic vegboxes to suit all households from just £8.95

or make up **your own box** from our range of veg, fruit, milk, eggs and much more (minimum order £12.50).

we also deliver **meatboxes** from £25.00

free delivery

call us on **0845 600 2311** (Quote ref:GEM)

or visit **www.riverford.co.uk**

WINNER Best Organic Retailer 2009

Healthier and greener shopping comes in a box!

RIVERFORD provides organic food that is healthier and affordable, straight from the farm, and delivered free to your home or workplace.

How often do we audit our ethics, measure our carbon footprint and assess our social responsibility?

The underlying 'survival of the fittest' premise has not changed – ethics remains a means to an end. Only the most informed consumer could tell the difference between ethics and the appearance of ethics, and most of us are too busy to research!

The confusion is ruthlessly spun to support brands, particularly with the supermarkets.

Our Riverford meat, fruit and veg boxes contain all organic products up to 40 per cent cheaper than supermarket organics because we come directly to you from the farm. We do not use pesticides. Our products are certified to soil association organic standards.

Scientists at Newcastle University, as part of an EU-funded quality low input food project, found that organic vegetables and fruit contain up to 40 per cent more anti-oxidants than non-organic products.

Organic milk contains more than 50 per cent anti-oxidants and healthy fatty acids. The flavour of the food is natural, tastes better and is better for us.

All this, plus free delivery!

For enquiries, please telephone 0845 600 2311 or go to www.riverford.co.uk

SEE YOU AT THE FESTIVAL!

Sort & Save in Cowbridge Festival champagne launch

SORT & SAVE is launching a revolutionary new recycling service in your area that rewards the general public and small-to-medium businesses for recycling.

A spokesman said: "We are holding a champagne launch in the champagne tent at Cowbridge Food and Drink Festival on Sunday, October 31 at 10am.

"Are you a business owner interested in saving on your waste management? Or an individual keen to learn more about recycling? Perhaps you are a member of the press who is interested in our innovative approach.

"To register your interest to attend the event, please contact us today at Info@sortandsave.com or call 0844 809 4986."

SORT & SAVE

Be part of an exciting new development in recycling

SORT&SAVE is a fantastic new concept in recycling for home and business.

If you'd like to join us for our champagne launch at the Cowbridge Food & Drink Festival on Sunday October 31st contact us to register.

info@sortandsave.com

Tel: 0844 809 4986

www.sortandsave.com

The Quarter Penny Café

1956

Eat. Drink. Relax.

THE QUARTER PENNY CAFE ARE RUNNING THE **CHAMPAGNE BAR** AT THE **COWBRIDGE FOOD & DRINK FESTIVAL 2010** (OPPOSITE THE MAIN FESTIVAL SITE ON NORTH ROAD)

OPENING HOURS:
SATURDAY: 10AM - 9PM
SUNDAY: 12NOON - 7PM

OPEN TO ALL - NO ENTRY FEE

LIVE MUSIC ALL WEEKEND

CHAMPAGNE PRICES ARE HELD AT £25 PER BOTTLE FOR THE FIFTH YEAR RUNNING!

BEERS, WINE, SPIRITS AND SOFT DRINKS ALSO SERVED

SPONSORED BY SORT&SAVE

01446 774999

'Good Taste'… our speciality!

Shampan Finest Indian Restaurant & Take-away

Award Winning Restaurant

OPEN FOR LUNCH (Mon to Sat)

2 Courses only £4.95 per person

EARLY BIRD Special
4 Course Meal
only **£7.95** per person
Available every week Monday, Tuesday & Thursday
5.30 pm - 7.00 pm
Offer includes FREE glass of house wine/ soft drink (dine-in only)

BOTH OFFERS Include: Papadam, chutney, starter (any), main dishes (any), Pilau rice or Naan Bread

WEDNESDAY SPECIAL
5 Course Meal
only **£8.95** per person
Our mid week saver served all evening
5.30 pm - 11.00 pm (excludes drinks)

Friday and Saturday General Menu Applies

★★★★

SPECIAL SUNDAY BUFFET
22 different dishes
Service from 12 noon -10pm
Menu changes weekly
Only £7.95 Children £4.95
Eat as much as you like - Children under 6 years eat free
NORMAL MENU ALSO AVAILABLE

Food Hygiene Rated Scores* on the doors
*Food standards Agency Supported Scheme

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01446 774590

70 Eastgate, COWBRIDGE
Open 7 days – 5.30pm - 11.30pm
Including Bank Holidays

Out and About with The GEM

Royal Mail stamps remember life-savers – and you can win a set

HOSPITAL and postal staff have joined forces across Wales to launch Royal Mail's latest set of commemorative stamps celebrating the work of scientists and their life-changing discoveries.

The 'medical breakthroughs' special stamps focus on medical achievements since the Victorian era, a period which has seen huge scientific and technological change – and readers of The Glamorgan GEM can win a set of the stamps in this month's competition in conjunction with Royal Mail.

The stamps feature six areas of medical study including cardiovascular medicine, drug therapy, transplant surgery, ophthalmology, medical imaging and parasitology.

Staff at the University of Wales Hospital, Heath, Cardiff, Singleton Hospital, Swansea, Wrexham Maelor Hospital and the Royal Gwent Hospital, Newport, have all hosted a launch of the stamps to highlight the achievements which have all helped to save lives in their area.

To win a set of these amazing stamps, answer the following question: which of these is a medical doctor:

A Dr Kildare ***B*** *Dr Fox* ***C*** *Dr Who?*

Answers on a postcard, marked 'Medical Stamps' to Glamorgan GEM, Graig House, 53 Eastgate, Cowbridge, CF71 7EL, no later than Friday, October 22.

(No correspondence will be entered into and judge's decision is final – good luck!)

National Trust members' talk

THE next meeting of the Vale of Glamorgan Association of National Trust Members will be held on Wednesday, October 20 at 7.30pm in the Duke of Wellington, Cowbridge. The speaker, Mr Paul Falkener from The National Trust, will talk about 'Dinefwr Park and Castle'.

Membership of the association is open to any interested person who is a paid-up member of the National Trust or National Trust for Scotland, a spouse/partner of a life member, or a National Trust staff member or volunteer.

The annual subscription (payable on January 1) is £7.50 for one National Trust member; £10 for two members; reduced to £3.75 and £5 respectively for those joining after June.

In the spring and summer we organise trips to various National Trust properties, which are always most enjoyable. We welcome new members. So, why not come along to our October meeting? We look forward to seeing you!

If you need further information please contact our membership secretary on 01443 223230.

Eraina O'Hagan

Bridge club results

THE latest Bridge results are:

Vale of Glamorgan Bridge Club, Monday, October 4: 1st Christine and John Evans 63.19; 2nd Linda Pinnock and Bill Turner 62.15; 3rd Barrie Waite and Graham Norris 59.47; 4th Luba Ashworth and Muriel Maslin 56.60; 5th Pat and Brian Swain 54.17; 6th Marjorie and Dennis Smith 52.27 per cent.

Cowbridge and District Bridge Club October 5: 1st Hugh Williams and Gordon Berrey 66.75; 2nd Anne Thomas and Pauline Lane 65.83; 3rd Debbie Rosevear and Mearl Owen 58.33; 4th Sylvia Phillips and Pauline McAllen 58.05; 5th Teri Pollard and David Wright 57.89; 6th Myrtle Hansard and Mary Wallis 54.83 per cent.

DW

AM Surgery

VALE of Glamorgan Assembly Member Jane Hutt, will be holding a surgery on Saturday, October 16 at 115 High Street, Barry, CF62 7DT, from 10am to 12 noon. No appointment necessary.

Sandy and Rizzo looking for a home

Can you re-home Rizzo and Sandy?

MEET Sandy and Rizzo. They were dumped in very poor condition in a local garage after losing an eye each after untreated flu.

They are now fit and healthy but we haven't been able to find a home for them, despite them being featured in The GEM.

They have now been with us five long months, and are the longest staying pair of cats at the centre.

If you are interested in Sandy and Rizzo, or for more information, please call 01656 726621.

SUE DOBBS

Music Festival concert dates

COWBRIDGE Music Festival is presenting three concerts at local venues.

Ivana Gavric solo piano recital 7.30pm, Saturday, October 16 at Holy Cross Church. Tickets £12 and £6 under-18s.

'Le Grand Tango' Calvert-Turner Harp and Cello duo, 7.30pm, Tuesday, October 19 at Baroque Hall, Duke of Wellington. Tickets £12 and £6 under-18s.

Gala concert with Wynne Evans (tenor), Hugh Morgan (trumpet), Mary Elliott (cello), and Jeff Howard (piano) at 7.30pm on Friday, October 22 at Holy Cross Church. Tickets £15 and £6 under-18s.

Tickets are available online or from Cowbridge businesses Xantippe and Principality; www.cowbridgemusicfestival.co.uk

Send your 'What's On' news to ggem@internet-today.co.uk

Out and About with The GEM

Money may very well Never Sleep, but the latest *Wall Street* struggles to keep you awake!

SCREEN TALK

by GARETH JAMIESON

'*GREED is good*' – so went the maxim espoused by Gordon Gekko in 1987's *Wall Street*. But if we've learned anything in the last two years, it is that greed merely leads to financial troubles for those most innocent.

A timely period, then, for Oliver Stone to revisit the character that personified the era of banker opulence, something the director has happily settled down to do with *Wall Street: Money Never Sleeps.*

Picking up from the last film, we see Gordon Gekko (Michael Douglas) released from jail after financial fraud. He is contacted by Jacob (Shia LaBeouf), an aspiring financial whizzkid who is planning to marry Gordon's estranged daughter Winnie (Carey Mulligan); however, Jacob's motives for getting in touch with Gordon soon put him into a world he is ill-prepared for, and one which many people, including the shady Bretton James (Josh Brolin), will be more happy to show him the deep, dark secrets of...

The character of Gordon Gekko is easily one of cinema's most indelible creations. The name almost overshadows the film in which he starred, something that was made possible by Michael Douglas' outstanding turn and Oliver Stone's sharp writing.

Another outing for Gekko did not appear to be high on Oliver Stone's to-do list, but with the world under the cloud of recession, banks going bust and traders losing their way, if you were ever going to revisit the world of Gekko, now was the right time.

However, *Money Never Sleeps* is a film that not only struggles to match up to its predecessor, but taken on its own terms is an interminably gripping, yet far too perfunctory, film that wraps itself up in its own science and never plays to the general viewer.

Not that I dislike a film for being intellectual, far from it, but *Money Never Sleeps* takes a generic tale of revenge and dresses it up with fancy financial terms and parlance, never making it overtly clear what exactly is going on.

I consider myself to be an intelligent person, yet the amount of financial abbreviations on show here made me wonder whether I was watching a particular Americanised version of *Countdown*.

The film's writers, Allan Loeb and Stephen Schiff, are obviously more than au fait with the money markets and trading, yet where the film should be engaging you it simply ends up distancing itself with its technicalities.

Anyone who plays the markets will no doubt be more interested, but for the majority whose only knowledge of Wall Street is the film itself, there may well be more than a few blank expressions.

The writers make a similar misstep with the story and characters. What is in essence a boiled down revenge story, with money rather than violence the tool of destruction, is let down by their attempt to introduce familial redemption.

When Gekko is on screen and the cut and thrust of the money markets is in full force the story is intriguing, no doubt from the enjoyment of watching bankers and investors getting their comeuppance, but when the story switches to Gekko's estranged daughter and his attempts to reconcile with her, it feels less enthralling.

Obviously the family element is there to show the corrosive nature of greed, but that is something that the world has seen over the past two years – more onus on the shady dealings, backstabbing and inappropriate behaviour would have been far more gripping.

Character-wise, the writers distil Gekko down to a prophet coming to preach doom and gloom that isn't listened to by those that have the power to do anything about it, losing the cut-throat edge that made the character so engaging in the first place, while the remainder of the characters fail to really hit home despite the actors who fill them out.

Michael Douglas never really gets the opportunity to get his teeth stuck into what is arguably his finest role.

There are flashes of the devilish spirit here and there, but even though the film is preaching against *Wall Street's* maxim, Gekko is undoubtedly more fun there than he is here.

While Douglas' performance isn't at all poor, he seems less than interested in it, and the marginalisation of what makes him interesting is to the detriment of both character and actor.

The references to the nature of time passing and making as much of life as you can may have taken on an unforseen pertinence given his recent brush with illness, but the script hugely weakens the strength of its ace in the hole.

Having gone from next-big-thing to established star, Shi LaBeouf's performance is certainly lacking here, the actor not only failing to match up to Douglas' undoubted charisma, but also essaying a dull character and failing to bring any life to it.

Carey Mulligan is similarly bland, with even the scene between her and Gordon failing to create any ripples despite her and Douglas trying their best.

Josh Brolin fares a little better as the shadowy banker, bringing a sneer and arrogance that makes you want him to fall flat on his face at the very least, while his sparring with both LaBeouf and, in one scene, Douglas, is particularly enjoyable, Brolin doing a good line in villainy.

With decent small turns from Eli Wallach, Susan Sarandon and Frank Langella, the film is hardly lacking in talent, but a combination of poor characters and weak performances means that it fares little better in this department.

What does save the film to a degree is Oliver Stone, who is on directing duties alone this time round, and who shows a real hunger and desire to give the film a strong visual look.

Marshalling the story where he can, he brings a real energy to the film, capturing the cut and thrust of the financial world with zeal and capturing the tense nature of the world, while he shoots the cityscapes with a cold, unforgiving lens that highlights how dangerous the city can be to those who are not versed in the ways of money.

Using the cityscapes as financial graphs is a similarly clever technique, and Stone seems visually more enthused than he has done in a long while - it's just a shame that the film doesn't match up to what he offers, with *Money Never Sleeps* being anything but a financially sound investment for cinema goers.

VERDICT: A lacklustre affair punctuated by some gripping moments and skilled direction from Oliver Stone, *Wall Street: Money Never Sleeps* suffers from poor scripting and the sidelining of Gordon Gekko. While the performances struggle, there isn't enough bite to really grab you, and should this go down as Michael Douglas' last hurrah, it will be a shame, as both he and the others involved here are capable of so much better. ***POOR.***

What's On and Where?

Coffee morning

THe Mayor of the Vale Council's charity coffee morning is being held at the Corporate Suite, Civic Office, Holton Road, Barry, on Tuesday, October 19 from 10.30am-12noon.

All proceeds will go to Penarth & District Stroke Support Group.

Diabetes group

THE next meeting of the Vale of Glamorgan Group of Diabetes UK Cymru will be on Tuesday, October 19, when the annual general meeting of the group will take place, followed by a talk from Kerry-Lynn Pyke, a member of Diabetes UK Cymru in Cardiff.

The meeting starts at 7.30pm and is held in the Board room, Llandough Hospital, Penarth.

Cowbridge Art Society

ON Thursday, October 21 at 7pm in Old Hall, High Street, we are pleased to welcome Paul Arnott who will be giving a demonstration in watercolours.

Non-members are always welcome.

Table top sale

ALL Saints Church in Wales Primary School, Cwm Talwg, is holding a table top sale on Friday, October 22 at 3.30pm.

There will be gifts, crafts, refreshments and much more. All are welcome. Please come along, join in the fun and get your Christmas gifts in good time.

Open day

THE Rondel House Centre at Maes y Cwm Street, Barry, presents an open day on Friday, October 29 at 10.30am-3pm following a 'Halloween theme'.

A fun day for the over-60s includes free raffles, hand massage, nail painting.

'Keep safe' information will be presented by our community PCs. Two-course lunch is £2.

For more information, telephone 01446 745922.

Musical Eve

A 'Musical Eve' by Ynysybwl Ladies Choir is being performed at Windsor Road Church, Barry (opposite Mount Sorrel) on Thursday, November 4 at 7.30pm.

Tickets: Adults £5, children £3, refreshments included. Proceeds in aid of church funds.

Glamorgan Guild's talk

GLAMORGAN Guild of Weavers, Spinners and Dyers will meet on Wednesday, November 10, at the Old School, Sully.

The talk is 'Felted Knit with Applique' with Teresa Searle, who will show how she works with felted knit appliqué and tell us about her new book. Members £2, visitors £3.50.

For further details, ring Kirsten Gable 01443 650336, or e-mail kirstengable@hotmail.com

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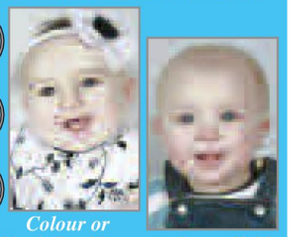
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VALE'S BEST KEPT VILLAGE WINNERS ARE SPECIAL GUESTS OF THE MAYOR

First Prize: Ystradowen – The Vale Mayor, Coun Colin Osborne; Basil Watkins; Mrs Mavis Burnham; Mrs Rosemary Ives.

Second Prize: Wenvoe – The Mayor; Basil Watkins; Ian Moody; Phil Morant.

THESE pictures were taken when winners of the Vale's Best Kept Village competition gathered in the Town Hall, Barry, for a congratulatory reception hosted by the Mayor of the Vale of Glamorgan, Coun Colin Osborne.

He said he was very impressed with the high standard of the entrants: "Well done to all of you who entered. I am told the standard this year was very high, so congratulations to the winners and it is especially pleasing to see young people participating. Special thanks to Cemex for once again sponsoring this competition."

Ystradowen took first prize in the village competition with Wenvoe and Michaelston Le Pit just behind in second and third place respectively.

The winner of the schools competition was St Andrew's Major Church in Wales School.

Third Prize: Michaelston Le Pit – The Mayor; Basil Watkins; Kristin Litton; Geraint Thomas.

Winning School: St Andrews Major Church in Wales School – The Mayor and Mayoress; Basil Watkins; Mrs S Jordan; Abbie Williams; Tomasz Janiec.

Under-12s are on winning streak

Cowbridge under-12s	**25**
CRICC	**0**

COWBRIDGE continued their winning streak with a comprehensive home victory over CRICC by five tries to nil.

With weather conditions perfect for open rugby, Cowbridge produced their best rugby to date and were quickly off the mark when centre Michael Thomas gave a well-timed pass to wing Seán Davies, who set off on a 40 yard run to score the first try.

The mobile home side's pack soon began to make inroads into the CRICC half, with Ben Terry and Matthew Keating driving through their opponents defence to set up a ruck from which scrum half Osian John released Cae Evans.

He outpaced the defence to score a fine try, and Rhys Beynon added an excellent individual try just before half time to leave Cowbridge in a strong position.

Cowbridge continued to dominate in the second half, with James Holder, Sam John and Tomos Evans-Williams producing fine runs and only brave defence by CRICC prevented the home side increasing their lead.

Cowbridge made a number of changes early in the second half and CRICC now began to pressure their opponents but excellent tackling by Duncan Ace and Toff Patel kept the visitors at bay.

The final ten minutes belonged completely to Cowbridge as Cae Evans scored his second try and Dan Bunney completed the scoring by crashing over in the corner to complete a fine win for Cowbridge who remain unbeaten.

ML

CALLING ALL CLUB OFFICIALS!
Send your sports reports, and any other news items, to ggem@internet-today.co.uk

Rhoose Lifeguards are top Welsh club after two days of fierce competition

AFTER two days of strong competition at the Welsh Surf Lifesaving Championships held in Llangennith near Swansea, Rhoose won the Junior and Ski Aggregate Trophies.

The youth team gained first place, the senior team third place and together with the Masters Championship win, Rhoose Lifeguard Club came first overall to retain the Ocean Wilkinson Sword for the third consecutive year.

The club now holds both the Ocean and Stillwater Wilkinson Swords, together with the Superclub Trophy.

Medal winners: James Grandfield (Open): Bronze Surf Swim, Bronze Double Ski, Bronze Rescue Tube; Simon Perry (Open): Bronze Double Ski, Bronze Rescue Tube; Lana Evans (Open): Silver Board Rescue, Silver Rescue Tube; Tanara O'Neill (Open): Silver Board Rescue, Bronze Double Ski, Bronze Board; Leanne Martlew (Open): Gold Beach Sprint; Lucy Curtis (Open): Bronze Double Ski; Kathryn Worth (Open): Silver Rescue Tube; Ladies Beach Relay (Open): Gold; Ladies Ski Relay (Open): Silver and Bronze; Charles Grandfield (under-19): Gold Surf Swim, Gold Board Rescue, Gold Ocean Man, Silver Double Ski, Gold Rescue Tube; Rhys Perry (under-19): Bronze Surf Swim, Gold Board Rescue, Bronze Flags, Silver Double Ski , Gold Rescue Tube; Robbie Thompson (under-19): Bronze Ski, Silver Flags, Gold Double Ski; Jack Giddings (under-19): Gold Double Ski; Lana Evans (under-19): Gold Surf Swim, Gold Board Rescue, Gold Ocean Lady, Silver Double Ski, Gold Rescue Tube; Lucy Curtis (under-19): Gold Board Rescue, Gold Ski, Bronze Flags, Gold Double Ski; Emma Cordy (under-19): Silver Ski, Silver Double Ski; Storm Morham (under-19): Bronze Ski, Gold Flags, Silver Beach Sprints; Eloise Neighbour (under-19): Gold Double Ski, Gold Rescue Tube, Bronze Board; Chad Bremner (under-16): Gold Double Ski, Silver Rescue Tube; Luke Giddings (under-16): Gold Double Ski, Silver Rescue Tube; Dan Owen (under-16): Silver 1K Run; Luis Evans (under-16): Bronze Surf Swim; Tegerian Young (under-16): Bronze Ski, Gold Double Ski; Anthea Young (under-16): Gold Double Ski; Kieran Knowles (under-14): Silver Surf Swim, Silver Ski, Gold Ocean Man, Silver Flags, Bronze Beach Sprint, Gold Double Ski, Silver Rescue Tube, Gold Board; Jamie Sugden (under-14): Gold Ski, Bronze Ocean Man, Gold Double Ski, Silver Rescue Tube; Sam Thompson (under-14): Gold Flags, Gold Beach Sprint; Ben Owen (under-14): Gold 1K Run, Silver Board; Rowan Miller (under-14): Bronze Double Ski; James Wadey (14): Bronze Double Ski; Kathryn Gardner (under-14): Gold Ski, Silver Ocean Lady, Gold Double Ski; Caitlin Young (under-14): Gold Double Ski; Lauren Williamson (under-14): Silver Surf Swim, Bronze 1K Run, Silver Board; Laura Braggins (under-14): Bronze Rescue Tube; Tayla Edgerton (under-14): Bonze Rescue Tube.

Team medals

Under-19 Sprint Relay: (Team A) Gold; Under-14 Sprint Relay: (Team A) Gold; Junior Boys Board Relay: Silver; Junior Girls Board Relay: Bronze; Junior Boys Ski Relay: Gold and Silver; Junior Girls Ski Relay: Gold; Junior Boys Taplin: Bronze; Junior Girls Taplin: Bronze.

Rhoose lifeguards is now the highest ranked Welsh Club and, out of 43 member clubs, is ranked fifth in Great Britain. Once again, this shows the talent and commitment from a relatively small club against the larger clubs from the rest of the country.

Congratulations to all members of Rhoose Lifeguards for achieving such a high position and standard on this National stage. You are a credit to Surf Lifesaving in Wales and Great Britain.

EE

RIGHT: Two swords and a trophy for Rhoose.

CARDIFF & THE VALE OF GLAMORGAN SCHOOLS' ATHLETICS ASSOCIATION

Bryn Hafren School hosts cross-country league

VALE schools made the most of the return to 'home soil' for the first of the Cardiff & the Vale of Glamorgan Schools' cross-country league fixtures for girls.

Last year, work on the all-weather area prevented the fixture from being held at Bryn Hafren Comprehensive School, but, with the work now completed, more than 500 girls turned up for this first of three league meetings – and Vale schools responded by fielding just under 200 pupils.

In the individual competitions, Vale pupils made their mark with victories in the year-7 and senior competitions, on a day when all three course distances were short, and the weather was dry and sunny.

Seren Allin made an excellent impression in the year-7 race, winning by 25 seconds from Caitlin Xerri (Cardiff High) and then claiming a second success by spearheading a narrow team success for her Cowbridge squad, who got the better of Vale rivals Bro Morgannwg by only four place points.

In the senior girls' race, for pupils in years 10 and above, Vale athletes claimed a clean sweep of the first three places. Bethan Daw (St Cyres, year 12), last season's senior points winner, extended her sequence of wins to three, finishing ahead of year 10 Megan Osborne (Llantwit), the leading points scorer at under-14 in 2009/10, and Eloise Laity (year-12), who is now competing for Stanwell.

At under-14, year-9 Erin Hayes (Llantwit) was the top placed Vale pupil, finishing second behind Welsh Schools international Kate Seary (Whitchurch, year-9).

In the two older team competitions, Cowbridge are now handily placed having finished second to Whitchurch at under-14 and in a similar position behind Radyr in the seniors.

Stanwell will have been encouraged by their third place at year-7, only 14 points behind the Cowbridge six, and fourth at under-14, while Bryn Hafren, the hosts for this fixture, gained top 10 places in the under-14 and senior sections.

The second league fixture took place at Trelai Park in Cardiff, and that venue will also be used for the South Wales Regional schools' championships, on the afternoon of Tuesday, November 2.

The last of the major schools' fixtures this term will be held on Saturday, November 20, at Penlan, Brecon. In his volunteer post as the schools' national cross-country secretary, former Llantwit pupil Derek Osborne, now teaching at Llandrindod in Powys, will be organising the 34th Welsh Schools Inter Schools cross-country championships on that date.

Results of Vale pupils and teams

Senior Girls – under-19 (3130m) – 63 finishers (27 Vale pupils): 1 Bethan Daw (St Cy) 12:46; 2 Megan Osborne (Lwt) 13:00; 3 Eloise Laity (Stan) 13:12; 8 Cerri-Anne Santos (St Cy) 13:48; 9 Fiona Bray (Cow) 14:18; 11 Miriam Bennett (Cow) 14:23; 12 Danielle Green (StRichG) 14:40; 14 Rachel Bradshaw (Cow) 15:11; 16 Anthea Young (Lwt) 15:16; 20 Katie Wynne (Cow) 15:18; 22 Bethan Yapp (Bro M) 15:24; 25 Lisa James (Bro M) 15:35; 27 Bethan Allman (Cow); 33 Catherine Gardner (B Haf); 37 Holly Preece (Cow); 38 Eleri Phillips-Griffiths (Bro M); 41 Chloe Webber (B Haf); 49 Alyson Bater (Cow); 50 Hannah Jones (B Haf); 52 Cara Francis (StRichG); 55 Jodie Price (B Haf); 57 Megan Porter (Bro M); 58 Leah Kirby (Bro M); 59 Zoe Hodgekinson (B Haf); 61 Christina Sherring (StRichG); 62 Josephine Goldthorpe (StRichG); 63 Kirby Redrup (B Haf).

Team: 2 Cowbridge 266; 6 Bryn Hafren 83; 7 Bro Morgannwg only 5 finishers; 8 St Richard Gwyn only four finishers; 9 Llantwit Major only three finishers; 11 St Cyres only two finishers; 12 Stanwell only one finisher.

Under-14 Girls (2450m) – 249 finishers (97 Vale pupils): 2 Erin Hayes (Lwt) 10:15; 4 Kate Coker (Stan) 10:30; 12 Ana Mirza-Davies (Stan) 11:17; 15 Nadine James (Cow) 11:32; 16 Annabel Curle (Cow) 11:38; 18 Maisie Squire (Stan) 11:40; 19 Rebecca Thomas (Cow) 11:40; 20 Alice Tudor (Cow) 11:41; 23 Rachel Cosier (B Haf) 11:49; 25 Tillie Carter (B Haf) 12:00; 28 Jordan Carpenter (Cow); 29 Ela Emyr (Cow); 35 Ffion Davies (Bro M); 36 Lauren Blake (StRichG); 40 Elin Phillips-Bowen (Bro M); 44 Brooke Langdon-Cryer (Cow); 46 Laura Gale (Stan); 47 Chloe Lewis (Stan); 49 Caitlin Young (Bro M); 57 Gabrielle Cuddihy (West); 60 Emily Guerico (B Haf); 63 Morgan Avient (Lwt); 64 Sally Gabling (Cow); 66 Charlotte Webber (B Haf); 69 Ellie Hicks (Lwt); 80 Keirney O'Dare (Lwt); 81 Sophie Moore (B Haf); 84 Elisa Prothero (West); 86 Sioned Prothero (West); 91 Tizzie Birch-Hirst (Stan); 93 Roby Tait (Bro M); 95 Sally Wheatley (St Cy); 96 Meg Langdon-Cryer (Cow); 97 Heulwen Hill (StRichG); 100 Ffion Hopkin (Cowbridge); 103 Holly Howells (Lwt); 104 Sophie Thomas (Cow); 107 Kayla Huggins (B Haf); 112 Alice Walton (Bro M); 114 Evie Williams (Cow); 117 Megan Thompson (Bro M); 119 Eleanor Morgan (Cow); 121 Meg Thorne (Cow); 122 Suzie Collins (Stan); 124 Milly Williams (Stan); 125 Megan Dafydd (Bro M); 126 Molly Brown (Lwt); 130 Megan Davies (Bro M); 136 Hannah Lister-Sims (Cow); 137 Tayla Edgerton (Bro M); 139 Sophia Swaffield (StRichG); 140 Lara Tombs (Lwt); 146 Moruena Osmond (Bro M); 148 Tamara Pitt (Lwt); 152 Jenny Arthur (Stan); 153 Erin Clissold (Stan); 155 Sarah Arnold (B Haf); 159 Mali O'Donnell (Bro M); 161 Melissa Gray (Lwt); 164 Bethan Sullivan (Bro M); 168 Laura Spencer (B Haf); 169 Chelsea Sirack (Bro M); 171 Ellie Eddy-Williams (Cow); 172 Lauren Guerico (B Haf); 175 Katie Rowly (B Haf); 176 Charlie Bowen (Bro M); 178 Ruth May (Lwt); 179 Cerys Smith (B Haf); 180 Jessica Morgan (Bro M); 181 Delana Davies (Bro M); 183 Cerys Jenkins (Bro M); 184 Dominique Mears (Cow); 186 Megan Mininee (Cow); 187 Laura Young (Lwt); 188 Morgan Davies-James (B Haf); 191 Naomi Lewis (St Cy); 192 Morgan White (StRichG); 193 Niamh Gallagher (Cow); 196 Leah Cunningham (St Cy); 197 Olivia Brown (Cow); 198 Abbie Dee (StRichG); 202 Kelsey Penikett (StRichG); 205 Phoebe Cocks (St Cy); 207 Alesha O'Connor (St RichG); 208 Rhian Thomas (Lwt); 209 Shona Taylor (Lwt); 211 Michela Winton (B Haf); 213 Annie Jones (B Haf); 221 Isabella Podesta (St Cy); 223 Autumn Boswell (St Cy); 224 Eleanor Bishop (Cow); 229 Devon Perry (Lwt); 230 Lauren Senior (B Haf); 232 Ellie Jones (B Haf); 235 Rebecca Gill (StRichG); 239 Abbie Halford (StRichG); 240 Madison James (StRichG).

Team: 2 Cowbridge 1,373; 4 Stanwell 1,282; 8 Bryn Hafren 1,138; 11 Llantwit Major 1,057; 12 Bro Morgannwg 1054; 15 St. Richard Gwyn 636; 17 St Cyres 369; 20 Westbourne only three finishers.

Under-12 Girls (2050m) – 203 finishers (83 Vale pupils): 1 Seren Allin (Cow) 8:04; 5 Emily Wooster (Stan) 8:48; 13 Seren Marsh (Stan) 9:34; 14 Kelsey Peterson (Bro M) 9:38; 15 Annabelle Birch-Hurst (Stan) 9:40; 16 Nia Fenn (Bro M) 9:42; 17 Lowri Jones (Bro M) 9:53; 18 Chloe Huggins (B Haf) 9:45; 20 Ffion Vickers (Cow) 9:52; 27 Rebecca Humpage (Stan); 28 Maya Bell (Cow); 30 Maisie Aviant (Lwt); 31 Cerys Bradshaw (Cow); 36 Chloe Bird-Anning (Bro M); 40 Niamh Jenkins (Cow); 42 Libby Evans (Bro M); 43 Ellen Dafydd (Bro M); 44 Alicia Thomas (Cow); 46 Tesney Sewell (Bro M); 47 Tayla Garish (Bro M); 51 Megan Lim (Stan); 53 Rhian Jones (Bro M); 56 Emma Hall (St Cy); 57 Elizabeth Jervis (Cow); 58 Gemma Viney (Cow); 59 Belinda Wallace (Bro M); 66 Sophia Harpin (Cow); 67 Georgia Logan-Davies (Stan); 68 Jessica Thompson (St Cy); 70 Mia Sexton (Cow); 75 Ffion Thomas (Bro M); 77 Daisy Williams (Stan); 78 Rachel Saislbury (Stan); 79 Ffion Edwards (Lwt); 80 Bethan Wride (Lwt); 86 Victoria Bennett (Cow); 88 Rosie Welsh (B Haf); 90 Chelsea Western (StRichG); 91 Kelly Melinn (B Haf); 92 Isobel Smith (Cow); 94 Alice Griffiths (Bro M); 97 Bethan Herman (B Haf); 99 Eleanor Farr (Cow); 100 Shakira Meghji (Cow); 103 Emily Ross (Stan); 107 Jessica Walton (Lwt); 108 Lucia Hanlon (Bro M); 112 Charlie Robinson (Bro M); 113 Carys Hudson (St Cy); 116 Nia Atwell (Bro M); 120 Megan Aspell (Lwt); 121 Nia Rees (Lwt); 122 Jessica Wyatt (Lwt); 123 Chloe Thomas (Stan); 125 Lucy Sibert (Stan); 126 Amber Shanahan (Lwt); 128 Chloe Mitchell (West); 130 Mali Vesey (St Cy); 131 Mackenzie Ott (West); 132 Chloe Johns (Bro M); 134 Emily Vavoulas (Lwt); 135 Nicole Catton (B Haf); 137 Ella Robertson (Stan); 140 Claudia Parry (B Haf); 141 Rosy Ellis (StRichG); 142 Donna O'Hare (StRichG); 146 Holly Lashmar (B Haf); 149 Ellie James (St Cy); 151 Megan Newman (B Haf); 152 Megan Bell (B Haf); 153 Izzy Harris (St Cy); 156 Lowri Ellis (Bro M); 165 Lia Perry (Lwt); 167 Megan Mcintyre (Bro M); 169 Catlin Leach (B Haf); 171 Lucy Margus (B Haf); 172 Hannah Kerslake (B Haf); 173 Lana Ray-Parsons (Lwt); 188 Georgia Shanahan (Lwt); 193 Shola Taylor (StRichG); 195 Carys Shephard (StRichG); 196 Danielle Roderick (St Cy); 197 Phoebe Stacey (St Cy); 200 Emily Clissett (StRichG); 201 Libby Gillard (StRichG); 202 Leah Dutton (StRichG); 203 Katheryn Collis (Lwt).

Team: 1 Cowbridge 1,060; 2 Bro Morgannwg 1,056; 3 Stanwell 1,046; 12 Llantwit Major 687; 13 Bryn Hafren 655; 14 St Cyres 555; 15 St Richard Gwyn 263; 24 Westbourne only two finishers.

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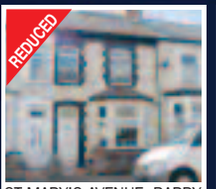
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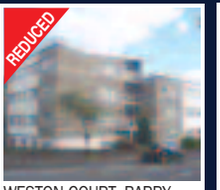
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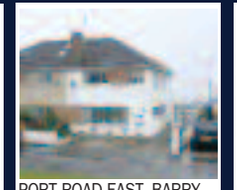
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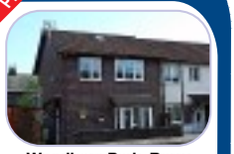

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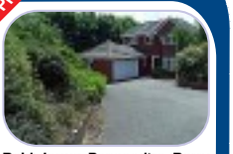

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LETTINGS

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- Central heating
- Double glazing
- Warden and alarm

Rent £96.86 per week incl. service and alarm charges

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- Central heating
- Double glazing
- Warden and alarm

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H4U Reference 1055501
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- Double glazing

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- Double glazing
- Community alarm

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- Ground floor
- Gas central heating
- Double glazing

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- Double glazing

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PARKLAND WALK, BARRY

H4U Reference 219510
Suitable for a single person or couple over 55 – no pets
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- Ground floor
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- Double glazing
- Warden and alarm

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- Double glazing

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- Gas central heating
- Double glazing
- Parking

Rent £75.10 per week including service charge

FEEDBACK

Address	Bids	Band	Reg.
Aneurin Road	125	Gold	16/07/10
Arthur Davis Ct	5	Silver	13/09/10
Avon Close	27	Gold+	16/02/10
Awberry House	28	Gold	19/04/10
Burns Crescent	85	Gold	14/06/10
College Place		WITHDRAWN	
Cresswell Court	33	Gold	20/08/10
Cwm Parc	13	Silver+	13/08/10
Cwrt Hortop	59	Gold	03/07/09
Dawen Close	91	Gold	26/03/10
Fairoaks	9	Gold	12/07/10
Gwyn James Ct	2	Bronze	23/10/06
Hafren Rd		WITHDRAWN	
Heol St Cathwg	38	Gold+	10/08/10
Heritage Drive	119	Gold	20/04/10
Parkland Walk	16	Bronze	06/03/06
Redlands House	2	Gold	24/09/10
South Walk	36	Gold+	22/07/10
Ty Cerrig	9	Silver	12/07/10
Vere Street	29	Gold	30/04/10

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Rotarians enjoy their day of golf (all for a good cause!)

A WEEK before the Ryder Club at the Celtic Manor, Dinas Powys Rotary Club held its annual charity golf day at the St Andrews Golf course on Friday, September 24.

The weather held to produce a great day of golf for all those that entered, and a team from Elmatic Ltd of Cardiff were the winners.

Seen presenting the trophy to the team members of Elmatic is Rotary Club president, Rotarian Dennis O'Shea.

Dinas Powys Rotary Club would like to thank all the teams that entered and especially Rotarian John Edmonds of St Andrews Golf Club, who kindly sponsored the day and whose assistance helped raise more than £300 towards local charities.

The day ended with a delicious buffet curry meal prepared by the chef at the St Andrews Golf Club.

CJ

Europe claim the 'alternative' Ryder Cup trophy!

A member of Brynhill Golf Club is also secretary of The Rovers Golf Society, based in Cambridgeshire.

Four years ago, when the Ryder Cup was held in Ireland, 12 society members played an alternative match against 12 Americans, which the Americans won!

This year, with the Ryder Cup being held in Newport, a return match was arranged in west Wales. Having increased its membership to 16, rooms were needed for 32 players but with hotels fully booked, Fontygary Caravan Park came to the rescue before and after the trip to Ceredigion.

A practice day was held at Brynhill Golf Club where captain John Kirkpatrick and president Peter Hayman are seen in the picture with Team USA captain Tom Doyle from York, Pennsylvania on the left, and Martin Moulds, Team Europe captain, from Warboys, Cambs on the right.

A Welsh male voice choir and folk-dancers were arranged for later and with Clarks Pie on the menu, a great night was had by all.

Over the three days of 'The Alternative Ryder Cup' held in Tenby and Cardigan, the Europeans were as successful as their professional counterparts – winning 17-15.

IJ

Comprehensive school's very own skate park!

5x60 Skateboard Club at Barry Comprehensive School

BARRY Comprehensive School pupils are the first in the Vale to have their own skate park.

Every Thursday after school, 5x60 officer Ben Williams runs the skateboarding club which he set up at the request of pupils.

Ben said: "Pupils take the lead on setting up the equipment and running the session as they want".

There are strict safety rules in force with all skateboarders required to wear a helmet and pads, which are provided free of charge by the school, along with the ramps and rails.

Ben is hoping to acquire a stock of skateboards to encourage beginners to attend and to reward regular attendees with a trip to a local skate park.

Skateboarding is the latest in a long list of activities available at the school as part of the 5x60 initiative. It is funded by the Welsh Assembly Government and run by Sport Wales. It aims to get secondary school pupils more active more often by encouraging them to exercise for at least 60 minutes, five days a week.

AC

'Tireless years of fundraising'

NSPCC honours local stalwarts Valmai and Gladys

LEFT: Sara Edwards with NSPCC merit award recipient Valmai Hunter.

TWO dedicated Vale volunteers have received official recognition for their tireless years of fundraising in aid of NSPCC Cymru/Wales.

Valmai Hunter was presented with a merit award, and Gladys Sturgess was presented with a loyal service award by the NSPCC's Cardiff branch president, Sara Edwards, at an annual general meeting on Thursday, September 23.

Valmai has been an active and dedicated volunteer for the NSPCC Barry Central committee for the past 27 years, and held the position of ticket secretary from 1985-2010.

Gladys has volunteered for the children's charity for the past 50 years, and is a valued member of the Sully district committee, having held the position of honorary treasurer from 1989-2002.

TV and radio presenter, Sara Edwards, said: "I was very proud and honoured to have been able to present these merit awards to Valmai and Gladys. It's inspirational to have such loyal and hardworking members in our branch."

Jo Leonard, NSPCC community fundraising manager for South East Wales, added: "The NSPCC relies on our dedicated volunteers to help raise funds to support our services, such as ChildLine and the NSPCC Helpline. Both Valmai and Gladys are very worthy recipients of these awards."

LEFT: Sara Edwards with NSPCC loyal service award recipient Gladys Sturgess.

Scrum-half Lee Walters breaking through to score.

Mills the hero as Sports earn easy victory

SULLY SPORTS	**48**
TONGWYNLAIS	**15**

SULLY Sports entertained Tongwynlais in a friendly at South Road and gave the home crowd a feast of running rugby.

The home team made good use of their increasing squad by giving several new additions their first start of the season, with locks Rhys Swinfen and Andy Stillman coming into the line up, plus the Szuchnik brothers, Nathan and Alex, providing pace on either wings.

The home side started well, dominating up front both in the tight and loose. Prop Jody Velda continued his good form from last week with some pile-driving runs, setting the foundation for No 8 Scott Mills to attack the blind and go over for the first try.

The visitors stepped up their game and matched Sully Sports at the set piece, drawing level with a quick tap penalty.

Sully maintained the momentum and freed up space out wide, allowing winger Nathan Szuchnik to touch down in the corner for his first try of the club.

This spurred on Tongwynlais to retaliate and again, through silly errors, they sneaked over to bring the score to 10-all at half-time.

The second half saw Sully Sports fire on all cylinders with some great off loading between forwards and backs, and Mills powered through for another try.

The home side had set the tempo for the rest of the match, and tries started to flow, flanker Jake Haysham touching down for a deserved try.

Lee Walters turned defence into attack by turning over his opposite number and bulldozing through for a score, while Mills again made another trademark carry to complete his hat trick as the game opened up.

He claimed a fourth, and the score from flanker Justin Di Tomaso, who, despite breaking the club record for the quickest sin binning (which ironically he held), returned to touchdown following some great ball carrying from the forwards.

Another great result for Sully Sports, producing some fine running rugby by all the players involved, raising team spirit and confidence ahead of next week's return to league action away to CIACS.

Team: M Saunders, N Szuchnik, W Jones, P Mees (captain), A Schuznik, M Mees, L Walters, D Stillman, J Newland, J Velda, R Swinfen, A Stillman, D Russell, J Haysham, S Mills. Reps: I Yasin, R Eason, M Angrove, P Miller, J Thomas, J Di Tomaso, L Booker, D Stillman. **JDT**

Stags celebrate youth presentation in some style!

The BACC under-11 team celebrate title glory with the Under-11B Trophy.

RIGHT: BACC under-11 captain, Lewis Davies being presented with the Under-11B Trophy by First XI captain, Nathan Baker.

LEFT: BACC under-9s Wesley Baker steps up to collect his medal.

BARRY Athletic CC held its annual youth presentation at the Barry Oval on September 25.

It was an action-packed night with lots of awards to acknowledge the success from the Stags' youth teams, where the under-11 team celebrated title glory in the under-11B league after defeating rivals, Sully Centurions CC, in the final.

There was no shortage of success in the under-9 team either, as they celebrated third place in the under-9 league in what was their first season of cricket.

A massive thank you to the coaches, Peter Hellyar (under-9 coach) and Scott Hopkins (under-11) for guiding the teams through the season.

A reminder to all club members that the AGM will take place on October 21, at the Barry Oval and it will start at 7pm.

In addition to the AGM, the senior presentation will take place at the Barry Oval on October 30, also starting at 7pm.

AB

RIGHT: Tom Jenkins with under-9 batsman of the year.

BARRY RFC ROUND-UP

100 per cent record for the second team

Barry Second XV 32
Llanrumney Second XV 7

BARRY Second XV continued their 100 per cent record with a fine home victory over Llanrumney Second XV in the league, extending their winning run to seven.

After a tight opening, it was left to the recalled Ashley Adams to score a memorable individual try to set the home team on their way.

Adams added another to show his worth after being drafted into the starting line-up, while Grantley Harris also crossed the line.

Substitute Joe Gallivan was outstanding after coming on and put himself on the score sheet for Barry to record a bonus-point win.

The reliable boot of Adam Lee added 12 points, and Barry came out as 32–7 winners.

Team: Lee, Adams, Harris, A Evans, Poole, J Williams, Graham, Elsworth, Turnbull, Lakin, Myers, McTavish, Thomas, Rolfe, J Evans; subs: Gallivan, D Williams, Dutton, Houldey.

Man of the match: Adams.

Cwmbran RFC v Barrians

THE Barrians, playing only their second game, were soundly beaten by a well-drilled Cwmbran side consisting of mainly first team players.

Player-manager Ken Chow was forced to reshuffle his pack once again as his list of injuries lengthened.

That, coupled with late withdrawals, players failing to turn up, and late call ups by the first and second teams, meant that he had to make ten changes to last week's starting line-up.

Chow handed debuts to two players and was forced to put himself on the bench after failing to shake off a thigh injury.

With a skeleton squad, the game always appeared to be a mountain to climb.

The home side produced some scintillating fast flowing rugby to score early tries, and their dominance continued throughout the first half as Barrians struggled to contain their hosts.

The effort by the visitors was outstanding but they were mainly restricted to defending their line heroically, with Adam Wheeler colossal in the tackle.

Richie Williams showed some enterprise when he did have the ball in hand, and kicked well to give his side some much-needed territory.

Barrians did fare better in the second half but it was not enough to deny Cwmbran a huge win.

All credit, however, should go to the players who turned up and gave it their all.

Team: Boffy, Avaient, Evans, Wheeler, M Jones, R Williams, Hellyar, Leighton Jones, Bergeron, Hargodan, Manley, Lundy, L Jones (c), Hitchcock, J Williams; subs: Chow.

Man of the match: R Williams. **KC**

Under-8s gain bragging rights

Barry under-8s 6
Dinas Powys under-8s 4

BARRY entertained Dinas on a windy Sunday morning at Barry Rugby Club.

In the first of two games, Barry ran out impressive winners as the pace of Cole Saunders (2) and Dafydd Parry-Griffiths (2) proved to much.

Ethan Galsworthy and Iestyn Escott added two further tries to give the home side a 6–4 victory.

Brandon Phillips, Jack Couch, Elliot Brown, Thomas Pugh and Connor Denbury all played their part as the home side were keen to get one over their neighbours and from start to finish they gave Dinas little space and time in which to play.

In the second game, Barry were less fortunate as they lost 7–2, with tries from Zeb Fahiya and Jack Reid.

Barry showed some great phases of play involving Rhys Rendell, Zac Fifield, Harrion Gould, Isaac McBride, Dylan Wall and Megan Boffy.

Well done to all players who took part on Sunday from both clubs.

GYMNASTS TUMBLE TOWARDS SUCCESS!

LEFT: Barry gymnasts pictured at the Welsh Tumble Championships in Haverfordwest.

BARRY GYMNASTS TAKE A TUMBLE – AND LIKE IT!

BARRY gymnasts had a fun day of tumbling at the Welsh Tumble Championships, which were held in Haverfordwest recently.

It was the first time gymnasts from the club participated in the event and they had a successful time.

Olivia Parry competed in the 13/14 years intermediate category and somersaulted her way to the top of the podium, claiming the gold medal.

There was similar success for Tia Ali in the 9/10 years novice category when she claimed the title, and also assisted the Barry team in claiming team gold together with Catrin Long, Caitlin Lord and Freya Parker. Catrin Long added to her medal tally by placing third overall.

Elisha Watkins, Ffion Jackson, Megan Sully and Sophie Birkin also competed in this age category and performed some excellent tumbles.

Nia Fenn represented Barry in the novice 11/12 years category and did herself, and the club, proud by placing individual third.

The fun continued for Barry's 9/10 years improvers team of Alana Stokes, Ellice Stockford, Nia Davies and Seren Mirza Davies, who claimed the bronze medal in the team event.

Not to be outdone by their older clubmates, the trio of Gabriella Hooley, Lucy Miles and Tesni Gardiner also claimed the bronze medal in the 8 years novice team event.

Emma Worrall competed in the higher level intermediate 15+ category and performed well to be placed fourth.

Well done to all gymnasts and coaches Aimee McCarthy, Cath Watkins, Karen Davies, Leanne Beard and Stacey Webb. **KD**

Cadoxton Imps AFC round-up

The Imps go giantkilling against Premier Division Bassett Lakers

Barry Cup First Round
Cadoxton Imps AFC 2
Bassett Lakers 0

CADOXTON Imps AFC's blended Division 1 and Division 2 team produced an excellent result in the first round of the Barry Cup, knocking out Bassett Lakers from the Premier Division.

The Imps started strongly and created early chances but couldn't find the net from open play, so it was up to Wilson Diaz to coolly slot home from the spot following a late challenge in the box.

Imps winger Owen Pursall hit the post with one effort but then put the Imps into a 2–0 lead with a well taken right foot finish slotted past the Bassett keeper.

The Imps midfield partnership of Gareth Evans and Harvey Johnson did the required job against an equally forceful Bassett midfield.

The chance of a third goal went begging after a second penalty was awarded to the Imps but Dan Aadland put his spot kick over the bar.

The score remained 2–0 to the Imps at half time.

For the second half, the Lakers made a significant change with Nathan Gratton swapping the keeper's jersey to move into midfield, where his strength and skill immediately brought about a thunderbolt strike that luckily for the Imps went narrowly over the crossbar.

The match was more evenly balanced in the second half, with Bassett's Nathan Gratton seemingly involved in everything, but the Imps squandered further good chances to put the game beyond doubt.

The Imps back four of Ryan Pike and Dave Hazlewood (Division 1) and Richard Holley and Nicky Williams (Division 2) combined well throughout the game, and with Imps Division 2 keeper Steve Newman making several key saves, they were able to keep a clean sheet.

Late appearances by Mitchell Newman and Rhys Tinsley added some additional energy to make sure the Imps ran out as well deserved 2–0 winners at full time.

Island Marine 1, Cadoxton Imps AFC 3 (Division 2)

IT was back to the bread and butter of the league for the Imps Division 2 team.

The game against Island Marine was a top versus bottom affair, but the Imps were never able to sit back in comfort until the final whistle.

Several good moves were wasted by poor finishing, but when Owen Pursall was brought down in the box, the penalty was coolly slotted away once again by penalty king Wilson Diaz.

Island Marine made a strong start to the second half, first hitting the crossbar and then equalizing soon after.

The Imps defenders showed the strikers what to do as a great run down the left wing, followed by a floated cross from left back Ryan Jones, found the head of right back Nicky Williams in the Island Marine box, who glanced the ball home to put the Imps back in front.

Soon after, Mitchell Newman made it 3–1 to take the pressure off the Imps.

Island Marine fought all the way to the final whistle, and did not give up even when they were down to 10 men when their centre half was sent off for his second bookable offence, but in the end it was the Imps who took all 3 points and they stay top of Division 2.

Cadoxton Imps AFC 0, Inter Penarth 1 (Division 2)

THE Imps lost their 100 per cent record in an ill tempered affair against a very physical Inter Penarth.

Several key players were missing from the Imps line up but it was the Imps who squandered several chances to win the game.

Although Inter Penarth only seemed to have a handful of chances throughout the game, they scored the vital goal to break the deadlock midway through the second half.

A priceless point seemed possible for the Imps when they were awarded a last minute penalty after Mark Lewis was brought down in the box but Andrew Carrel's spot kick went tamely into the keepers hands to see Inter Penarth take all 3 points, but leave Imps top of the league.

Cadoxton Imps AFC 0, Cowbridge Town 1 (Division 1)

IMPS' Division 1 team have struggled so far this season after six key first team players from last year's squad.

However, credit to the remaining players and management as they have struggled on and with several new signings, they showed positive signs in this game of a team finally gelling together.

Cowbridge Town are one of the better teams in this division but the gulf in league places was not evident from this performance where the Imps held their own throughout the game.

The Imps had chances of their own to have won this game, but frustratingly a well deserved point didn't materialise as Cowbridge scored late on to take all 3 points.

On this performance, the Imps look to have turned the corner and if the full squad is available every week then better results should hopefully start coming their way. **MP**

Mixed fortunes for chess club

THE dice have rolled erratically for teams from Barry Chess Club in East Glamorgan Chess League matches played during late September and early October.

The Barry Quarks took another pasting when they visited North Cardiff Ravens, who mercilessly dispatched Barry's fourth team 4½-½ in this division 4 encounter.

After two heavy defeats for his squad, it came as no great surprise when captain Phil Jones could only muster four hardy masochists for the Quarks next trip to play Rhondda.

Ironically, although having to default board 5 and losing on board 1, the team somehow conjured up the wherewithal to win the remaining three boards and emerged from the encounter with a much-needed, morale-boosting 2-3 victory.

Barry's second division representatives, The Camelots, had only one fixture during this period when they welcomed Pontypridd Phoenix to The West End Club.

Despite a few anxious moments, wins on boards 1, 4 and 5, a draw on board 3, and a solitary loss on board 2, gave the hosts a healthy 3½-1½ match victory, and reassured captain Ken Hannah that the members of his team were following his instructions and not his example.

The club's first team, The Bosons, travelled to play last season's division 1 champions, Bridgend Timelords.

Although slightly weakened after the departure of their top player, Bridgend nevertheless proved too strong for Barry's best on this occasion and chalked up a 3-2 win in which Barry's Dave Parsons notched up the visitors' only full point.

Undaunted, The Bosons bounced straight back in their next match when entertaining Caerphilly Kings.

Despite losing on boards 1 and 2, Barry's strength in depth yielded wins in the remaining games and allowed them to emerge on the right side of a very satisfactory 3-2.

Barry's third team, The Gambits, had an evening which they would like to forget when Pontypridd's division 3 representatives, The Marauders, came calling.

There were no excuses for the hosts' under-performance as a painful display of synchronised blundering gifted The Marauders success by an embarrassing ½-4½.

To conclude this chapter of mixed fortunes, The Quarks were in action again, playing a home match against a youthful Bridgend SG1.

Barry's Phil Thompson drew first blood with a quick win on board 5. Draws followed on boards 2 and 3, allowing Phil Jones to assure a positive result for Barry with a win on 4.

Things were, however, looking grim for the hosts on board 1 until Bridgend's representative, with an optimism born of youth (and in no small way reinforced by a totally overwhelming position on the board!) became a little too impetuous.

Sporting a cheesy grin that would have put the cheshire cat to shame and, for once, almost speechless, Barry's Sam White escaped with a draw to give The Quarks a pleasing 3½-1½ victory.

Barry Chess club meets every Thursday evening at 7.30pm on the first floor of The West End Club, St Nicholas Road, Barry. Anyone with an interest in chess is welcome to visit for a chat or a friendly game with one of the club's regulars before perhaps considering playlng regularly in league matches.

KEVIN GANDY

FUN RUN APPEAL

DIABETES UK Cymru, Marie Curie Cancer Care and St John Cymru Wales are asking people to support their first fancy dress festive fun run, sponsored by Vale Healthcare Ltd, along Penarth seafront on Sunday, December 12 to raise vital funds.

Starting at 2pm next to the clifftop playground, people can either run or walk the 3km (two-mile) course for any of the three charities in Christmas fancy dress.

For further information, or to download an information form, visit www.valeofglamorgan.gov.uk/penarthfunrun or call 029 2042 6068.

LOCAL 'Y DANCE' GROUP TRAVEL TO GERMANY AND TAKE ON THE WORLD!

The group in Germany.

ABOVE: The Wales squad take time out from dancing to pose for this picture.

ON September 28, more than 100 young dancers from across Wales attended the International Dance Organisation (IDO) World Hip Hop Championships in Bochum, Germany and competed in solo, duet, team and squad events over the five-day competition.

Seventeen dancers from YDance, Barry were among the Welsh squad, and the standard of dance activity was high with dancers from 42 countries all competing to be the best in the world.

YDance was represented in the adult duet section by Abbi Bartlett and Sophie Morgan, the junior 'B Boy' solo by Harry Wood and the junior solo section with Nioami Everitt, Myles German, Luke Perry and Yazmin Harcourt.

All dancers performed with confidence and originality against hundreds of other dancers, with Nioami Everitt luckily reaching the quarter-finals.

YDance performed in the junior small group and the adult formation teams and were both ranked.

It was a very good achievement for all the dancers, as it was their first international dance competition. The following dancers performed with ambition and determination alongside their team mates who had competed in earlier divisions – Sam Owens, Ellie Carter, Rhia Dutton, Brooke Clark, Rhian Dwyer, Amber Summers, Chanelle Johnson and Jamie Raisis.

Joely Bradshaw and James Piddock.

YDance teachers Lynne Hughes and Emma Mallam also performed with the young people, showing that they weren't too old to dance for their country either.

Identity – a dance crew from Cardiff, achieved eighth place in the junior formation team, while the Welsh production squad saw 94 young dancers from across Wales perform their circus piece, which took fourth place in the competition.

The whole experience in Germany was phenomenal – just being on stage with all these amazing dancers has given us so much inspiration and we have made so many new friends from across the globe.

The 'Electric Boogaloo' adult section on the last day saw Joely Bradshaw and James Piddock from Cardiff beat many other finalists to take fourth place and the gold trophy back to Wales.

Since qualifying to dance for their country in May 2010, these young dancers from YDance have raised the money themselves through many charity events.

A huge thank you must be given to all who supported our 'Dancing 2 Deutschland' campaign.

Thank you to customers of Morrisons and Waitrose in Barry, Buyology, the Nine Giants Pub, The George Neale Trust, Boomerang+, the Glenbrook Inn, Santander and Barry Round Table for their kind sponsorship, and most of all to the friends, family and community support that these young dancers had throughout the campaign – without you they would not have this wonderful dance experience.

The dancers would also like to thank their tutor, Lee Crowley, for his creative work and commitment during rehearsals for Germany, and thanks must also go out to the parents who chaperoned the dancers while in Germany, and to the Welsh Street Dance Federation organisers Roberta and Chantel Williams – without them the trip would not have happened.

"I would like to congratulate all the dancers across Wales for their outstanding performances at the world championships, and I am so proud that YDance was lucky enough to be part of the Welsh street dance squad!" said Emma Mallam, dance co-ordinator.

For more information on YDance – part of the Motion Control Dance Programme – call 01446 733622 or emma@vibe-experience.com

EM

Councillors want to keep area green

Couns Rob Curtis and Margaret Wilkinson

LABOUR councillors for the Gibbonsdown ward, Rob Curtis and Margaret Wilkinson, have launched an on-line petition which will allow local people an opportunity to sign their petition opposing the planning application to build on White Farm.

All residents need to do is to log onto www.ipetitions.com/petitions/whitefarm

Coun Curtis said: "We need as much public support as possible, so log on and sign our petition to 'Keep White Farm Green', or, if you can spare more time, please write to the planning department of the Vale of Glamorgan Council explaining why you think White Farm should be kept as a 'green lung' for the people of Barry."

Coun Margaret Wilkinson added: "Local residents are showing their support by displaying our posters with 'Keep White Farm Green' written on them. We would like to thank them for their support."

Barry brothers prepare for Afghanistan – in Canada!

BROTHERS from Barry who serve in the same Army unit are taking part in a tough three-month long exercise, 8,000 miles from home on the prairies of Canada in readiness for their upcoming mission to Afghanistan.

Troopers James (aged 20) and Josh Petre (18) are only part of the way through Exercise Prairie Thunder with their German-based regiment, 1st The Queen's Dragoon Guards (QDG) The Welsh Cavalry.

They are playing the 'enemy' against three armoured infantry battle groups that will rotate through the training to testing phases which validate whether or not they are ready for the next level of Mission Specific Training that is Afghanistan focused.

ABOVE: James and Josh Petre.

The Canadian exercise is taking place at the British Army Training Unit Suffield (BATUS) in the middle of the vast plains of Alberta in western Canada.

The whole exercise is based on a fictional scenario to prepare soldiers for operational duty where they have been tasked with patrolling villages, dealing with insurgents and interacting with locals.

The brothers who both attended St Cyres School in Penarth, work on the Combat Vehicle Reconnaissance Tracked (CVRT) range of vehicles.

James is an operator and Josh a driver both in B Squadron QDG.

"I am the radio operator when I am on a Spartan troop carrying vehicle and the gunner when I am on the Scimitar, which has a 30mm automatic weapon system fitted to it," explained James.

"While Josh is the driver, I get to drive the vehicle cross country across the open expanse of the Canadian prairie, which is great fun as well as being very testing, especially at night when you have to drive with no lights on due to the exercise military scenario."

James and Josh, whose parents Mark and Ceri live in St Cyres in Penarth, both went through training at the same time.

"We get on really well as most brothers of similar age do but it has been great seeing my younger brother progress and learn new skills on the exercise.

"We both hope our youngest brother Jake might join the Regiment in the future" added James.

James and Josh are among 1,200 service personnel from 20th Armoured Brigade (The Iron Fist) who are being put through their paces on the best proving ground in the British Army for armoured infantry.

Both James and Josh will shortly take part in adventure training activities with James horse riding in the Canadian Rockies and Josh hoping to go white water rafting, which is sure to be great fun.

Dinas Art Group issues an invite

DINAS POWYS Art Group has a number of vacancies for Monday afternoons from 2.30pm-4.30pm.

The group meets in Dinas Powys Golf Club, Highwalls Road. All abilities are welcomed, at a small friendly group under the guidance of a tutor.

A spokesperson said: "You don't have to draw to become an artist in our group. We paint for relaxation and pleasure.

"So why not come along. You will be made most welcome."

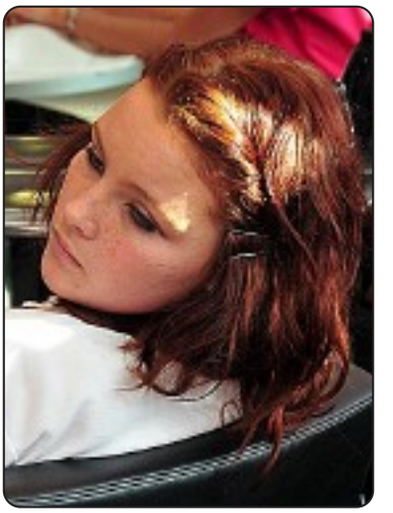
‘BECAUSE WE’RE WORTH IT!’ – PUPILS LEARN BEAUTY BUSINESS SECRETS

BRYN Hafren School recently opened its new beauty salon – a facility for 20 or more students that will handle a wide range of beauty treatments.

Invited for the official opening were Vale AM Jane Hutt, school governors, local councillors and a professional model, Amelia.

A school spokeswoman said that it will provide a first class vocational learning environment, preparing students for the demands in the workplace.

PHOTOGRAPHS by IAN DIXON



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Public Notices

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By order of the Mortgagee in possession we would advise that an offer of £44,000 has been received for the property: 26 High St, Ogmore Vale, Bridgend CF32 7AD. Any persons wishing to make an increased offer should notify the agents: Brighter Moves Estate Agents, Tel 01656 655936 of their best and final offer.

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Articles For Sale

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Public Notice

LICENSING ACT 2003
We, **Cymraeg Vending Ltd,** do hereby give notice that we have applied to the Licensing Authority at (Vale of Glamorgan) Council for the grant of our Premises Licence/Club Premises Certificate at **Dyffryn Tearooms, Dyffryn Gardens, St Nicholas CF5 6SU** and known as **Dyffryn Tearooms.** The application is to: provide alcohol and light entertainment during the normal open hours of 10.00-18.00 and extended during special events, such as open air screening, outside plays and parties, both within the tearooms facility and throughout the Dyffryn Gardens premises where required.
Any person wishing to make representations to this application may do so by writing to the Senior Licensing Officer, Civic Offices, Holton Road, Barry CF63 4RU not later than November 6, 2010. Representation received after this date will not be considered. It is an offence knowingly or recklessly to make false statements in connection with this application, the maximum fine for which a person is liable on summary conviction being £5,000.

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THE VALE OF GLAMORGAN COUNCIL (EAGLESWELL ROAD (PART) LLANTWIT MAJOR) (ROAD CLOSURE) (TEMPORARY) ORDER 2010

The Vale of Glamorgan Council in exercise of its powers under Section 14(1) of the Road Traffic Regulation Act 1984 (as amended), and of all other enabling powers intends in not less than seven days from the date of this Notice to make an Order the general effect of which is as described in the schedules below: -

SCHEDULE 1

1. No person shall cause or permit a motor vehicle to proceed in the location specified in Schedule 2 below.

SCHEDULE 2

Location	Eagleswell Road, Llantwit Major between the Junctions of Monmouth Way (Grid Ref 297977/168804) and Leigh Close (Grid Ref 298096-168677)
Reason	To allow removal and replacement of a railway bridge on behalf of Network Rail.
Duration on	From 8.00 on Friday 22nd October 2010 until 17.00 hrs Sunday 3rd December 2010.
Alt. Route	The signed diversion route for North bound traffic will be at Leigh Close(Grid Ref 298096-168677) proceed south bound to the junction of Boverton Road, Turn Left, Proceed along Boverton Road for approximately 400 metres to the junction of the B4265 Llantwit Major Bypass. Turn left at the traffic lights and proceed westbound along Llantwit Major Bypass. At Llanmaes Traffic Lights turn Left into Llanmaes Road and
immediate	left into Eagleswell Road. Proceed Southbound for approximately 600 metres to end of diversion. Vice versa for South bound traffic
Signing:	Appropriate temporary signing will indicate the alternative route.
NB:	Full access will be maintained to all properties along the extent of the Road closure area

Please note no access will be maintained for Pedestrians directly under the railway bridge

Signed Pedestrian Route

For South bound Pedestrians .At railway bridge (Grid Ref 298024/168759) turn left into lane at side of 38 Eagleswell Road, proceed to lane end, turn right into Cardigan Crescent proceed approximately 70 metres, turn right into the lane side of 32 Cardigan crescent leading to Heol Merioneth .At lane end Turn right along lane at the side of 14 Heol Merioneth leading into Glanymor and Harding Close, Turn left into Percy Smith Road and proceed to junction of Boverton Road and end of diversion. Vice versa for North bound traffic

Dated this 14th day of October 2010.

M. Punter, Head of Visible Services
Vale of Glamorgan Council, The Alps, Wenvoe. CF5 6AA.

Pumas are the 'Real' deal after Cup victory

SUNDAY morning saw a battle between third division Barry Pumas FC and fourth division Real Cardiff in the Lazarou Challenge Cup extra preliminary round.

Barry controlled most of the first half with a good display of passing and scored twice through Ben Weekley and Julian Llewelyn Davies to make the half-time score 2-0.

The second half saw the Cardiff team pull a goal back a few minutes after the break, but it didn't take Pumas long to get back into their stride and score a further four goals thanks to Matthew Davie, Scott Christopherato, and another two from Weekley to complete his hat-trick.

Final score: Real Cardiff 1,
Barry Pumas FC 6.

MORGAN STEPHENS

GEM Family Notices

Birth Notices

Nick and Anwen Parker
of Llantwit Major
are pleased to announce
the birth of their daughter
Catrin Dyfi
weighing *7lb 13oz*
on *October 4, 2010*

Thank You

Thank You

Marion Price

would like to thank all her family and friends for all cards and presents received on her birthday.

Joyce Sutcliffe

would like to thank all her friends and family, especially her three gorgeous daughters Alyson, Elaine and Beth for all gifts and cards received on her 70th Birthday.

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Group Captain Ron's talk of RAF life for the Barry Men's Forum

THE autumn session of the forum commenced with a talk by Group Captain Ron Powell, a local retiree on Barry Island.

It became obvious during this retired senior RAF officer's talk that he was a true 'Trenchard Brat', or product of the famous apprentice scheme that produced so many high achievers, such as Sir Frank Whittle, the inventor of the jet engine.

Ron Powell became an RAF apprentice after service in the Air Training Corps from the age of thirteen, which gave him his first solo flight and a taste of things to come.

After completing his three year apprenticeship at Halton, Ron was posted to RAF Scampton, famous for housing the Dam Busters and, at that time, a base for the nuclear Vulcan V bombers.

However, instead of working on them he found himself attached to '1066 Squadron', and honing his engine and airframe skills on the well loved Hastings multi-purpose four-engined transport.

He related that, at that time, he found his responsibility level as a corporal higher than it was ever to be later when he was occupying posts as a senior officer.

During a period of time spent in the ranks gaining experience, he applied for aircrew selection and on his third attempt was successful.

It was a question of keeping on trying, and it was with some humour that Ron related how later in his career he became head of the aircrew selection board and saw things from the other side of the table.

His first ambition on obtaining his wings was to fly fast jets, but fate decreed that he should become qualified to fly big multi-engined aircraft instead.

It was in this role that he found himself engaged in the Falklands conflict while based on Ascension Island, and clocking up many hours flying that wonderful workhorse, the Hercules.

In time Group Captain Powell became a flying instructor and also filled many senior posts, some of which he described as being in the defence/diplomacy field, before retiring to Barry Island where he now contemplates and photographs the sun rising over the sea from his eyrie on Nell's Point.

We hope that he will return in due course and share some of the details of his later years in the RAF.

Meetings are held every Thursday at 10.30am and new members are most welcome - for further details please call 029 2059 4881.

MAC TANNER

Surf Lifesaving Club celebrates its success

AFTER yet another successful summer of nipper, junior and senior carnivals, as well as weekly training sessions at Barry beach, Llantwit Major Surf Lifesaving Club were delighted to present their young competitors with an array of medals at a presentation evening last Thursday.

Marking a fun-filled but competitive season, Llantwit Major clubhouse was jam-packed with parents and children alike, as the club acknowledged the hard work and dedication of all involved.

The evening was introduced by chairman, Huw Beynon, who congratulated the teams for an amazing 2010 season. New Nipper coach, Andy Wiggins, thanked all those involved: "The children are an asset to the club and have shown great determination," he said.

"It's been an outstanding season and both parents and children alike have turned out to training sessions and carnivals come rain or shine."

A succession of awards and accolades were given out including:

Nippers: Best Newcomer - Mikey Prynne, Maisie Wheaton, Ruby Lily Davies; Most Improved - Braiden Bennett, Caitlin Hemmings, Cerys Thomas; Most Determined Finisher - Tom Insole, Nichol Jones; Coaches Nipper of the Year - Elliott Devred, Tamara Pitt; Nippers Nipper of the Year - Millie Wiggins; Davydd Sanders Award - Olivia Insole.

All nippers who had attended training sessions and carnivals received a 'Team Achievement' medal for all their hard work and commitment throughout the season.

JUNIORS: The Croyde Rock was presented to Matthew Robinson for his sporting performances this year and recognition was given to all the juniors who passed their Junior Surf Lifesaving award this summer.

SENIORS/other: James Edwards was awarded the Ruby Trophy for his selection to the Wales and GB Surf lifesaving teams. Stephanie Robinson won the Ivy Downie plate and Claire Thomas the Rose Bowl for an outstanding contribution to the club this year.

Stephanie Robinson

Llantwit Major Surf Lifesaving Club is proud to be drawing more support from the immediate vicinity of the town as well as children and teenagers from further afield in the Vale of Glamorgan.

It is excited by the enthusiasm and team spirit that their younger members have shown, and continue to do so for the club and welcome any new member enquiries.

NW

THE VALE OF GLAMORGAN COUNCIL
PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT, 1990
CYNGOR BRO MORGANNWG
DEDDF CYNLLUNIO (ADEILADAU RHESTREDIG AC ARDALOEDD CADWRAETH) 1990

NOTICE is hereby given that application has been made to the Council for planning permission for the undermentioned developments:

HYSBYSIR trwy hyn i geisiadau gael eu gwneud i'r Cyngor am ganiatâd cynllunio ar gyfer y datblygiadau canlynol:

Development in Conservation Areas
Datblygiad mewn Ardaloedd Cadwraeth

Application No:/
Rhif y cais: 2010/01030/FUL
Proposal:/Cynnig: 5 Residential Units, Restaurant/Cafe and D2 Assembly and Leisure Use
Location:/Lleoliad: Beach Cliff, The Esplanade, Penarth
Conservation Area:/
Ardal Gadwraeth Penarth

Development that might affect the setting of a Listed Building
Datblygiad a allai effeithio ar amgylchedd Adeilad Rhestredig

Application No:/
Rhif y cais: 2010/00999/FUL
Proposal:/Cynnig: Garden shed to rear of property
Location:/Lleoliad: Church Cottages, St. Georges-super-Ely
Listed Building:/
Adeilad Rhestredig Affecting Church Cottage, a Grade II Listed Building, the Church of St. George, a Grade II* Listed Building and the Churchyard Cross, a Grade II Listed Building

Application No:/
Rhif y cais: 2010/01006/FUL
Proposal:/Cynnig: Three bedroom agricultural dwellinghouse
Location:/Lleoliad: Ty Draw Farm, Llantrithyd
Listed Building:/
Adeilad Rhestredig Affecting Ty Draw Farmhouse and Agricultural Outbuildings to Ty Draw Farm which are all Grade II Listed Buildings

Application No:/Rhif y cais: 2010/01020/LBC
Proposal:/Cynnig: Conversion of existing workshop/former stables to independent dwelling. Part of barn to be retained as garage for main house. Alterations to the access since last approved applications 2009/00282/FUL and 2009/00283/LBC
Location:/Lleoliad: Cwrt-yr-Ala House, Michaelston-le-Pit, Dinas Powys
Listed Building:/Adeilad Rhestredig Affecting Cwrt Yr Ala House, Grade II Listed Building

Listed Building Consent
Caniatâd Adeilad Rhestredig

Application No:/
Rhif y cais: 2010/01004/LBC
Proposal:/Cynnig: Re-new existing slate roof
Location:/Lleoliad: Star Inn, Treoes, Nr. Bridgend
Listed Building:/
Adeilad Rhestredig Grade II

Application No:/
Rhif y cais: 2010/01020/LBC
Proposal:/Cynnig: Conversion of existing workshop/former stables to independent dwelling. Part of barn to be retained as garage for main house. Alterations to the access since last approved applications 2009/00282/FUL and 2009/00283/LBC
Location:/Lleoliad: Cwrt-yr-Ala House, Michaelston-le-Pit, Dinas Powys
Listed Building:/
Adeilad Rhestredig Grade II

Application No:/
Rhif y cais: 2010/01023/LBC
Proposal:/Cynnig: New signage and internal shopfitting works
Location:/Lleoliad: 52, High Street, Cowbridge
Listed Building:/
Adeilad Rhestredig Grade II

Application No:/
Rhif y cais: 2010/01044/LBC
Proposal:/Cynnig: Flood proofing
Location:/Lleoliad: Downcross House, Castle Street, Llantwit Major
Listed Building:/
Adeilad Rhestredig Grade II

Application No:/
Rhif y cais: 2010/01047/LBC
Proposal:/Cynnig: To alter internal arrangement of kitchen and dining room and renew/alter windows and back door to inner courtyard
Location:/Lleoliad: The Court, 4, Mount Pleasant, Cadoxton, Barry
Listed Building:/
Adeilad Rhestredig Grade II

TOWN AND COUNTRY PLANNING
(GENERAL DEVELOPMENT PROCEDURE) ORDER 1995
GORCHYMYN CYNLLUNIO GWLAD A THREF
(TREFN DATBLYGIAD CYFFREDINOL) 1995

Application(s) which might affect a Public Right of Way
Ceisiadau a allai effeithio ar Hawl Tramwy Cyhoeddus

Application No:/
Rhif y cais: 2010/01006/FUL
Proposal:/Cynnig: Three bedroom agricultural dwellinghouse
Location:/
Lleoliad: Ty Draw Farm, Llantrithyd

Full details (including plans) may be inspected during normal working hours for a period of 21 days in the offices of the Head of Planning and Transportation at the address given below, or via the Council's Online Applications Register at vog.planning-register.co.uk

Mae'r holl fanylion (gan gynnwys y cynlluniau) i'w gweld yn swyddfeydd Pennaeth Cynllunio a Chludiant y cyngor (gwelwch y cyfeiriad ar waelod y dudalen) yn ystod oriau arferol swyddfa, am gyfnod o 21 o ddiwrnodau. Cewch eu gweld hefyd ar Gofrestr Ceisiadau Ar-lein y cyngor drwy fynd i vog.planning-register.co.uk.

Dated: 14 October, 2010
Rob Thomas
Head of Planning and Transportation
The Vale of Glamorgan Council,
Dock Office,
Barry Docks,
Barry
CF63 4RT

Dyddiedig: 14 Hydref, 2010
Rob Thomas
Pennaeth Cynllunio a Chludiant
Cyngor Bro Morgannwg,
Swyddfa'r Doc,
Dociau'r Barri,
Y Barri
CF63 4RT

'SPACE NUTS – RETURN OF THE JEDWARD' TAKES TO THE STAGE AT BLAENGARW!

Photos by MANDY THOMAS
(Available for purchase, telephone 07974 518347)
These and other pictures of the event can be viewed on
www.mandythomasphotography.co.uk

BLAENGARW Panto Group is a small community theatre group that is heading into its 10th anniversary year with shows such as *Cinderella*, *Aladdin*, and *Jack and The Beanstalk* already behind it.

The group has now headed into outer space with a new adventure *Space Nuts – Return Of The Jedward*.

The show is a homage to great shows such as *Star Wars* and *Star Trek*, but with a very different twist.

All proceeds go towards the Chernobyl Children's Lifeline, helping the group to send lorries of aid out to the orphans of the Gorodets School in Belarus, and also to bring some of the Russian children to Wales to stay with host families for a month.

***Space Nuts* was produced and directed by the cousins Jonny and Garry Sage, and the choreography was by Greg Sage.**

The atmosphere was fantastic, with a full house. The audience screamed with laughter throughout the show.

The cast was: Jonny Sage, Garry Sage, Kevin Jones, Andrew Redway, Tammy Harris, Hywel Rose, Carrie McCarthy, Don Sage, Rhiddion Davies, David Davies, Lana Laidler, Alana Swift, Bethan Hillier, Ria Davies, Hannah Palmer, Leah Davies, Laura Worrall and Demi Ward.

Burkes Crew were Cory Sadd, Nia Clatworthy, Megan Buckle, Jayson Walsh, Kelsie Sage, Mia Tilley, Emily Elward, Kate Anthony, Millie Hopkins, Ioreth Millard, Jacob Phillips, Kai Sadd, Lucy Morgan, Kosie Pinches, Phoebe Morgan, Jade Ledward, Liam Anthony, Ffion Jones.

Young pupils get ready to move up to 'big school' with an activity day at Bryn Hafren

PUPILS in year-6 in local primary schools recently had a chance to have a day at Bryn Hafren School in Barry, as part of the 'transition' process that prepares them for the move up to 'big school'.

They had a chance to take classes in subjects that included science, drama, food technology and art.

PHOTOGRAPHS by IAN DIXON

Vale's top volunteer Howard is honoured

RIGHT: Howard Clemo receives his reward at the ceremony

HOWARD CLEMO from Barry, has been named as the Vale Community Safety Volunteer of the year by South Wales Police at a special ceremony, which recognised the work of volunteers across south Wales.

Mr Clemo said: "I am honoured to have received this award. It is amazing that my contribution has been honoured by the Police Authority. I volunteer to give something back to the community, not to receive awards. To achieve this recognition is special, and I am grateful for this."

Penarth Leisure Centre joins the 'Zumba' craze

THE worldwide fitness phenomenon of Zumba is coming to Penarth Leisure Centre for new weekly classes.

The high energy, Latin-inspired workout has become the global fitness craze of the last few years, with devotees loving the hypnotic rhythms mixed with easy-to-follow dance moves.

The new classes are taking place at Penarth Leisure Centre every Tuesday evening, 8pm – 9pm, starting on October 26 and are available to men and women aged from 14 upwards.

NEW BOOK TAKES A CLOSE LOOK AT PENARTH BOTH PAST AND PRESENT

Author shows how the town has changed

A NEW book, *Penarth Through Time*, by author David Ings has a simple premise.

Each page has two photographs. One is an old one, and the second is 40, 50 or perhaps 100 years later. The result is a book which enables the reader to study how the passage of time has changed the town.

Penarth Through Time* is published by Amberley Publishing PLC, Cirencester Road, Chalford, Stroud, GL6 8PE. *(See also www.amberley-books.com)

Barry Swimming Club's meet in memory of Lez

BARRY Amateur Swimming Club held its fourth annual Lez Rogers Memorial Gala on Saturday, September 25 at Barry Leisure Centre.

Grace Insole (right), who was deemed joint swimmer of the meet.

This event is held in memory of Lez who died in Australia in June 2006 attending a tenpin bowling competition representing Wales.

Lez did so much for the club. Kay, his wife, with Carrianne, his daughter, who still belong to the club, wanted to do something in his memory.

Barry welcomed Llanelli, Cwmbran, Rhondda and Blaenafon to Barry Leisure Centre with the hope of an exciting competition.

We were not disappointed, with a packed balcony of spectators the first event was the 10 under mixed four 25m medley relay.

Llanelli gained first place in this event but Barry was hoping for its first win.

This came in the open mixed 4 x 50m medley relay, in which Barry took first place, in a time of 2m12s 92.

In the individual events, Shaun Bowden kicked us off with a win in the 10 under 50m Breast Stroke in a time of 48s 62 which was over a three second improvement on his previous time and he won the event by more than four seconds.

Next followed three first places by the relay teams, the 10 under Mixed 4 x 25m Butterfly in a time of 1m 24s 10, the 14 under Mixed 4 x 50 Butterfly in a time of 2m 29s 30 and the Open Mixed 4 x 50 Butterfly in a time of 2m 12s 39, which was more than nine seconds faster than Cwmbran, who came in second place.

In the Girls 10 under 50m Back Stroke, Grace Insole took first place in a time of 43s 72.

Lauren Williamson gained first place in the girls 14 under 50m Free Style in a time of 29s 65.

Not to be outdone, Kieran Knowles followed in the boys 14 under 50m Free Style with first place in a time of 26s 65.

This meant that after 22 events, Barry was in joint first place with Llanelli overall with 98 points.

Olivia Insole gained first place in a time of 33s 94 in the Girls Open 50m Fly, which was over a two second improvement on her previous time.

In the Boys Open 50m Fly, Rhys Perry gained first place in a time of 28s 73 in a very close finish of under one second.

Again in another very close finish, the Barry 12 under Mixed 4 x 25m Back Relay team gained first place in a time of 1m 24s 64.

This brought the Barry team into overall first place by four points with 121 points.

Having swum so well in her second solo outing, Grace Insole in the Girls 10 under 50m butterfly came in first in a fantastic time of 45s 44.

Shaun Bowden fought extremely hard to gain first place in the Boys 10 and under 50m Butterfly in a time of 42s 37.

In the Girls 12 and under 50m Free Style, Ffion Vickers gained first place in a time of 35s 21.

Naiomi Everett in a good time of 41s 04 gained first place in the girls 14 under 50m Breast Stroke.

Again in the relay events, Barry team did extremely well gaining first places in the Mixed 10 under 4 x 25m Breast stroke in a time of 1 m 38s 10 and the Mixed 12u 4 x 25m in a time of 1m 34s 98.

Swimming in the girls 14 under 50m Butterfly, Georgia Looker gained first place in time of 33s10.

Going into event number 48, Rhys Perry was going to have to work very hard as the Barry team was in second place, two points behind the leaders Llanelli.

Rhys' fantastic swim gained first place in the Boys Open 50m Breast Stroke in a time of 34s 47, which was less than half a second in front of Llanelli.

That took Barry to one point behind Llanelli.

To take Barry two points ahead, the 10 under Mixed 4 x50m Free Style relay team took first place in a time of 2m 43s 85.

In the last three events, the Barry swimmers gained enough points to win the overall event by just three points which was fantastic, as it meant that yet again they managed to win the Lez Rogers Shield.

Kay and Carrianne Rogers presented the shield to the very happy team.

After careful consideration, the coaches poolside decided that Grace Insole and Shaun Bowden should be presented with the swimmer of the meet medals. Well done to all the swimmers on the day who put in such a fantastic effort. A big thank you to all the officials and helpers on the day who helped the event run smoothly. Without them, the event would not happen.

Barry Amateur Swimming Club is always looking for new members to join the club - if you would like a trial, please phone Mrs Heulwen Cooper on 01446 733784. They swim at Barry Leisure Centre and Cardiff International Pool. For more information, please also look on the Barry Amateur Swimming Club website.

TERESA WHEELER

Bryn's Bath winner

ON AND OFF THE TURF by BRIAN LEE

COWBRIDGE trainer Bryn Palling landed the last race on the card at Bath Races on Sunday with his seven-year-old *Pelham Crescent*, a course and distance winner who under Tom Brown scored by a length from *Raktiman* in the Toteswinger Flexi Betting Apprentice Handicap at odds of 8-1.

Meanwhile over at Ffos Las, *Silver Token*, a five-year-old grey gelding, owned, trained and bred by David Brace, sponsor of the Dunraven Bowl Hunter Chase at Chepstow, took the National Hunt Maiden Hurdle, coming home three and three quarter lengths ahead of *Jump Up,* ridden by Rhys Flint, who hails from Kenfig Hill.

Rhys and his cousin Connor (14), had both found themselves in the winners' enclosure at Chepstow races twenty-four hours earlier.

Connor, riding 13-year-old *Stambrook Marquesa* in the Charles Owen pony race for ponies 138cm and under, romped home a distance ahead of *Push The Button* ridden by Frankie Penford.

A winner of more than 40 races, *Stambrook Marquesa* is reportedly up for sale.

Rhys Flint gave Welsh racegoers plenty to cheer about when he made all the running to land the novices handicap hurdle on the Welsh-trained *William Hogarth,* which beat the odds-on favourite *Karasenir* by a length.

Please email your news/views to Brian Lee a t leebrian@btinternet.com or phone him on 02920736438.

Llantwit Major reserve team grab fourth win in a row

Exiles	**1**
Llantwit Major AFC Reserves	**5**

HIGH-FLYING Llantwit travelled to Wenvoe to take on the Exiles, hoping to secure their fourth league win in a row.

The Major welcomed back their inspirational skipper Lee Tracey from suspension and leading scorer Dom White.

Llantwit came flying out of the blocks and attacked their stunned opponents with vigour. Gethin Jennings found time on the ball in midfield and threaded a perfectly weighted ball through the home defence.

Dom White surged onto the ball and smashed the ball into the net for the opener.

The Wenvoe defence could not live with the pace and movement of the Llantwit front three, with lynch-pin James Hartley ably supported out wide by Dom White and Craig Bright.

The central midfield pairing of Dan Major and the veteran Phil Grafton had the upper-hand on their Wenvoe counterparts, reducing the Exiles to playing long hopeful balls in attack, while also enabling the artistic Gethin Jennings to find space in his attacking midfield role to terrorise the home team.

Llantwit's second saw Jennings feed Bright on the left flank. Gliding past his marker with ease, Bright drilled a low cross into the penalty area, and Hartley arrived right on cue at the far post to fire home from five yards out.

The Major's third should have come a minute just a minute later, skipper Tracey heading the ball over the crossbar, much to the gratification of his team-mates.

Another corner expertly swung in by Bright resulted in a goal mouth scramble, Hartley poked home from close range, for Llantwit's third of the game.

The home team got a bit more of a foothold in the game in the second half and this was seemingly welcomed by the unengaged Major back four of Grahame, Morris, Fairchild and Tracey.

Hartley was played through by an excellent through-ball from Morris, and with just the keeper to beat, there was an air of certainty in the outcome, as Hartley casually rolled the ball into the net for his hat-trick.

White confidently dinked the ball over the oncoming Wenvoe keeper and into the net, after being released by an exquisite Fairchild pass for the fifth.

The visitors became over confident, giving the ball away cheaply and giving the home team opportunities to attack.

In the last minute of the game, a rare Fairchild error gifted Wenvoe a deserved consolation goal.

Man of the match was awarded to James Hartley for his fine link up play, work-rate and three fine goals.

Team: D Callard, O Morris, L Tracey (capt), J Fairchild, J Grahame, D Major, P Grafton, G Jennings, C Bright, J Hartley, D White; subs: R Grapes, D Lansdown, L Vincent. **DC**

Thomas returns home

AFTER scoring a try per game in his first two Wales rugby league international appearances, Gareth Thomas is looking forward to getting back to his native south Wales this Sunday, when Wales take on Ireland at The Gnoll (kick-off 2pm).

Wales had an outstanding first match of the European Championships on Sunday when they hammered Scotland 60-22 to leap to the top of the four-team group on points difference from France, who beat Ireland 58-24 on Saturday.

Thomas scored a try in that game, following on from his ninth minute score against Italy last Wednesday in his first Welsh rugby league appearance.

Thomas hopes that another good performance for Wales this Sunday will elevate recognition of the sport in the principality and is calling on the Welsh public to come to The Gnoll to cheer them on.

Tickets for Wales' only home game in the tournament (kick-off 2pm), priced £4 for juniors and £8 for adults, can be bought by going to www.walesrugbyleague.co.uk **IG**

Llantwit club goes indoors!

WITH the end of the outdoor season, Llantwit Major Bowls Club have come indoors.

We are now open for bowling in the Pavilion four days a week, Monday to Thursday, 2pm until 4pm.

Cost per week is £1, including refreshments.

All old and new members are welcome, with very friendly get-together bowls available.

For further information contact Kay Johnes, 01446 793927.

The Vale Resort helps the global 'drive' for success

A GROUP of keen Scottish observers were among the guests at the Vale Resort in Hensol, which was full to capacity for the four-day Ryder Cup.

The group from Visit Scotland, had based themselves at the 4 star hotel in order to analyse what Wales has to offer, and pick-up tips for when the Ryder Cup returns to Scotland's Gleneagles Hotel in four years' time.

Other visitors to the resort included German tour operators and smaller groups of Australian, Irish and American golf fans, who enjoyed spectating at the exciting event – as well as playing great golf on The Vale Resort's two championship golf courses – The Wales National and The Lake.

Paul Beddoe, The Vale Resort's director of sales and marketing, said: "The feedback about the tournament, Wales and especially Cardiff has been quite simply fantastic. All aspects of our visitors' trips to Wales have been positive and as a nation we clearly demonstrated all Wales has to offer.

"The hospitality that guests received throughout the region was equal to the best in the world.

"One German tour operator has already booked two golf group visits with us for next year, and I firmly believe that awareness of Wales after hosting the Ryder Cup will prove immensely beneficial in the long term, once the immediate excitement has died down," Mr Beddoe added.

Send your sports reports to ggem@internet-today.co.uk

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01 Y MITSUBISHI Shogun 3.2 Diesel in metallic silver with blue interior, hands free phone prep, cd, alloy wheels, 7 seats, service history, only 88,500 miles **£5,695**

02 02 AUDI TT Roadster 1.8T Quattro (225bhp) 2-dr Convertible. In silver with special edition grey leather interior, Bose sound system, heated seats, alloy wheels, climate control, only 70,620 miles **£8,995**

06 06 FORD Mondeo 2.0TDCi 115 5-dr Hatchback. In silver with charcoal interior, rear parking sensors, cd, quickclear windscreen, a/con, only 45,980 miles **£5,995**

09 09 VAUXHALL 1.4 16v Design (a/c) 5-dr Automatic Hatchback. In black with black interior, cd, alloy wheels, electric mirrors and windows, auto dipping rear view mirror, only 8,020 miles **£9,695**

PRESTIGE

08 57 TOYOTA Prius 1.5/Hybrid T Spirit CVT Auto in decuma grey met with full torino black leather, automatic air conditioning, sat nav, bluetooth telephone, reverse parking camera, cruise control, only 45,565 miles **£10,995**

07 57 MERCEDES BENZ 3.5 SL350 Convertible 7G-Tronic. In jasper blue with alpaca grey leather interior, Bose sound system, sat nav, 19" AMG alloy wheels, phone prep, heated seats, only 19,175 miles **£35,995**

07 07 BMW X3 2.5si SE Automatic in platinum bronze metallic with sand beige leather interior, aluminum running boards, cd, front and rear parking sensors, heated seats, only 33,160 miles **£18,995**

06 56 BMW 116i SE 5-dr in sparkling graphite met with full Boston beige leather interior, comfort pack, cd, climate control, alloy wheels, reversing sensors, auxiliary I-pod connection, only 20,010 miles interior titanium trim, auto lights and auto wipers **£10,995**

06 06 BMW X5 3.0D Sport Automatic 5-Door Station Wagon. In carbon black with black leather interior, communications pack, sat nav, Bluetooth phone prep, panoramic roof, front and rear parking sensors, only 59,800 miles **£19,995**

05 05 MERCEDES BENZ M Class ML270 CDi Special Edition Automatic 5-Dr Station Wagon. In black with grey suede interior, climate control, memory heated electric seat, roof rails, only 41,750 miles **£16,495**

05 05 JAGUAR X-Type V6 Auto SE in Jaguar British Racing Green met with oatmeal leather, heated seats, front and rear parking sensors, alloy wheels, climate control, only 41,780 miles **£8,495**

04 04 BMW X5 3.0D Sport Automatic 5-dr Station Wagon. In titanium silver with black leather interior, sat nav, automatic air con, sunroof, multi cd, detachable tow bar, front and rear parking sensors, only 59,600 miles **£15,995**

04 04 MERCEDES Benz E-Class 2.6 E240 Avantgarde 4-Dr Automatic Saloon. In metallic black with half black leather interior, climate control, cruise control, electronic stability programme, CD, service history, only 59,470 miles **£10,495**

03 03 BMW 3 Series 2.0 318Ci SE Convertible. In light yellow metallic, with full black leather interior, electric heated seats with memory, cruise control, climate control, rear parking sensors, 18" Msport alloy wheels, only 55,615 miles **£9,995**

03 03 BMW 3.0 330 Ci convertible. In topaz blue with montana grey leather, rear parking sensors, multi cd, alloy wheels, heated seats, only 55,200 miles **£9,995**

02 52 JAGUAR XKR 4.2 Automatic 2-Door Coupe. In anthracite black with red/black leather interior, cruise control, 18" alloy wheels, climate control, traction control system, only 86,700 miles **£14,995**

02 02 JAGUAR X-type 2.5 V6 Automatic Sport 4-dr Saloon. In Anthracite Black with Sand sport leather interior, reverse park control, automatic climate control, cruise control, privacy glass, colour coded bumpers, only 70,080 miles **£4,995**

02 51 MERCEDES BENZ C-Class 2.0 C180 Sport Coupe in brilliant silver met with Ascot interior, dual zone climate control, cruise control, auto lights, cd, alloy wheels, only 70,647 miles **£6,995**

00 W MERCEDES Benz M Class 3.2 ML320 Auto Station Wagon in azurite blue with full anthracite leather, electric seats, air con, chrome side steps, alloy wheels, only 92,500 miles **£5,459**

SPORTS

09 59 VAUXHALL Insignia 2.0 16v Turbo SRi (Nav) In lightning silver metallic with Vitesse interior, full colour navigation, alloy wheels, climate control, cruise control, phone prep, only 14,500 miles. **£13,995**

09 09 MINI 1.6 (120bhp) Cooper (Pepper) Graphite In graphite grey with black interior, storage compartment package, 2 spoke leather steering wheel, air con, CD, only 6,570 miles **£14,495**

07 07 SEAT Leon 2.0 TDi DPF FR 5-dr Hatchback. In black magic with FR grey interior, cruise control, air con, traction control system, ESP, only 38,598 miles **£12,795**

06 56 VOLKSWAGEN Golf 1.4TSi (170ps) FT 5-dr in reflex silver metallic with siemere anthracite interior, climatic air con, front fogs, alloy wheels, cd, only 49,998 miles **£10,995**

06 56 AUDI A3 2.0 TDi Sport 5-Dr Sportback. In Avus silver with matrix black cloth, climate control, alloy wheels, CD, ISOFIX anchorage point, ABS, only 56,300 miles **£10,495**

06 56 HONDA Civic 1.8i V-tec Type-S 3-dr Hatchback. In alabaster silver with alcantara/suede interior, climate control, CD, alloy wheels, colour coded bumpers, only 24,405 miles **£9,995**

05 55 FORD Street Ka 1.6 Luxury 2-dr Convertible. In French blue with ebony black leather interior, air con, cd, quick clear front screen, only 21,720 miles **£5,995**

04 04 TOYOTA MR2 1.8 VVTi 140 6-spd in sable grey met with Santa Monica leather, alloy wheels, chrome roll over bar, wind deflector, cd, alarm and immobiliser, only 49,750 miles **£7,495**

04 54 VOLKSWAGEN Polo 1.9 TDi (100ps) Sport 5-dr in rosewood red pearlescent with scala sports interior, alloy wheels, air con, body coloured bumpers, cd, only 59,790 miles **£5,995**

04 04 CITROEN C2 1.6 VTR Sensodrive in arctic steel silver with neutron mesh interior, paddle shift, alloy wheels, air con, colour coded bumpers, rear spoiler, cd, only 62,100 miles **£3,995**

03 53 AUDI TT Roadster 1.8T Quattro (225 bhp) in raven black met with full authentic baseball leather interior, heated seats, BOSE stereo upgrade, climate control, alloy wheels, trip computer, only 59,200 miles, wind deflector and roof cover **£10,995**

03 53 MG TF 1.8 135bhp 2-door Convertible. In starlight silver with black interior, alloy wheels, body coloured bumpers, CD, electric windows, only 30,845 miles **£4,495**

02 02 AUDI TT Roadster 1.8T Quattro (225bhp) 2-dr Convertible. In silver with special edition grey leather interior, Bose sound system, heated seats, alloy wheels, climate control, only 70,620 miles **£8,995**

02 02 MG ZS 2.5 180. In anthracite black, with monaco ash interior with red inserts, alloy wheels, a/c, cd, colour coded bumpers, front fogs, alarm and immobiliser, only 62,310 miles **£1,995**

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PICTURED right are Ysgol Bro Morgannwg year-12 pupils Oliver Harrison and Eleni Morus, who competed recently in the World Feva Championships in Carnac, France, and attained 30th place out of 150 international competitors.

Both are members of Penarth Yacht Club and have been competing regularly with resounding success on the World Stage.

Oli and Eleni are successful individual champions but this is the first time that they have competed together.

Rampant Cowbridge under-12s stay top after an easy victory

COWBRIDGE under-12s visited Wenvoe FC last Saturday for their next league encounter as league leaders with seven wins out of seven.

Cowbridge's composure on the ball with free flowing passing showed, and the mid-field ensured they used both their wide men in James Holder and Sean Davies.

Both players were involved in the opening goal, as a beautiful cross from Holder saw the Wenvoe goalkeeper beaten by the fantastic one-touch finishing of Davies.

The second goal came shortly after, as Day fed Davies on the right and he lobbed the Wenvoe keeper.

The third goal came from a whipped in ball by Davies, that saw Harrison Stevens smash home to make it 3–0.

David Bear then added to the score with a rasping shot.

Wenvoe remained determined and pulled one back, then got another shortly afterwards.

Cowbridge remained calm after conceding two quick goals and Holder's ferocious cross caused problems for the Wenvoe keeper, and Davies latched on to it to complete his hatrick, making the half time score 5–2.

Manager Day made several changes at half time, as Josh Peterson came into midfield and did a sterling job.

Owen Tuckwell took up the striker position from Harrison Stevens and Tomos Evans Williams came on to snuff out Wenvoe's centre forward.

With the second half underway, Cowbridge took full control of the game.

Sammy Lee and Tom Overstone entered the frame and contributed in keeping the game safe, with second half goals from Bear and Lee ensuring that Cowbridge finished 7–2 winners and retained their position at the top of the table.

While any player who scores a hat trick is worthy of the man of the match, a special mention should go to Tom Bainbridge-Glover, who gave another fantastic performance at right back.

He was an inspiration and at the start of many Cowbridge moves.

SD

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FLYNN'S HOPES DASHED BY THE BULGARIANS AND THE SWISS...

So, after three defeats out of three, where do Wales go now?

by GARETH JAMIESON

WHAT a difference a year can make. As the Welsh football team spluttered to the finishing line of another qualifying campaign that promised so much but delivered so little last autumn, the talk was of how the youngsters of the team had been seasoned that little bit more, ready to handle the rigours of a Euro 2012 qualifying campaign.

Hope that this was more than just talk was boosted by a 3–0 win over Scotland, led by Aaron Ramsey, whose bossing of the game was a sight to behold. Yet rather than act as a catalyst, this result appeared to be a one-off, as disappointing friendly results and the loss of Ramsey to a horrific leg break set Wales back.

Starting the Euro campaign with a 1–0 loss away to Montenegro, the supposed minnows whose away win over Bulgaria (and subsequent win over Switzerland and draw with England) suggested they are anything but, was hardly the most inspiring of results, but it was a shock to see John Toshack, whose preference for youth had achieved mixed results at best, stand down from the post of Welsh manager.

With such a quick turnaround between fixtures it was unsurprising to see Brian Flynn, who had masterminded the under-21s transformation from also-rans to players, take the job on a caretaker basis, and his desire to take on the job full-time met with largely positive reaction.

The first test of his stewardship came with a home fixture against Bulgaria, who have 'enjoyed' a similarly fruitless start to their campaign, having lost both to Montenegro, and suffering a comprehensive 4–0 defeat at Wembley against England.

With UEFA appearing to have taken fixture advice from the Magners League, Friday night saw Wales' opportunity to kick-start their hopes of making it to Poland and Ukraine in 2012.

As ever, the squad was riddled with injuries, leaving Flynn to follow in the footsteps of his predecessor by playing Steve Morison alone up front, though in a slightly more attacking 4–2–3–1 formation.

The opening minutes saw neither team grab hold of the game, Bulgaria having the first shot on goal; but soon after, some smooth build up play between Bale and Ledley saw the former cross the ball across goal. A dummy by Morison gave Chris Gunter a golden opportunity, but his drive blasted across the face of goal.

Bulgaria were again denied by the hands of Hennessy, and while Wales looked encouraging, the lack of a cutting-edge meant all the hard work was having little end product.

Bale had a wonderful opportunity after a good cross from Ledley, but he missed the ball; while a teasing cross from the recalled Danny Collins found the head of Morison, but the Millwall striker was unable to put much power on it.

Warning signs were flashing when Stilyan Petrov saw his shot blocked at the start of the second half, then blasted wide of the Welsh goal, and 3 minutes after the restart, Bulgaria grabbed the decisive goal.

There seemed little danger as they knocked the ball about on the edge of the area, but two clever passes pulled the Welsh defence out shape, and with Ricketts and James Collins struggling to get back, Popov beat Hennessy at his near post.

Petrov was again denied from distance, and the long balls to Morison became a far too regular occurence.

However, when the ball was played to his feet, Morison had the best chance of the match, going clear only for his shot to lack composure and conviction.

While this lifted both players and fans, Bulgaria were more than happy to sit back, and even with the arrival of King, Church and Robson-Kanu from the substitutes' bench, Wales found breaking down the Bulgarians a difficult task.

The game came back to life in the last five minutes. First Robson-Kanu headed over from a Bale cross, before Bulgaria's counter-attacking yielded two opportunities that they squandered.

However, Wales' night went from bad to worse when Gunter cynically, and stupidly, blocked Rangelov when he was the last man - the red card the referee brought out of his pocket was met with indifference by a rapidly-emptying stadium, who by now knew that the new dawn promised by Flynn had already suffered its first, and potentially fateful, setback.

The Tuesday trip to Switzerland, made harder by the suspensions of Ricketts and Gunter, was one that brought chills. However, in this encounter of the two bottom teams, it was an improved performance by the Welsh, the 4-1 scoreline doing little justice to the team.

Flynn's decision to make changes was a welcome one, Simon Church coming in for Morison, with the likes of Darcy Blake, Andrew Crofts and Andy King all being given the chance to shine.

It seemed the same old story when Stocker netted the Swiss' first, but Wales' bright start was rewarded when Gareth Bale broke and finished coolly to grab a deserved equaliser.

It was the recurring defensive frailties that did for Wales as Streller was played onside by Collins and had little trouble beating Hennessy to make it 2-1.

But for all Wales' hard first half work, the second period saw chances created but without the guile to finish them off, and two goals in the last ten minutes for the Swiss (including a harsh penalty) gave a brighter sheen to the scoreline for the home side than was perhaps deserved.

So where now for Wales? It seems that every report alludes to the same old reasons for failure - injuries, lapses of concentration, lack of a goalscoring touch - but it is high time that these issues were addressed.

As for Bryan Flynn's future, his onus on passing football was commendable; but if Wales are to really get themselves out of the doldrums then a fresh start is required, and that means sweeping away, at senior level, the remnants of the Toshack years.

A big managerial appointment - and, no, that doesn't mean Ian Rush, John Hartson or Chris Coleman - is the order of the day for the FAW, in order to give the nation a boost ahead of what will be a tricky qualifier against England in Cardiff next March.

Wales requires higher standards and a little bit of luck if we are to end our qualification hoodoo - it is now up to the FAW to find that man.

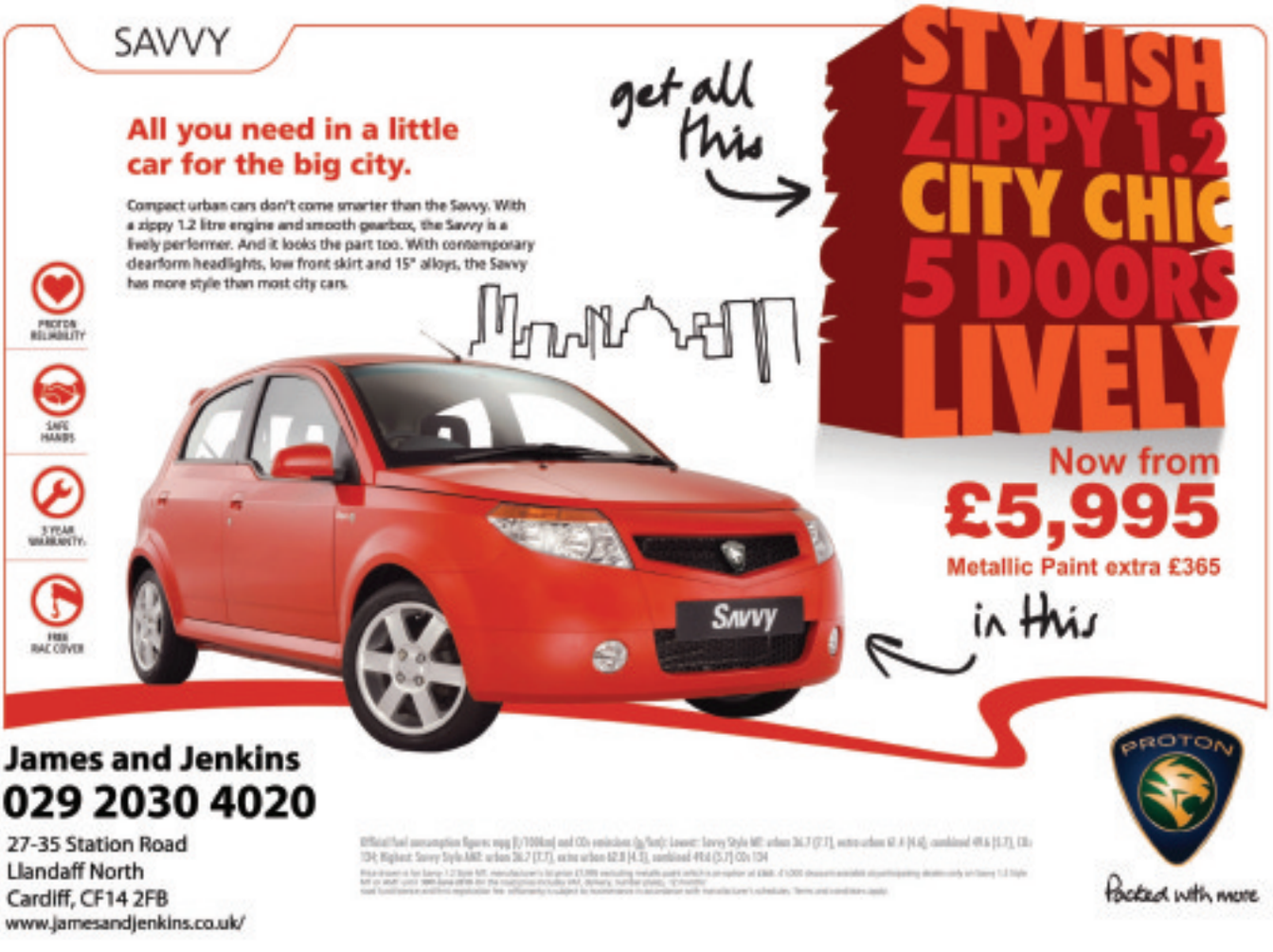
Matthew leads out national side

ONE boy from Llantwit Major – Matthew Wright – had the experience of a lifetime when he became a player escort leading out the teams for the European Championship qualifying game on Friday, October 8, between Wales and Bulgaria at Cardiff City Stadium.

The young football fan won the incredible opportunity to walk out, hand-in-hand, with the country's greatest footballers in Brian Flynn's first ever match as manager as part of a set up to celebrate the ongoing four year partnership between McDonald's and The Welsh Football Trust (WFT).

Matthew said: "I was so excited about Friday and I just couldn't believe I'd won. Walking out on the pitch with all the players before such a big game was amazing!"

Ian Rush, McDonald's head of Welsh football, added: "It is a great experience for these kids to be walking out on the pitch at Cardiff City Stadium, and one they will never forget."



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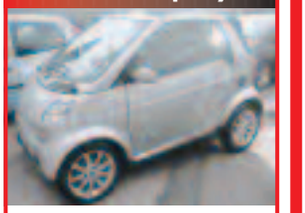

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07 07 HYUNDAI SONATA 2.0CRTD DIESEL AUTO IN MET GREY, ALLOYS, CD, A/C 20K £8975

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07 57 Ford Fusion Zetec Climate 1.4td under 10,000 miles
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07 57 Ford Focus 1.8 LXTD 5dr under 10,000 miles
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07 07 Renault Scenic 1.6 Dynamique under 10,000 miles
New £16990 Ours £5975 Saving £10995
07 07 Skoda Roomster 2 1.6 Auto under 8,000 miles
New £12370 Ours £14975 Saving £4795
07 07 Vauxhall Corsa 1.4 Club Auto 5dr under 8,000 miles
New £11192 Ours £6775 Saving £4417
07 07 Vauxhall Astra 1.8 Club Estate under 6,000 miles

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03 53 FORD FUSION 1.4 AUTO IN MET BLACK, C/L, CD, POWER STEERING £2975
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07 57 FORD FIESTA 1.25 SILVER, LED EDN, 3DR, IN SKY BLUE MET, ALLOYS, A/C, CD, 43K MILES £4975
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04 55 DAIHATSU SIRION 1.3 SX 5DR 5 SPEED PAS E/W, CD, ALLOYS, FULL BODY KIT, BLACK, 46K £4995
09 58 CITROEN C2 1.4 VTR IN MET BLACK, ALLOYS, CD, 19K MILES £5975
08 08 FORD FIESTA 1.25 ZETEC CLIMATE 3DR IN TANGO RED, PAS, E/W, ALLOYS, REAR SPOILER, 18K £6475
08 08 CITROEN C3 1.4 HDI CACHET DIESEL IN MET SILVER 5DR, ALLOYS, A/C, CD, 31K MILES £7475
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04 54 CHEVROLET LACETTI 1.6SX 5DR 5SPEED, PAS, E/WINDOWS, CD, ALLOYS, IN GREEN 28K £3995
04 04 FIAT GRANDE PUNTO 1.3 TD DYNAMIC 3DR IN BLACK 55K £4775
04 54 FORD MONDEO 2.0TDCI LX DIESEL IN FROZEN WHITE, A/C, R/C/L, 75K £4975
03 03 FORD FOCUS 1.6 ZETEC 5DR ALLOYS, 44K MILES £4995
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04 54 TOYOTA COROLLA 1.6 VVTI TD 3DR HATCHBACK IN SUPER £5995
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03 05 SAAB 93 LINEAR SPORT 1.9 TID DIESEL 4DR, 6SPD, PAS, ENV, CD, ALLOYS, BLACK, 67K £6995
07 57 VAUXHALL ASTRA 1.3 CDTI 3DR 5 SPD METALLIC GREY, PAS, E/W, CD, 48K £6995
08 08 FORD FIESTA 1.4 ZETEC 5DR IN BLUE AIR CON, ALLOYS, ONLY 5,000 MILES £6995
08 08 FORD FOCUS 1.6 STYLE AUTO IN MET BLACK, REMOTE LOCKING, E/W, CD, 30K £6995

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03 05 PEUGEOT 206 1.6 HDI 5DR DIESEL 3DR IN MET BLUE, ALLOYS, CLIMATE, HALF LEATHER, CD £3995
03 05 PEUGEOT 206CC 2.0L 16V IN MET SILVER, FULL LEATHER, CD, ALLOYS £3995
04 06 SUBARU IMPREZA 2.5 WRX 4DR IN MET BLUE, ALLOYS, REAR SPOILER, 29K MILES £8995

ESTATES, MPV'S, 4X4'S

08 55 CHEVROLET AVEO 1.4LT 5DR IN MET BLACK, ALLOYS, A/C, CD, LOW MILEAGE £3995
03 55 RENAULT MEGANE 1.5DCI DIESEL EXPRESSION (106BHP), IN MET RED, ALLOYS, A/C £4995
07 07 CITROEN C4 1.6 VTR+ SPORTS COUPE ALLOYS, 49K MILES £4975
04 53 RENAULT GRAND ESPACE 3.2 DCI EXPRESSION AUTO 44000 MILES, DIESEL £5995
04 04 SUZUKI GRAND VITARA 2.0 XVT IN CHAMPAGNE SILVER MET, ALLOYS, A/C, CD, 37K £6995
07 07 CHRYSLER PT CRUISER 2DR AUTO CONVERTIBLE IN MET BLUE, PAS, FULL LEATHER, ALLOYS £7475
03 05 LANDROVER FREELANDER 2.0 TD4 SPORT 5DR IN MET BLUE, ALLOYS, A/C, CD, SIDE STEPS, 52K MILES £8995

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GEM sport

TEDSTONE PROVES TO BE THE HERO OF THE HOUR...

Last gasp Dinas get all three points as they maintain their form

Welsh League Division Two	
Abertillery Bluebirds	**0**
Dinas Powys	**1**

IN difficult windy conditions Dinas managed to grab the winner in injury time after mounting sustained pressure for most of the second half.

Dinas keeper Dave Burnett proved his worth to the team as early as the fourth minute, getting down low to a firm header from Phillip Melville.

At the other end, a Jason Davies corner needed to be cleared off the line by the home defence.

The Bluebirds tried to make the most of the wind advantage in the first-half but all too often the long ball was running through to the Dinas keeper.

Most of the Dinas attacks were down the right side with Liam Jones able to get past the fullback, but the final ball was lacking.

Steve Provis was getting through a lot of good work in midfield and with sprightly Danny Street tidying up at the back, Dinas rarely looked in trouble in the first-half but neither did they look likely to get that important first goal.

Dinas were out to make more of the wind than the home side did for the first forty-five minutes, and when they forced a couple of early corners Jason Davies brought a good save from keeper Karl Rudakov.

Half an hour into the second-half, a good ball out of defence saw Ricki Morgan and Gareth Tedstone bearing down on the home defence, forcing a corner that Jon Carpentier headed narrowly wide.

When the Bluebirds did break out of their own half, their forwards were well-marshalled by the defence and they hardly had a worthwhile attempt on goal.

Most of the action in the game was left to injury time, as Jason Davies delivered a good ball from a free-kick into the area, with Liam Jones getting a foot to the ball only to see it cleared off the line and run back out to Davies.

He immediately crossed the ball back into the danger area, and when the ball ran to Gareth Tedstone at the far post, his low shot from twelve yards found the far corner of the net to give Dinas the winner their persistence deserved.

This win takes Dinas up to second place with a game in hand on leaders Ton Pentre, they are still unbeaten and have played all of their five games away from home.

Added to the fact that they have had a number of frontline players missing in every game, the future looks bright and makes the next game at home to Bettws, just a point behind, even more interesting.

Squad: 1. David Burnett, 2. Danny Street, 3. Ben Dimond, 4. Stephen Provis, 5. Jon Carpentier, 6. Michael Brooks, 7. Ricki Morgan, 8. Jason Davies, 9. Liam Jones, 10. Gareth Tedstone, 11. Ollie Dalton. Subs: 12.Tom Hutton, 14. Joe Briscombe, 15. Rhys Davies, 16. Gareth Shaw, 17. Dan Jose.

The next game is on Saturday, October 16 against Bettws, kick off 2.30pm.

For further news and fixtures see the club's web site www.dinaspowysfc.co.uk.

MW

Revenge victory for local boxer

RECENTLY, Lee Dixon of Llantwit Major Boxing Club boxed at the Tondu Cricket Club for the 91kg CYP (Old Boys Club's) Welsh title – he was boxing Jordan Jones of Port Talbot, who he had lost to in the semis last year.

Lee Dixon.

The bout got off to a good start, with Lee beating Jones to the punch in the opening exchanges using his reach advantage over the shorter, more experienced Port Talbot boxer. However, as the bout went on Jones tried to cancel out the advantage by coming in close and holding on, which made the bout turn messy.

Both boxers showed signs of tiredness in the last round, but Lee hung on to win on a unanimous points decision.

Lee now goes on to represent Wales in the quarter-finals of the British CYPs in Portsmouth on October 24, together with fellow club mate Dan Ruffle.

Lance Cooksley and Dale John of Llantwit Major ABC, have been selected to represent a Southern Division Wales team of 10 boxers to box a team at Combe Martin, North Devon, this Saturday (October 16). Micky Dixon is a team trainer and Tony Meakin is manager.

The club welcomes new members male and female from nine years. for more information on training times, telephone Micky on 07970 394966.

Wales saw their European Championship qualification hopes dashed with defeats to Bulgaria and Switzerland. Turn to page 45 to find out Gareth Jamieson's take on this latest setback in Welsh football.

MISSED PENALTY CAUSES BARRY TO LOSE TWO POINTS

LEFT: Zak Misbah, whose penalty brought Barry level.

BARRY Town finally host their first home matches of the league season at Jenner Park this Friday against Caerau Ely, and then Tuesday against Cardiff Corries, both matches kicking off at 7.45pm.

The Town have an unbeaten start in the league so far, having won one and drawn two of their three away matches, and have only suffered one defeat in 13 matches.

Last Saturday, manager Gavin Chesterfield rang the changes with five players dropped to the bench and a new formation adopted of 3-5-2.

After a tentative first half when the Dragons were getting to grips with Cosslett and Frowen playing as wing backs, Penrhiwceiber Rangers stole a goal in strange fashion.

The referee said the Town keeper had caught a ball just outside the box, and Rangers took full advantage with a perfectly placed free kick to put Barry behind.

Barry dominated the second half, hitting the post twice and having a second penalty saved – though Rangers also had a penalty saved after a late challenge from Dan Clare.

Dan Bradley made up for his error in the first half and saved the penalty by diving to his right.

The Town had earlier equalised with a penalty driven in by Zaki Misbah. Barry made two substitutions that gave greater momentum to their second half charge – Jaymes Dixon and Ryan Jenkins coming on for Lewis Cosslett and James Saddler.

The attacking formation allowed Barry to mount wave after wave of attacks, and it looked a matter of when, not whether, Barry would equalise.

Dixon made another run through the Rangers' defence and was brought down in the box. Misbah rifled the shot home for his third goal in a row.

Barry fans will be pleased to see Misbah back scoring, and his growing confidence in front of goal promises rich returns for the Town. Rob Blatchford joined the fray, replacing Misbah.

Dixon won another penalty after swerving past three Rangers players and being taken down again.

With Misbah off the field, Sam Hartrey took the penalty for what looked like a deserved Barry winner – only to see the Rangers keeper palm the spot kick away for a corner.

Barry will be disappointed not to have taken all three points but on reflection, their unbeaten away start is a solid foundation for their home matches.

There were no winners of Barry Town's Lotto last week when numbers 3, 5 10 and 19 were drawn so the prize now stands at £1,000 – tickets available from the club.

SL

Barry's Bowl hopes dashed by a sharper St Joseph's

ST JOSEPH'S	**21**
BARRY RFC	**3**

ON Saturday, Barry travelled to Blackweir for a SWALEC Bowl match against St Joseph's.

The weather forecast was for a fine and bright afternoon; however, it was nothing of the sort but the only meteorological problem was a strong cross wind, which favoured neither side.

Barry did themselves no favours by losing the first two lineouts when they were awarded possession, and the windy conditions were no excuse for such poor throwing to the jumpers.

Within the first 20 minutes this lack of success at the set pieces enabled St Joseph's to establish a six-point lead through penalties.

The visitors did hit back and following good approach play by Hollister, the home side were forced to concede a penalty, duly converted by Cummings.

After half an hour, Barry began to gain parity at the set scrums and should have taken the lead, but for a dreadful error in spurning a clear overlap on the stroke of half-time.

The most telling statistic of the first session was that in terms of possession and territory, Barry lagged behind by a 10 per cent to 90 per cent margin. Such disparity was bound to take its toll as time wore on and so it transpired.

Almost immediately following the re-start, poor relief kicking and ball retention allowed St Joseph's in for an unconverted try near the touchline.

A further penalty by the home side was the price Barry paid for some woeful tackling. At this juncture, the red mist descended, resulting in one player from each side receiving a yellow card for infringements not discernible from the touchline.

The home side eventually wrapped up the proceedings with a try at the final whistle, which was converted from wide out.

For reasons varying from injury to work commitment, Barry were missing as many as eight senior players for this fixture. Lack of strength-in-depth is a reality for this team, but those who did play stepped up to the mark and gave a display of grit, determination and honest endeavour.

These qualities were exemplified by Hollister and Harrison in the forwards, and Busitil and Provis in the backs. The experience can only give Barry confidence that they will be able to turn the tables when these teams meet in the league later this season.

Disappointingly and worryingly, the administration failed to support the side by not ensuring that adequate numbers of substitutes travelled to Cardiff. This, despite both Second and Third XVs fielding full complements of players for their games on Saturday (see match reports on page 31).

Barry team: Ryan, Bounds, Busitil, Cummings, Provis, Hardy, Lee, Hollister, O'Sullivan, Hoskins, King, O'Connell, Harrison, Gill, Jones. Subs: Borge, Morgan, Manford.

The next game is at home on Saturday against Tonyrefail, kick-off at 2.30pm.

CO

Visitors most welcome

All Main Courses £5

- Home-made Beef Lasagne
- Spinach and Mascarpone Lasagne
- Chicken and Bacon Melt
- Chefs' Chicken Curry of the Day
- Thai Red Vegetable and Coconut Curry
- Chicken Breast with Red Wine and Mushroom Sauce
- Local Pork and Leek Sausages
- Leek and Caerphilly Cheese Glamorgan Sausages
- Braised Steak and Mushroom Pie
- Stilton, peppered Mushroom and Onion Suet Pudding
- Hand carved Ham and free-range Eggs
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- Battered Cod and Chips
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